

Complimentary  
**VOLUME 5 ISSUE 1**

# Viva Southeast Texas Magazine

Connecting People to People

**SOUTHEAST TEXAS & SOUTHWEST LOUISIANA**



**Cowboys & Cowgirls**



**Concerts & Music**



**Baseball, Fairs  
& Fun Events**

★ *Viva Spotlight* **Lamar Baseball Coach, Jim Gilligan** ★

*House To House*

**7 Important Home  
Renovation Tips**

*Places of Interest*

**Book Nook Inn**

*History*

**Cowboys & Cowpokes!**

*Viva Fashion & Beauty*

**Top Ten Trends for  
Spring 2016**

Loaded with Photos, Recipes, Helpful Tips, Activities, Shopping & Dining  
throughout SE Texas & SW Louisiana [www.facebook.com/VivaSETXMag](http://www.facebook.com/VivaSETXMag)

# Sabine Pilots



Sabine Pilots are serving the shipping industry and the public ports of Beaumont, Port Arthur and Orange as well as the private oil terminals and the industrial complex of Southeast Texas. The Sabine Neches Waterway is the economic lifeline and the gate to world commerce. It is the duty of the Sabine Pilots to maintain the safety and the environmental integrity of the waterway. We have done so since 1881 and pledge to continue.



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Welcome, or should I say "howdy" to this edition of *Viva Southeast Texas Magazine*. This issue is full of great articles about cowboys and cowgirls, and all things western from rodeos to decorating your home. Meet three real-live cowboys, PCR World Champion Bull Rider Cody Teel, Attorney Bailey Wingate of the historical Wingate Ranch, and Frank Gilligan, a Country Singer/Song Writer.

In this Issue of *Viva Southeast Texas Magazine* you will get a look at the latest trends in fashion and hair, getting into shape for summer, fun festivals and galas, and baseball. Therefore, it is only fitting that the Spotlight in this issue features Lamar Baseball Coach Jim Gilligan and his legendary feats. Our Tribute in this issue is to Tim Sudela, the President of American Valve & Hydrant, who is very active in our community.

Several parts of Southeast Texas were flooded earlier this year. Many of our friends and neighbors have been affected by this flooding and our hearts and prayers go out to them. For those who want to help, contact your local Church or the Red Cross.

This is the time to celebrate life, getting rid of the old and welcoming the new, remembering our fallen Veterans and paying honor to our Mothers and our Fathers. So grab your boots, favorite jeans and "celebrate!"



P.S. Be sure and like us on facebook  
[www.facebook.com/vivaSETXmag](http://www.facebook.com/vivaSETXmag). We  
 have more Snapshots and events listed!



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# Viva Southeast Texas Magazine

Connecting People to People

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## Viva Southeast Texas Magazine

BEAUMONT, TX

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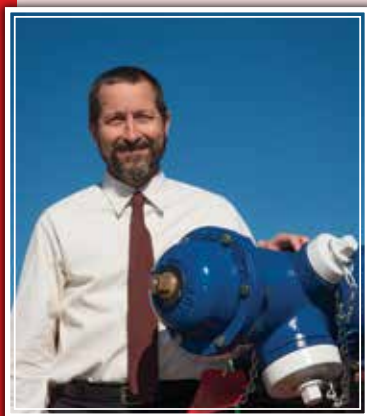
Market-wise consumers, business competition, increasing demand from government all point to the need for greater efficiencies in the way businesses market themselves. The individuals, companies and organizations featured in *Viva Southeast Texas Magazine* have made a valued contribution to this publication. However, no representation is made about the quality of services to be performed or the expertise of the individuals, companies or organizations performing such services.



# TIM SUDELA

## FROM NEDERLAND HIGH SCHOOL TO COMMUNITY ADVOCATE

*By Mike Simpson*



American Valve & Hydrant in 1983 as a Designer draftsman. It was also the year that Tim married his wife, Lisa.

One of the reasons that attracted Tim to join American Valve & Hydrant was that it implemented the "Golden Rule" concept that founder of American Cast Iron Pipe Company, John Eagan started when he created the parent company in 1905. That concept in business continues today.

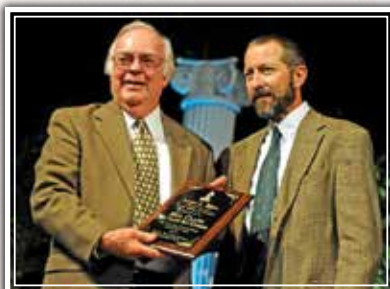
The first President of American Valve & Hydrant, Jim Yarbrough, brought the "American Golden Rule" culture with him in 1969, after working twenty-three years for American Cast Iron Pipe Company. When Mr. Yarbrough retired in 1994, he was followed by Dalton Babineaux, who like Mr. Yarbrough, was very active in the local community. Mr. Babineaux illustrated how the company provides opportunities to employees that have desire and initiative, since he too worked his way through the ranks, and setting an example for Tim.

While working at American Valve & Hydrant, Tim was allowed to pursue his education, earning a BS Degree in Industrial Technology in 1987 and a BS Degree in Mechanical Engineering in 1992 from Lamar

**T**im Sudela is the current President of American Valve & Hydrant Manufacturing Company, located in Beaumont and a subsidiary of American Cast Iron Pipe Company from Birmingham, Alabama. Tim is a Nederland Bulldog graduate and attended Lamar Institute of Technology (L.I.T.) where he received an AAS Degree in Drafting Technology. Tim joined

University. Tim served as Plant Engineer and Manager of Engineering prior to becoming President in 2008.

Tim says he is most fortunate to have worked under two great Presidents' at a company that fosters personal growth and a spirit of volunteerism in the community. Mr. Sudela has followed that example with a passion. He currently serves the following organizations:



*Anayat House – Board member  
Better Business Bureau – Past Chair, Board member  
Boys Scouts of America – Advisory Board member  
Rotary Club of Beaumont– President Nominee, Board member, RYLA chair  
Greater Beaumont Chamber*

*of Commerce – Board Chair, Long Range Planning Division, Advancing New Technologies at Lamar University Division, Government and Public Affairs Division  
Lamar Institute of Technology*



*Foundation – Board of Directors, Treasurer  
Lamar University Mechanical Engineering Advisory Committee – Chair  
Southeast Texas Plant Managers Forum (SETPMF) – Member  
Spindeltop Center – Board Member  
Symphony of Southeast Texas – Board member  
United Way of Beaumont and North Jefferson County – Past Chair, Board member*

Tim Suleda's hobbies (when he finds extra time) include photography and home repair. Tim feels blessed that he started a great career at American Valve & Hydrant over thirty-two years ago, that he has a son, Michael, a daughter, Casey, and Lisa, at his side.

One of Tim's favorite quotes is by Ralph Waldo Emerson, "Be Silly, Be Honest, Be Kind." In addition to his faith, that quote and the Golden Rule are the principles that guide him through life.

Tim Sudela is a testament of a great citizen of Southeast Texas and a Great American!





ABOVE: GBCOC 113th Birthday Celebration



SETEDF Economic Outlook Forum 2016



2015 Volunteer of the Year, Steve Grantham



## 4 THINGS THE GBCOC CAN DO FOR YOUR BUSINESS

1

### HELP YOU BUILD RELATIONSHIPS

The GBCOC hosts more than 150 networking opportunities each and every year. Not sure where to start? If you're not a member, but want to see if it's for you, join us any Friday from 7:30– 8:30 a.m. at Tradewinds Tavern (inside the MCM Elegante) for an informal networking opportunity

2

### PROVIDE YOU WITH RESOURCES TO GROW YOUR BUSINESS

With your membership comes a plethora of resources including discounts at member locations through member to member deals, access to a database of businesses from around the country with our business data search, the opportunity to attend professional development luncheons and many more! For a full list visit [bmtcoc.org](http://bmtcoc.org)

3

### GIVE YOUR BUSINESS A VOICE

Through GBCOC business advocacy efforts, your organization will gain a say in what happens in government. To have even more influence, we encourage you to join one of our twelve divisions including but not limited to Government & Public Affairs, Advancing New Technologies at Lamar, SETX Young Professionals Organization and the Chamber's Leadership Development division.

4

### MAKE CONNECTIONS IN A NON-COMPETITIVE ENVIRONMENT

The GBCOC's referral groups, new to the chamber in 2014, have already generated more than 3 million dollars in referrals. If you are not familiar with referral groups, they offer you a "chair" in the group where you are the only professional in your industry. This gives you the opportunity to capitalize on relationships built in a non-competitive environment. More than \$55,000 in referrals have been passed just this year!

**CONNECT  
WITH US**



## UPCOMING EVENTS

### MARCH 17– MIX & MINGLE

International Safety Training Council  
4:30-6:30 p.m. Open to the public

### MARCH 24– MONTHLY MEETING

SETX Young Professionals Organization  
at Lupe Tortilla 11:30-1:00 p.m.

### APRIL 25– LOBSTERFEST GOLF

Bayou Din Golf Club

### APRIL 29– LOBSTERFEST DINNER

Beaumont Civic Center 6:30 p.m.  
Tickets \$75 for members  
\$100 for non-members

### MAY 12– MIX & MINGLE

Gulf Coast RV Resort 4:30-6:30 p.m.

### MAY 12– SNAP SESSION LUNCH

MCM Elegante from 11:30-1:00 p.m.  
(6) professional development topics will be covered during this 90 minute luncheon.  
Tickets are \$25 for members  
\$30 for non-members

### BUSINESS CONNECTION

MCM ELEGANTE 7:30 a.m.  
Every Friday at Tradewinds Tavern

For additional information please call  
409-838-6581 or visit [bmtcoc.org](http://bmtcoc.org)



# PORT OF BEAUMONT CELEBRATES CENTENNIAL

*By Michelle Howard*

**2**016 marks the 100th anniversary of the Port of Beaumont, a major Deepwater port in Southeast Texas. A series of celebrations and public events began October 20th, 2015 when the Greater Beaumont Chamber of Commerce presented the port with its Spindletop Award for Outstanding Corporate Citizenship. A record crowd of 800 people were on hand for the 112th annual Chamber meeting, where keynote speaker, Texas Lieutenant Governor Dan Patrick, saluted



the port for 100 years of service. Port officials have planned a number of events over the next six months to commemorate the Centennial. A Centennial history book will be released in early summer. Other activities in celebration of the history of the port will be announced during the next few months.

The centennial book, *Deep Water: The Story of Beaumont and its Port*, was written by David H. Falloure. The hardbound book with photos and narrative will include the history and development of the Port of Beaumont.

**SINCE 1916,  
WHERE  
MAIN STREET  
MEETS THE  
WORLD.**



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# VAQUEROS, COWBOYS & COWPOKES

By Viva Southeast Texas

**S**omewhere in Mexico in the 1500s, cattle from Spanish stock meandered north to graze. They had longer horns than most cattle, often spanning six feet, and were lean bordering on bony. As they wandered across the frontier, they met sturdy, speckled-coated British-bred cattle moving west from the eastern U.S. coasts. Nature took its course, and by the 1800s, a new breed of strong, hardy, disease-resistant Longhorn cattle roamed the Texas frontier by the millions. These cattle were herded by Mexican vaquero or cowboys. Vaqueros had been herding and driving cattle and wild horses for hundreds of years by the time they became part of the Texas ranching landscape.

The vaqueros didn't set out to become any kind of icons, either by clothing or skills. To the Spanish owners of big ranches in Mexico, the vaquero was a laborer. Most vaqueros were mestizo (of Native American and Spanish ancestry), American Indian, African American, mulatto, or criollo (a Spaniard born in North America). Vaqueros were early versions of independent contractors and weren't bound to a ranching hacienda or a patron unless they chose to be. Vaqueros owned their horses, saddles, and ropes and what they did with them would shape the history of Texas ranching and the Texas Cowboy.

The vaqueros were so renowned for their skills that rancher Richard King traveled to Mexico in 1854 to recruit entire vaquero families to manage his herds. King knew that these Mexican cowboys knew what to do with horses and cattle much better than he did. Seasoned vaqueros could stop a horse in its tracks or send it into a flat-out gallop with the slightest sway of the reins. These cowboys understood the social structure of cattle herds so well that they knew just where to look for the hiding strays.



Their roping, riding, and ranching knowledge was unsurpassed.



The short, hardy Spanish mustang horse became the horse of choice for the early Texas Cowboy, as well as most of the vaqueros' attire; from the leather chaps, the

blanket or handkerchief around the neck, the vest which not only had useful pockets but gave protection from the cold winds of the prairie, a rawhide rope and the wide brimmed hat. Their boots had heels two inches high to rest comfortably in the stirrups or to dig into the ground while roping a calf or wild steer.



During the late 17th century and early

18th century, the residents of Spanish Texas began herding cattle and driving them to Louisiana to sell, these are the first recorded cattle drives. In 1821, Spanish land grants were offered to settlers from the United States, in hopes of



corralling the lawlessness from roving bands of outlaws, Indian raids and to raise tax revenues. Stephen F. Austin, led the first U.S. colonists, known as "The Old 300."

Just after the Civil War, longhorn beef sold for about \$1.50 per head in overstocked Texas, but in the burgeoning cities on the east and west coasts, the coveted meat went for \$30.00 to \$40.00 per head. Many returning veterans began organizing large-scale cattle drives to herd millions of cattle from Texas to markets in the northern states where beef was in demand. Many former slaves took to the cattle trails. At least one quarter of Texan cowboys were African American during this period. Many of the early cattle drives started in South Texas such as the Chisholm Trail which went from the Rio Grande near Brownsville through Central Texas and Ft. Worth, and ended in Dodge City, Kansas. Charles Goodnight and his partner Oliver Loving traveled westward to the New Mexico and Colorado markets, establishing the Goodnight-Loving Trail. A typical drive took about four months and required courage, endurance, skill, and patience. The cattle drive team usually included a trail boss, 10-12 cowboys or cowpokes, as they became known as, and a cook.

Texas ranchers could make huge profits by moving their herds north on the now-famous trails that stretched from far south Texas to the Kansas railroad towns. From the 1860s to the late 1880s, cowboys herded over ten million cattle to market on the controlled chaos of a trail drive. Hard to believe that all that legendary Texas cattle history happened in a mere 20 years.

And the all-American rodeo? Vaquero through and through. You see at the end of a long day, the vaqueros relaxed and had fun... by riding and roping some more. Gathering in open fields, they competed against each other by racing horses and performing rope tricks, all to determine who was the most skilled. They leapt from horses to wrestle down a steer. They raced the clock for the shortest time to rope a calf and the longest time to stay on a bucking horse. They competed to keep their skills sharp and their reputations polished. Over time, crowds gathered to watch and cheer the vaqueros and their amazing feats.

Go to a rodeo today and take a look at the dusty icons of our heritage: cowboys and cowgirls in broad brimmed hats, leather boots, chaps, and jingling spurs. These cow pokes are probably twirling rawhide ropes, too – just waiting for a chance to fling the loop over a fleeing calf. More than a few people would look at that rodeo scene and tell you there's nothing more Texan than a cowboy or cowgirl. But that's not quite true. To be historically accurate, they'd have to say that there's nothing more North African-Spanish than a Texas cowboy. The tan-galóns, botas, chapareras, broncos, espuelas, and reatas belonging to today's cow folk are really the legacies of Texas's first real cowboys: the Mexican vaqueros.\*

\*Walter L. Buenges "The Story of Texas" All excerpts from the Bullock Museum



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- Tour Rice & Crawfish Farms
- Visit Kelly's Landing Agricultural Museum & Agri-Tour
- Tour The Grand Opera House of the South
- Visit a Rice Interpretive Center
- J.D. Miller Recording Studio Museum
- Visit Ford Automotive Museum
- Visit a German Heritage Museum

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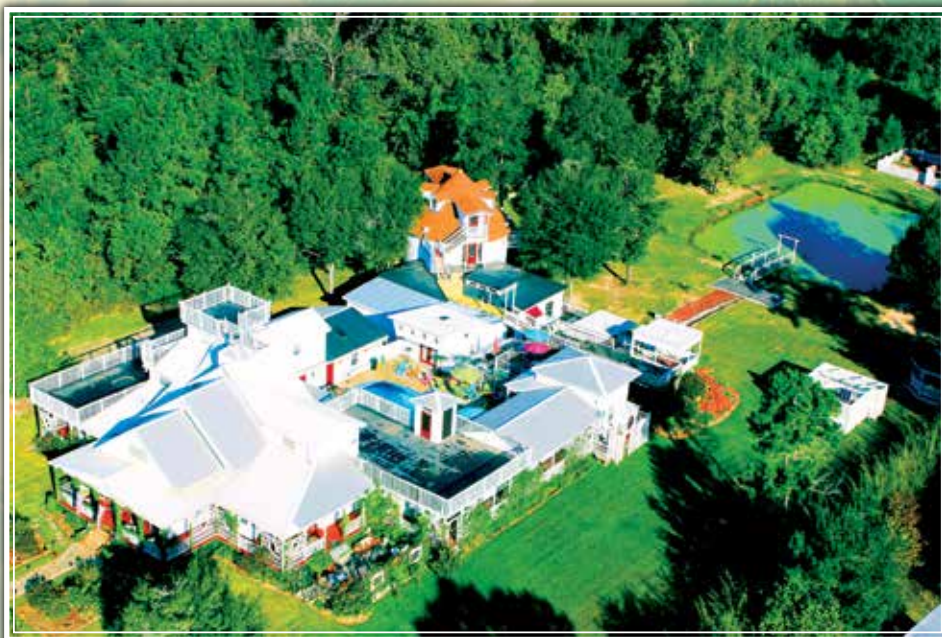
## Book Nook Inn, Blending the Old and New... Creating a Unique B&B

By David Hearne

**T**he Book Nook Inn is a sprawling bed and breakfast in Lumberton, Texas. This unique home blends old and new in its 5 elegantly decorated guest rooms. Visitors come from all around the world to enjoy the peace and quiet and Southeast Texas hospitality.

A stay at the venerable Inn allows plenty of areas to read, write or just some quiet time for reflection. Amenities include: swimming pool, hot tub, an inviting living room with fireplace, an extensive library, a billiards room, cinema room with hundreds of movie selections and plenty of nooks to discover and explore. For the guest that enjoys fishing, Book Nook has a fully stocked pond with catfish, perch and bass; the Book Nook will even supply poles and bait.

Book Nook Inn is easy to reach. Just exit the Cooks Lake Road exit on US 96 and drive two miles east on Cooks Lake road and there it is on the left. The eclectic Inn stands tall on the left side of the road and at night it is festooned in many lights making it easy to spot.



During a stay at the Inn, you'll find that the rooms such as the Steampunk Room provide an exciting lodging adventure. Even if you are not a "steampunker," the culture, inventions and styles are exciting. Of course since the steampunk era is simply a grownup fantasy, it is Book Nook Inn's example of something that never was. If you are a fan of the roaring twenties step into their Art Deco room, a 700

square feet room that will transport you back to the flapper era and that is just two of their rooms. All guest rooms have their own bathrooms, mini fridge, coffee maker, microwave and many other amenities. Wi-Fi, free parking and a complimentary full breakfast adds to the Inn's charm.

The Inn also serves as a wedding venue, and as the perfect place to hold a meeting, throw a birthday party, baby shower or celebrate other events. If you want to just get away from the humdrum of your daily life,







# Places of Interest

## Museums

### 1911 Historic City Hall

1001 Ryan Street • Lake Charles, LA  
337.491.9147

### Agricultural Historical Museum

327 East LeBlanc Winnie, TX  
Call for appointment 409.296.2231

### Art Museum Of Southeast Texas

500 Main St • Beaumont • 409.832.3432  
amset.org

### Babe Didrikson Zaharias

#### Memorial Museum

1750 IH-10 E • Beaumont • 409.833.4622  
babedidriksonzaharias.org

### Beaumont Botanical Gardens

6088 Babe Zaharias Dr • Beaumont  
409.842.3135  
beaumontbotanicalgardens.org

### Brimstone Museum

900 S Huttington St • Sulphur, LA  
337.527.0357 • www.brimstonemuseum.org

### First Presbyterian Church

902 Green Ave • Orange, TX  
409.883.2097

### Henning Cultural Center

923 S Ruth • Sulphur, LA • 337-527-0357  
www.brimstonemuseum.org/about-us/henning-cultural-center

### Heritage House of Orange

905 West Division Ave  
Orange, TX • 409.883.5385

### DeQuincy Railroad

**Museum & City Park**  
400 Lake Charles Ave • DeQuincy, LA  
337.786.2823  
dequincyrailroadmuseum.com

### Dishman Art Museum

#### Lamar University

Beaumont • 409.880.8959  
dept.lamar.edu/cofac/deptart/dishman.asp

### Edison Museum

350 Pine St at Edison Plaza • Beaumont  
409.981.3089 • edisonmuseum.org

### Fire Museum Of Texas

400 Walnut St • Beaumont • 409.880.3927  
firemuseumoftexas.org

### Heritage Village Museum

157 Private Rd 6000 • Woodville  
800.323.0389 • www.heritage-village.org

### Ice House Museum

818 Earnest Ave • Silsbee • 409.385.2444  
www.icehousemuseum.org

### John Jay French House & Museum

3025 French Rd • Beaumont  
409.898.0348 • jjfrench.com

### Kirby-Hill House

210 W Main • Kountze • 409.246.8000  
www.kirbyhillhouse.com

### La Maison Beausoleil Museum

637 Grigsby Ave inside Port  
Neches City Park • 409.722.9154

### Mardi Gras Museum of

#### Imperial Calcasieu

809 Kirby • Lake Charles, LA  
337.430.0043  
www.swlamardigras.com/year-round/mardi-gras-museum.cfm

### McFaddin-Ward House Museum

1906 Calder Ave • Beaumont  
409.832.2134 • mcfaddin-ward.org

### Museum of the Gulf Coast

Beaumont Ave at 4th St.  
Pt. Arthur • 409.982.7000

### Spindletop-Gladys City Boomtown Museum

5505 Jimmy Simmons Blvd.  
(at Lamar University) • Beaumont  
409.880.1750 • spindletop.org

### St Anthony Cathedral Basilica

700 Jefferson St • Beaumont  
409.833.6433 stanthonycathedral.org

### Stark Museum of Art

712 Green Ave • Orange • 409-886-2787  
www.starkmuseum.org

### Texas Artists Museum

351 Cultural Center Dr. • Pt. Arthur  
409.983.4881 • Free Admission

### Texas Energy Museum

600 Main St • Beaumont • 409.833.5100  
texasenergymuseum.org

### The Art Studio

70 Franklin St. • Beaumont  
409.838.5393

### The Chambers House Museum

2240 Calder Ave • Beaumont  
409.832.4010 • chambershouse.org

### The W.H. Stark House

610 Main Ave • Orange • 409-883-0871

## Fun Things To Do

### Acadiana Trail

Hwy 191 • DeQuincy, LA

### Adventure Cove Park

3200 Power Centre Parkway  
Lake Charles, LA

### Adventure Kingdom

2952 US 69 • Lumberton, TX • 409.751.5464

### Airboat Rides & Alligators

1151 Oak Grove Hwy • Grand  
Chenier, LA • 337.274.2395

### Anahuac National Wildlife Refuge

226 Spur 5 • Winnie, TX

### Baton Rouge Zoo

3601 Thomas Rd • Baton Rouge, LA  
225.775.3877

### Beaumont Botanical Gardens and

**Warren Loose Conservatory**  
6088 Babe Zaharias Dr • Beaumont  
409.842.3135

### Big Thicket National Preserve

6102 FM 420 • Kountze • 409.951.6700

### Blue Bayou Water Park/

#### Dixie Landin Amusement Park

1814 Perkins Rd • Baton Rouge, LA  
225.753.3333

### Buu Mon Buddhist Temple

2701 Procter St • Port Arthur  
409.982.9319

### Charpentier Historic District

1205 N Lakeshore Dr • Lake Charles, LA  
337.436.9588

### Coastal Paddler (kayak rentals only)

9405 College Street #A • Beaumont, TX  
409.899.4397 • coastalpaddler.com

### Colorado Canyon Family

**Entertainment Complex**  
6110 Folsom Dr • Beaumont, TX  
409.527.8346

### Coushatta Casino/ Resort

Kinder, LA • 800.584.7263  
www.coushattacasinoresort.com

### Delta Downs Racetrack Casino Hotel

2717 Delta Downs Dr • Vinton, LA  
337.589.7441 • www.deltadowns.com

### Eastex Canoe Trails

1698 US Hwy 96 Business at Turtlecreek Dr  
Silsbee • 409.385.4700 • eastexcanoes.com

### Golden Nugget Casino/Resort

2550 Golden Nugget Blvd, Lake  
Charles, LA • 844.777.4653

### Gator Country

21159 FM 365 • Beaumont • 409.794.9453  
www.gatorrescue.com

### Isle of Capri Casino

100 Westlake Ave • Westlake, LA  
1-800-THE-ISLE

## Beaumont Newcomers



## & Neighbors Club

**Relocating to a new community can be traumatic.  
We know...Been there...done that.  
Learn about your new "home town."**

### Get Involved

**Meet new people  
Sample the local cuisine  
Take up a hobby  
Continue an old hobby  
Share your interests  
Learn about Beaumont and the  
Golden Triangle.**

### WHAT WE DO:

**Provide information about the  
local area.**

**Monthly luncheons with  
local speakers during the  
school year.**

**Organized activity groups where  
you can make new friends.**

**Night time socials with family  
& friends.**

**Serve the Beaumont community  
through support of local  
charities.**

### CURRENT ACTIVITIES:

**Book Club  
Evening Dine-Out  
Cards  
Mahjong  
Bunko  
Special Tours**

### GENERAL MEETINGS:

**2nd Tuesday, Sept-May  
10:30am at local restaurants  
with local speakers.  
Registration at 10:20 am**

### CONTACT:

**Camille F.  
409-791-5504**

**Beaumontnewcomersandneighbors@gmail.com**



# Places of Interest

## J.D. Murphree Wildlife

**Management Area**  
10 Parks & Wildlife Dr • Port Arthur  
409.736.2551

**L'Auberge Casino/Baton Rouge**  
777 L'Auberge Ave, Baton Rouge, LA  
800.992.2694

**L'Auberge Casino/Lake Charles**  
777 Ave. L'Auberge • Lake Charles, LA  
866.580.7444

## McFaddin and Texas Point

**National Wildlife Refuges**  
7950 S Gulfway Dr • Sabine Pass  
409.971.2909

## Neches River Adventures

**Riverfront Park**  
701R Main St Beaumont or Collier Ferry  
Recreation Area • 5390 Pine St • Beaumont  
409.880.8907 • [nechesriveradventure.org](http://nechesriveradventure.org)

## Out & About Birding Anahuac

**National Wildlife Refuge**  
4318 FM 1985 • Anahuac • 409.267.3377  
[www.fws.gov/refuge/Anahuac](http://www.fws.gov/refuge/Anahuac)

## Paradise Water Park

4675 U.S. 96, Silsbee • 409.385.7946

## The Pine Tree Lodge

3396 Pine Tree Rd • Beaumont 409.796.1600

## Piney Woods Outfitters

921 S Main • Lumberton • 409.751.0911

## Piney Woods Winery

3408 Willow Street • Orange, TX  
409.883.5408

## RiverFront Park

600 Grigsby Dr • 409.727.2182

## Rayburn Country

Golf, Lodging, Fishing, Dinning  
Brookeland, TX • 409.698.1005

## Sea Rim State Park

Hwy 87 • Sabine Pass • 409.971.2559

## Shangri-La Botanical Gardens

**and Nature Center**  
2111 FM 365 • Orange • 409.670.9113  
[www.shangriagardens.org](http://www.shangriagardens.org)

## Sunset Grove Country Club Golf

2900 West Sunset • Orange, TX  
409.883.9454

## The Nature Conservancy

3888 Hwy 327 W. • Silsbee • 409.658.4300

## Tyrrell Historical Library

695 Pearl St • Beaumont • 409.833.2759  
[beaumontlibrary.org/tyrrell\\_library](http://beaumontlibrary.org/tyrrell_library)

## Village Creek State Park

8854 Park Road 74 (off Alma) • Lumberton  
409.755.7322

## Shop Southeast Texas

### Antiques & Vintage

## Art, Antiques and Stuff Gallery

3145 Calder Ave • 409.838.2271

## Antique Mall of Lumberton

1181 South Main Hwy 96 • 409.755.3388

## Burns Antik Haus

2195 Calver Ave • 409.835.3080

## Country Lane Antique Mall

Lumberton • 409.755.0140

## Finder's Fayre Quality Antiques

1485 Calder Ave • 409.833.7000

## Jan's Antiques

103 S 11th St • 409.813.3320

## Snoopers Paradise Antiques

5509 E. Parkway, Groves • 409.962.8427

## Sour Lake Antique Mall

Hwy 105 • Sour Lake • 409.287.4300

## The Old Mercantile Antique & Co-Op

1166 Boston Ave • 409.724.1886

## BOUTIQUES & UNIQUES

### Act II Consignment Boutique

6342 Phelan • 409.866.3144  
409.860.4617

### AGK's Jewelry Box

3050 Dowlen Rd. Ste. K (Fountain  
Plaza) Beaumont • 409-225-5277

### Ashton House

6250 Phelan Blvd • 409.860.7233

### Bando's Gift Shop

215 N 11th St • 409.212.8445

### Bella Bella

5925 Phelan • 409.860.1924

### Cantu Fine Jewelry

5905 Phelan • 409.866.5859

### Cavender's Boot City

6185 Eastex Frwy • 409.347.1770

### Chico's

3195 Dowlen Rd • 409.860.9763

### Down to Earth

1455 Calder St • Beaumont  
409.813.8522

### Ella + Scott

1415 Calder Ave • Beaumont  
409.835.8280

### Ellis Pottery

3737 Calder Ave • 409.839.8473

### Gaudie & Co.

6025 Phelan • 409.860.4433

### Jackie's

6755 Phelan • 409.861.5762

### James Avery

3050 Dowlen Rd • 409.860.4827

### Flagship Mail Room

148 S Dowlen Rd • 409.866.4643  
409.866.6800

### La Tee Da Boutique

4004 Dowlen Rd • 409.835.0202

### Luxe Boutique

4036 Dowlen Rd • 409.239.5561

### McManus Company

820 N 11th St • 409.833.4393

### Monica's Mark Inc

5955 Phelan Blvd • Beaumont  
409.860.4030

### Nickolina's

1257 West Lucas • 409.896.2543

### Norman's

4132 Dowlen Rd • 409.898.1340  
409.898.0919

### Pappagallo

3350 Dowlen Rd • 409.866.1917

### Parkdale Mall

6155 Eastex Frwy • 409.898.2222  
[parkdalemalltx.com](http://parkdalemalltx.com)

### Posh Baby

5955 Phelan • 409.860.3331

### The Purple Door

6474 Phelan • Beaumont  
409.832.9200

### Sam's Western Store

5090 College St • 409.842.2625

### Tuesday Morning

6410 Phelan • 409.866.4885

### Ya Ya Club Clothing Co

414 Dowlen Rd • 409.861.3341

## GROVES SHOPPING

*Lincoln Avenue Shops*

### The Collection

4300 Lincoln Ave • 409.963.0626

### The Courtyard Cafe & Gift Mall

4321 Lincoln Ave • 409.962.2850

### Created Designs

4343 Lincoln Ave • 409.962.5925

## Flear De Chic

MacArthur Drive • Groves • 409.886.2442

## Hannah Bay's

4343 Lincoln Ave • 409.962.3400

## Herbal Insanity

4343 Lincoln Ave • 409.962.3400

## Kizmet Studio

6039 39th St. • 409.962.9300

## The Painted Porch

4311 Lincoln Ave • 409.960.7998

## Resale Boutique

4233 Lincoln Ave • 409.962.1030

## Snooper's Paradise

5509 Lincoln Ave • 409.962.8427

## HARDIN COUNTY SHOPPING

### Gypsy Rose Boutique/Salon

305 East Ave J • Silsbee • 409.385.2600  
Hwy. 96 • Lumberton • 409.751.0889

### Frank's Jewelry

Downtown, Silsbee • 409.385.3501

### Johnson's Petals & Stems

Florist & Gifts  
325 N 4th St. • Silsbee • 409.385.3773

### Serenity & Co. Boutique/Salon

214 N Main • Lumberton • 409-224-5924

### Two Chix Boutique

74 N LHS Drive • Lumberton

## NEDERLAND SHOPPING

### Bab's Gift Express

2119 Nederland Ave • 409.727.0090

### Belly Button - A Kids World

2115 Nederland Ave • 409.727.6918

### Burkett's Emporium

1517 S Hwy 69 • 409.722.5111

### The Candle Cottage

1234 Boston Ave • 409.721.5018

### The Classy Peacock

1100 A Boston Ave • 409.729.3567

### Dana's Custom Jewelry

135 Boston Ave • 409.722.0661

### Elliot's

1211 Boston Ave • 409.727.7702

### Fred Miller Company

2808 Nederland Ave  
409.724.1208

### Gaudie & Co.

1143 Boston Ave • 409.729.2700

### Gaudie Couture

1140 Boston Ave • 409.729.2790

### Holland House

### Antique & Gift Mall

1205 Boston Ave • 409.721.9900

### The Kids Kioset

1144 Boston Ave • 409.729.2289

### Let's Party

1027 Nederland Ave • 409.727.6047

### Molly's Home Decor & Fine Gifts

3316 Hwy 365 • 409.853.4542

### Nederland Jewelers

3308 Hwy 365 • 409.724.2045

### Occasions

1229 Boston Ave • 409.729.8555

### The Patio

1223 Boston Ave • 409.729.3407

### The Rustic Door

1344 Boston Ave • 409.722.6255

### Sew Much More

1336 Boston Ave 409.853.4387

### Simply Chic

2907 Nederland Ave 409.722.2442

## ORANGE SHOPPING

### A Little Bit Gaudy

2495 MLK JR Drive • Orange  
409.988.0030

### Big Lots!

2260 MacArthur Drive • Orange

### Mathews Jewelers

126 Strickland Drive • Orange  
409.886.7233

### Trendz

5572 FM 408 • Orange • 409.697.1218

## PORT ARTHUR SHOPPING

### Central Mall

Hwy 69 at Hwy 365 • 409.727.2109  
[centralmallportarthur.com](http://centralmallportarthur.com)

### Flagship Mailroom & Emporium

4700 Hwy 365 • 409.724.0474

### Mardi Gras of Southeast Texas Store

3830 Hwy 365 • 409.721.8717

### Naomi's Fashions

3433 Twin City Hwy • 409.963.3839

### Tiffany's Fashion & Gifts

1600 9th Ave • 409.985.8886

### Two & Co. Boutique

8720 Central Mall Dr • 409.721.5040

## PORT NECHES SHOPPING

### Port Neches Avenue Shops

Port Neches Super Saturdays  
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### The Cherry Tree Florist

1208 Port Neches Ave • 409.722.4848

### Dressin' Up

1115 Port Neches Ave • 409.729.7806

### Joy's Lagniappe

1303 Port Neches Ave • 409.365.2651

### Naanee's Baubles & Bling

1311 Port Neches Ave • 409.365.2651

### Old Towne Flea Market

1216 Port Neches Ave • 409.721.9690

### The Yellow Rose

1303 Port Neches Ave • 409.722.2265



Happy Mother's Day Momma Cassie!  
We luv you, John Boy & Josie Marie



Happy Mother's Day  
Momma Joy and Nana Dee!  
Love you, Rosie

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## Will the Presidential Election Affect Investment Outlook?

By Kevin Bohm with Edward Jones in Beaumont, TX

**T**he 2016 Presidential Election season is in full swing. As a voter you may be keenly interested in the election process. But as an investor, should you be concerned?

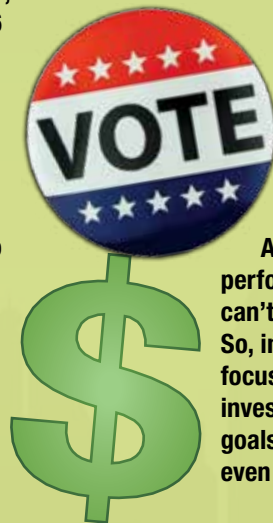
If you take a look back, you might be somewhat encouraged over the prospects of the financial markets this year. In the last 12 presidential election years, the Dow Jones Industrial Average has been up nine times and down just three. So, election years must be good for the financial markets, right?

Not necessarily. In every year, the markets are influenced by a variety of factors: interest rates, inflation, corporate profits, geopolitical events, economic growth, even the weather. And it's safe to say that 2016 will be no different. At this early stage of the year, one could say that some of these factors, such as continued low interest rates and a reasonably strong economy, might bode well for investors. But there's a lot of 2016 ahead of us – and it's notoriously difficult for anybody, even so-called experts, to accurately predict the market's performance over a relatively short time, such as a year.

Still, the market's history of pretty good results in presidential election years may not be entirely random. For one thing, the White House is never the only office being contested: elections are also held for every congressional district and many seats in the Senate. Consequently, during these election years, campaigning often takes precedence over legislating. This legislative inactivity tends to be welcomed by

the financial markets, which generally dislike surprises, big changes and new directions. However, you can't really count on past trends to provide a certain roadmap for the year ahead, in terms of the performance of the financial markets.

As mentioned above, many factors influence this performance, and at this early stage in the year, we just can't predict which of these factors will take the lead. So, instead of worrying about things you can't control focus on those that you can. For starters, review your investment mix. Does it still properly reflect your goals, risk tolerance and time horizon? Over time, even if you haven't made many changes to your



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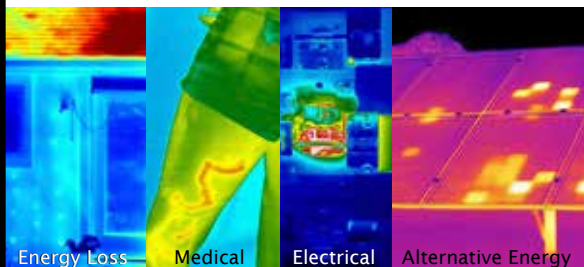
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**YOUR MONEY CONT.**



portfolio, it can become "unbalanced."

Consequently, you might want to consider selling off some of your better performing assets and using the proceeds to fill in other gaps in your portfolio.



On the other hand, if you think your mix of investments is not providing you with the returns you need to help make progress toward your long-term objectives, you may need to

add some vehicles that can provide you with more growth potential. After all, it is 2016 now, so whatever your age you are another year closer to retirement.



Will this year look like past presidential election years, as far as positive returns from the stock market? No one can say for sure. But if you "vote" for smart investment moves, you won't be sorry.



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# Church Directory

## Beaumont

### AFRICAN METHODIST

#### EPISCOPAL (AME)

**Miracle Deliverance Tabernacle**  
1006 Magnolia Ave • 409-835-5465

### BAPTIST

#### Amelia Baptist Church

8055 Brighton Dr • 409.866.4168

#### Antioch Baptist Church

3350 Washington Blvd • 409.842.8115

#### Bethel Missionary Baptist Church

3099 Brenham St • 409.835.6228

#### Calder Baptist

1005 N 11th St • 409.892.4251

#### East Mt Olive Baptist Church

1197 Corley St • 409.832.7582

#### Ebenezer Baptist Church

PO Box 2374 • 409.835.7592

#### Emmanuel Baptist Church

2570 W Lucas Dr • 409.899.3594

#### First Baptist Church

900 Calder • 409.833.1426

#### Friendship Baptist Church

6750 Highway 105 • 409.898.0249

#### North End Baptist Church

5115 Eastex Fwy • 409.899.1906

#### Paradise Baptist Church

3077 Terrell St • 409.833.5081

#### Scott Olive Baptist Church

1050 Ewing St • 409.832.0687

#### South Park Baptist Church

795 Woodrow St • 409.832.7796

#### Sunlight Baptist Church

1283 Cedar St • 409.833.1381

#### West Beulah Baptist Church

6525 Bigner Rd • 409.892.0765

#### West Tabernacle Baptist Church

3605 Waco • 409.842.3360

#### Westgate Memorial Baptist Church

6220 Westgate Dr • 409.866.3417

#### Woodland Baptist Church

1860 W Lucas Dr • 409.892.0574

### BAPTIST - INDEPENDENT

#### Beaumont Baptist Temple

5535 Calder • 409.769.7966

#### Creekwood Baptist Church

7650 Park North Dr • 409.924.9590

### BAPTIST - MISSIONARY

#### Greater Good Hope Baptist Church

2725 W Virginia • 409.842.9043

#### Harmony Missionary Baptist Church

3040 Magnolia St • 409.833.9333

#### Johnson Memorial Missionary

#### Baptist Church

3520 Pine St • 409.838.3228

#### Starlight Missionary Baptist Church

1090 Buford Street

409-835-5501

### BAPTIST - SOUTHERN

#### Calvary Baptist Church

3650 Dowlen Rd • 409.898.7074

#### Voth Baptist Church

11245 Church Rd • 409-892-2180

### CATHOLIC - ROMAN CATHOLIC

#### Assumption Church

4445 Avenue A • 409.835.5343

#### Blessed Sacrament

780 Porter St • 409.833.6089

#### Cristo Rey

767 Avenue A • 409.835.7788

#### Lamar University Catholic

#### Student Center

1010 E Virginia • 409.835.3972

#### Our Lady of the Assumption

4445 Avenue A • 409.835.5343

#### Our Lady of Lourdes

1600 N. Main St • 409.769.2865

#### Our Mother of Mercy

3390 Sarah St • 409.842.5533

#### St Anne

2715 Calder • 409.832.9963

#### St Anthony Cathedral Basilica

700 Jefferson St • 409.833.6433

#### St Joseph's Church

1115 Orange St • 409.835.5662

#### St. Jude Thaddeus Catholic Church

6825 Gladys Ave • 409.866.5088

#### St Mary's Church

9894 Gilbert Rd • 409.794.2548

#### St. Martin de Porres

7467 Boyt Road • Cheek

409.794.2548

#### St Pius X Catholic Church

5075 Bigner Rd • 409.892.3316

### CHARISMATIC

#### Golden Triangle Church On The Rock

6955 Hwy 69 S • 409-722-1962

### CHRISTIAN DISCIPLES OF CHRIST

#### First Christian Church

5290 N Caldwell Dr • 409.892.3212

#### Temple Of Praise Christian Church

723 Coley St • 409.833.0496

### CHURCHES OF CHRIST

#### Ridgewood Church of Christ

2455 Commerce St • 409.892.7063

#### Westgate Church of Christ

6390 Westgate Dr • 409.866.1451

### EPISCOPAL

#### St Mark's Episcopal Church

680 Calder St • 409.832.3405

#### St Stephen's Episcopal Church

4090 Delaware St • 409.892.4227

#### St Stephens Episcopal Church

4090 Delaware St • 409.892.4227

### EVANGELICAL FREE

#### Christ Community Church

415 South 11th St • 409.832.9498

### LUTHERAN

#### Bethlehem Lutheran Church

777 N 4th St • 409.832.1108

#### Redeemer Lutheran Church

4330 Crow Rd • 409.892.3286

#### St John Lutheran Church

2955 S Major Dr • 409.840.9915

### METHODIST-UNITED

#### First United Methodist Church

701 Calder St • 409.832.0295

#### St James United Methodist Church

2485 Blanchette St • 409.833.4867

#### Trinity United Methodist Church

3430 Harrison Ave • 409.892.0255

#### Wesley United Methodist Church

3810 N Major • 409.832.7012

### NONDENOMINATIONAL OR

### INTERDENOMINATIONAL

#### Cathedral in the Pines Church

2350 Eastex Fwy • 409.892.1503

#### Christian Fellowship Worship Center

3950 Pointe Pkwy • 409.898.0412

#### Dowlen Road Church of Christ

3060 Dowlen Rd • 409.866.1996

#### Goodwill Missionary Christian

190 N 10th St • 409.832.0418

#### My Father's House

4397 Calder • 409.892.3456

#### New Hope Deliverance

International Ministries

890 Grant St • 409.832.5010

#### Newsong Covenant Church

3175 S Major Drive (temporary

Worship Site) • 409.866.7972

#### North Church

8060 Eastex Fwy • 409.896.5055

#### Northwest Church of Christ

7750 Highway 105 • 409.898.4034

#### Praise Church

8325 Walker Rd • 409.898.0020

#### The Vein Of God International

Covenant Ministries

3190 Washington Blvd • 409.466.9100

#### To God Be The Glory Ministries

Beaumont Civic Center Main

St • 409.838.3435

#### Trinity Church

10 Interstate 10 N • 409.838.2545

#### Triumph Church

10255 Eastex Fwy • 409.924.9930

#### Vision Alive Christian

4230 Highland Ave • 409.835.2556

### OTHER

#### First Christian Church

5290 N Caldwell Dr • 409.892.3212

#### Temple Of Praise Christian Church

723 Coley St • 409.833.0496

### PENTECOSTAL

#### Apostolic Church

3333 Eastex Fwy • 409.898.3060

#### New Hope Deliverance Church

890 Grant St • 409.832.5010

#### New Life Tabernacle

6655 Hwy 105 • 409.899.1190

### PRESBYTERIAN

#### St Andrew's Presbyterian Church

1350 N 23rd St • 409.892.8611

## Groves

### BAPTIST

#### First Baptist Church

4000 Grant Ave • 409.962.4461

#### Friendship Baptist Church

3417 Berry Ave • 409.962.1584

### BAPTIST - INDEPENDENT

#### Val Verde Baptist Church

3900 Cleveland Ave • 409.962.8463

### CATHOLIC - ROMAN CATHOLIC

#### Immaculate Conception

6248 Washington St • 409.962.0255

#### St. Peter the Apostle

2049 Taft Ave • 409.962.8365

### LUTHERAN

#### St Paul Lutheran Church

5801 W Jefferson St • 409.962.1133

### METHODIST-UNITED

#### First United Methodist Church

6501 Washington St • 409.962.1076

### NONDENOMINATIONAL OR

### INTERDENOMINATIONAL

#### Morning Star Church

3515 Main Ave • 409.963.2301

### PENTECOSTAL

#### Abundant Life Sanctuary

2301 W. Parkway St. • 409.962.1056

## Kountze

### BAPTIST

#### First Baptist Church

100 Monroe St • 409.246.3850

#### Mid-way Baptist Church

4512 Ellis Dr • 409.246.2709

### CATHOLIC - ROMAN CATHOLIC

#### Holy Spirit Catholic Church

470 Monroe • 409.246.4457

## Lumberton

### BAPTIST

#### Crestwood Baptist Church

1150 U.S. 69 • 409.246.2750

#### First Baptist Church of Loeb

3082 Highway 69 S • 409.755.4595

#### First Baptist Church of Lumberton

119 Church Loop • 409-755-4213

### CATHOLIC - ROMAN CATHOLIC

#### Infant Jesus

243 L.H.S. Dr • 409.755.1734

### CHURCH OF CHRIST

#### Lumberton Church of Christ

90 West Chance Road Lumberton,  
TX 77657 409.755.4156

### METHODIST-UNITED

#### Woodcrest United Methodist Church

1684 Highway 96 S • 409.755.4403

### NONDENOMINATIONAL

#### Journey Community Church

1534 O'Malley • 409.755.1388

## Nederland

### BAPTIST

#### Central Gardens Baptist Church

114 4th Ave • 409.729.2475

#### First Baptist Church

1911 Nederland Ave • 409.722.0263

#### Hillcrest Baptist Church

3324 Park Dr • 409.722.3489

#### Seventh Street Baptist Church

200 N 7th St • 409.722.7620

#### Triangle Baptist Church

3605 Hwy 69 N • 409.727.7000

### BAPTIST - INDEPENDENT

#### Fellowship Baptist Church

1315 S 27th St • 409.722.4356

### CATHOLIC - ROMAN CATHOLIC

#### St Charles Catholic Church

211 Hardy Avenue • 409.722.3413

### CHURCHES OF CHRIST

#### Nederland Avenue Church-Christ

2310 Nederland Ave • 409.722.8536

#### Stonegate Church of Christ

3948 Highway 365 • Port

Arthur • 409.727.1568

### LUTHERAN

#### Holy Cross Lutheran Church

2711 Helena Ave • 409.722.2177

### METHODIST-UNITED

#### First United Methodist Church



# Church Directory

**Old First Orange Baptist Church**  
7925 Interstate 10 E • 409.745.1901  
**Winfree Baptist Church**  
19525 Highway 62 S • 409.735.7181

## BAPTIST - INDEPENDENT

**Colony Baptist Church**  
13353 Fm-1130 • 409.745.1671  
**Triangle Baptist Church**  
Fm-408 • 409.735.2661

## CATHOLIC - ROMAN CATHOLIC

**St Francis-Assisi Catholic Church**  
4300 Meeks Dr • 409.883.8232  
**St Helen Catholic Church**  
8105 FM 1442 • 409.735.2200  
**St Henry's Catholic Church Bridge City**  
475 W Round Bunch • 409.735.2422  
**St Mary's Catholic Church**  
912 W Cherry Ave • 409.883.2883  
**St. Therese**  
1409 North Sixth St • 409.883.3783

## CHRISTIAN DISCIPLES OF CHRIST

**First Christian Church**  
611 9th St • 409.883.4483

## CHURCH OF THE NAZARENE

**First Church of the Nazarene**  
3810 Martin Luther King Jr  
Dr • 409.883.4674

## CHURCHES OF CHRIST

**Ninth & Elm Church of Christ**  
501 9th St • 409.883.4805

## EPISCOPAL

**St Paul's Episcopal Church**  
1401 W Park Ave • 409.883.2969

## LUTHERAN

**Grace Lutheran-Missouri Synod**  
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**Good Shepherd Church**  
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409-735-2044

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**St John's United Methodist**  
2906 Western Ave • 409.886.1291  
**St Paul United Methodist Bridge City**  
1155 W Round Bunch Rd • 409.735.5546

## PENTECOSTAL

**Community Church**  
3400 Martin Luther King Jr Dr  
409.883.4498  
**First United Pentecostal Church**  
3406 Edgar Brown Dr • 409.883.3813  
**Starlight Church of God**  
2800 Bob Hall Rd • 409.886.4366

## Port Arthur

## BAPTIST

**Christian Faith Baptist**  
1919 Jefferson Dr • 409.962.9792  
**First Baptist Church**  
5000 Gulfway Dr • 409.982.6493  
**Lamplighter Baptist Church**  
5959 9th Ave • 409.983.1661  
**Memorial Baptist Church**  
4011 Memorial Blvd • 409.983.5654  
**Mount Sinai Baptist Church**  
501 West Thomas Blvd • 409.982.6464  
**North End Baptist Church**  
4349 Lewis Dr • 409.982.6668  
**Procter Baptist Church**  
4401 Jimmy Johnson Blvd • 409.722.8097  
**Ridgewood Baptist Church**  
6920 Memorial Blvd • 409.722.6153  
**Rock Island Baptist Church**  
549 W 11th St • 409.985.2531

**Trinity Baptist Church**  
4301 32nd St • 409.293.3111

## BAPTIST - MISSIONARY

**Mount Sinai Missionary Baptist Church**  
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## CATHOLIC - ROMAN CATHOLIC

**Our Lady of Guadalupe**  
3648 S Sgt Lucien Adams Dr  
409.962.6777  
**Queen of Vietnam**  
801 9th Ave • 409.983.7676  
**Sacred Heart - St Mary**  
920 Booker Washington Ave • 409.985.5104  
**St James Catholic Church**  
3617 Gulfway Dr • 409.985.8865  
**St Joseph Catholic Church**  
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**St Catherine of Siena**  
3706 Woodrow Drive • 409.962.5715  
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3503 Gulfway Dr • 409.985.8865

**St John**  
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**St Joseph**  
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**St Therese, Little Flower of Jesus**  
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**First Christian Church**  
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**Presbyterian Church-Covenant**  
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## BAPTIST

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**Pinecrest Baptist Church**  
5660 FM 1122 • 409.385.5245  
**Trinity Baptist Church**  
880 Gentry Dr • 409.385.0302

## CATHOLIC - ROMAN CATHOLIC

**St Mark Catholic Church**  
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# Viva Special Report

## Honoring Our Mothers and Our Fathers!

By Diane L. Mangum

**M**om! Just the mention of the word can spark memories of love, warmth and kindness. It's why a day has been designated just for her, honoring all that she's done. Experts agree, saying there is a tremendous amount of pressure to find the perfect gift to show our love, when in reality most moms just want to know that they are cherished.

Mother's Day is by far more popularly observed than Father's Day. However, honoring fathers is just as important. Fathers generally love their children dearly and often work long hours so that they can raise their children in comfort. They too just want to know that they are cherished.

Write down some heartfelt words. Be it in poem, story or a letter, moms and dads love the written word. Telling them how much they mean to you in your own words, is far more precious to them than any store bought greeting card. Take photos and share them with your mom and dad along with all your family, and don't forget the most important words every parent wants to hear---"I love you."

### Never Enough

By Reanna Almeida

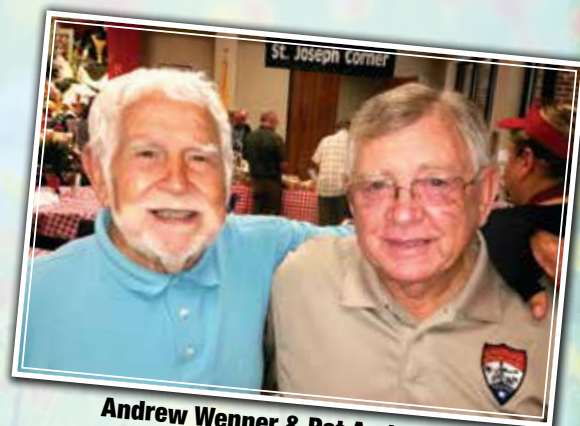
*Sometimes I know the words to say  
to give thanks for all you've done,  
but then they fly up and away as quickly as they come.*

*How could I possibly thank you enough,  
the one who makes me whole,  
the one to whom I owe my life, the forming of my soul.*

## St Joseph Day Spaghetti Lunch at St. Anthony Basilica



Barbara & Ray Courville



Andrew Wenner & Pat Anderson



Letty Lanza & Father Jerry McGrath



Sam Parigi & Linda Domino





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We are working each day for you, your business and your children to create our vision of "An ethical marketplace where consumers and businesses trust each other." We are available for you each day to assist in helping your business get better. Let us know how we can be your Solution Specialists and help you build your Better Business!

John Paschall  
President/CEO

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## Top Ten Trends for Spring 2016

By Michelle Fosha Armstrong

In a few short weeks, we'll all pack away our sweaters and leather jackets and embrace the light and bright pieces of spring! But what to wear? While the Spring '16 runway shows brought a plethora of diverse styles, we're breaking it down to ten of the top trends for this season.

**THE WHITE SHIRT** – The classic white oxford has come out of its fashion shell and received a refreshing makeover! New twists, from cutouts, deconstruction, asymmetrical hemlines, tie waists and strategically placed ruffles, has made this staple a new, cool fav!



### STRIKING SILVER

– This shiny metallic showed up in leather and lame', on dresses and pants. Silver instantly makes even a low-key, simple style become "high-impact". If you want to add this shiny statement color to your wardrobe, but aren't comfortable sporting it from head to toe, opt for a metallic bag, hair accessory or heels.

**GARDEN VARIETY** – Flowers always take a center stage in the spring and this season is no exception. From pretty, floral-embroidered dresses to fun, bold print maxis and floral print-blocked blouses, there are no boundaries!

**STRIPES** – Thin and bold. Vertical and horizontal. Monochromatic and multi-hued. Stripes emerged

strong on dresses, jackets, tops and pants. The theme is color between the lines.

**STREET LINGERIE** – Sensual lightness lingered through the spring collections with ultra-luxurious slip dresses that imbued bits of lace, ruching and graphic color play. Pair these romantic, lady-like dresses with simple flats and a relaxed attitude. And while the designers have encouraged us to wear our pajama pants and silk gowns out on the town, if the lingerie look is a bit out of your comfort zone, you can still follow the trend in a more subtle way by layering a silk or lace cami under a button-front blouse or one of spring's boxy jackets.



**COLD SHOULDER** – Cut-out necklines and strappy looks have been a part of our spring/summer wardrobe for a while, but this season, designers took the look a step further with designs meant to highlight the shoulders. From strapless to thin straps and crisscross to off-shoulder, everything is just a little sexier. For those who have a need for balance, try an asymmetrical neckline.

**FRILLS** – Ruffles were everywhere on the runways! Although always feminine, most looks were grown-up, not girly. Some offered a flirtatious vibe to the silhouettes, while other smatterings produced a sculptural modern appeal.

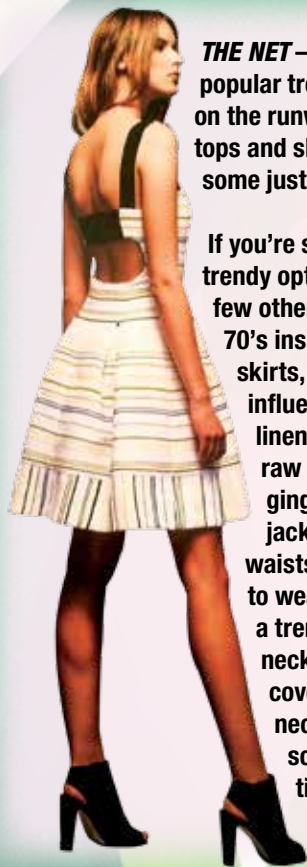
**FOLDS** – The pleats we saw on the fall runways have been reduced to micro-size for spring. They are always lovable and add structure and interest to current silhouettes – and sometimes even a little flirtation!

**SPARKLE & SHINE** – Glitter, sparkles and sequins adorned just about everything in black and white patterns, crazy bright colors and even pastels. Dresses, pants, minis and maxis alike did not escape this trend! Want to take the bling down a notch? Just add sequined jewelry to a trendy tee and jeans.

Continued on page 22.....



# Viva Fashion & Beauty



**THE NET** – Definitely one of the most popular trends, netting was seen on the runways covering dresses, tops and skirts....and well, some just wore the netting.

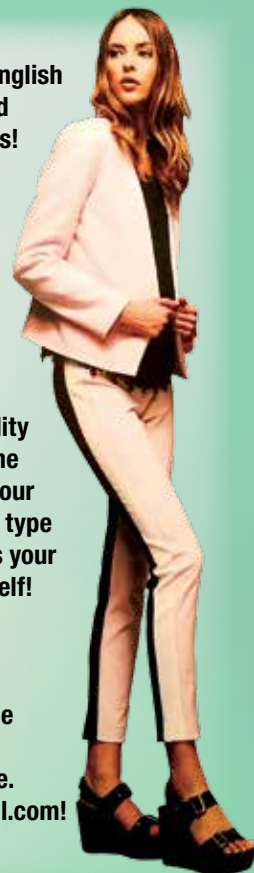
If you're still craving even more trendy options for spring, here are a few other looks from the runways: 70's inspired suede, leather skirts, pants and jackets, Latin-influenced pieces, head-to-toe linen, strings on everything, raw hems, super-sized gingham prints, bomber jackets, "paper bag" waists (not an easy trend to wear, but nonetheless a trend), plunging necklines, full coverage necklines, sophisticated tie dyed pieces, nautical themes, denim, denim,



denim, cutouts and lace, old English voluminous sleeves, oversized bows, maxi dresses and skirts!

Obviously, there are many incredibly beautiful designs, cuts and silhouettes to choose from for this season. Remember that every trend is not for everyone, however. Let your personality guide you as you choose the trends that will enhance your personal style, your body type and allow you to express your wonderful and unique self! (All styles featured are beatrice b. or sfizio.)

Feel free to email me with any comments or questions at [michelle.armstrong55@gmail.com](mailto:michelle.armstrong55@gmail.com)!



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## The "Natural" Look

By Melinda Royer

**W**ith change of seasons, comes changing of the hair. Color and cuts from one extreme to the next, you never know what you will see. According to reliable sources, sleek straight locks, blunt bangs, and even buzz cuts have been seen on the 2016 runways and will be the new trend. I find this anything but true. In the salon I own, the average client is looking for a more natural look, ditching the flat irons, even asking for perms or body waves. However perms have had a bad rap.

Most people think perms are a style of the 80s. They would do a lot of damage to the hair, making it difficult to manage. It's not that way anymore. As long as your hair is healthy to start, a perm could work well for you. Today, women are asking for more natural waves and

they are also asking for more natural hair colors as well.

Trends such as ombré, balayage, and color melts continue to be popular, along with the ever so popular grey hair fades. Silver or

platinum are still admired, like Carrie Underwood's platinum bob she debuted this year looking ravishing glowing with her spray tan. This year, coloring is more natural looking and enhances your natural highlights. You will see more brown shades in 2016.

Makeup is also into a more natural look, with a pop of color on the lips or eyes. But please not both, that could potentially be too much. Contouring is still ever so popular; however, people should remember it's for pictures and videos but not for everyday.

How do you know if you can pull off that natural, just 'rolled out of bed' look with messy hair and little makeup (as if it were done on purpose)? You don't know until you try! You might just surprise yourself with the natural beauty lying beneath all that hair and makeup.

As they say  
"Beauty is in the eye of the beholder"

Melinda Royer  
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## SILSBEE FARM & RANCH, SAME NAME . . . NEW OWNERS!

By Kathie Platt

**S**ince 1989 Silsbee Farm & Ranch Center has been serving the farm and ranch community of Hardin County as the regional supplier of livestock feed, fertilizer, fencing, dog food and tack. After ten years working for the center, Peggy Eddings, joined by husband Glenn, leapt at the chance last January to become the new owners of Silsbee Farm & Ranch. "I guess it is our first anniversary!" Peggy sounds as pleased as she is surprised. "We like to be a friendly store and really know our customers: the farmers, ranchers, and local school kids showing animals," she adds.

Conveniently located across from the Pines Theatre in the center of town, Silsbee Farm & Ranch supplies Lonestar and top brand feed for livestock and pets. The Center features Saddle King, shop-made saddles and other tack, along with elite show equipment for FFA and 4H. Silsbee also stocks fencing and gates, plumbing supplies and hardware, deer corn and a new line of ammo for the sportsman.

Silsbee Farm & Ranch offers a seasonal nursery section with plants for the vegetable and flower gardens, fertilizer, insecticides and herbicides for the yard, garden or ranch. They also sell baby chicks, ducks and bunnies. "And our local honey is delicious!" Peggy says.

2016 promises to be a great year for Peggy and Glenn at Silsbee Farm & Ranch, same name, same location, same traditions, and a few new ones. Located at 301 N. 3rd Street in Silsbee, they are open Monday thru -12 noon Sat. (409) 385-3371.



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# Outdoors & Sports

## Tri-City Corvette Club

The Club Was Very Busy this past Christmas.

By Mike White

The Tri-City Corvette Club donated \$1000 to the Food Bank of Southeast Texas on December 3rd, at the HEB Food Store on Dowlen Road, in conjunction with Channel 12 KBMT's food drive, and then the wheels began to row.

On December 4th, eleven corvettes filled with toys caravanned to Rao's on Dowlen for the Channel 6 and Fox 4 "ToyFeast," benefitting the Salvation Army. Tri-City Corvette Club was also involved in the Buckner's Children's Home Toy Run and donated \$1000. The Corvette Club, Motorcycle Clubs and the 4 Wheeler Clubs all met at Buckner's Children's Home for their annual Christmas party. All the

kids were given rides in a corvette and on a motorcycle. Then the fire department hosed down the back field for the kids to go mudding with the 4 wheelers. It was so great to see the kids have so much fun. This is the 20th year that the Corvette Club has been involved in this event.

After that, volunteers helped Share Pulliam load a truck load of toys to transfer to the old armory in Port Neches for the Jefferson County Child Welfare Santa Store.

On December 12th at Pets Mart, the Tri-City Corvette Club did a Vettes for Pets Show benefiting the Humane Society of Southeast Texas. The Club had 20 Corvettes in front of Pets Mart where they collected over 1500 pounds of pet food for the Humane Society, beating their donation of 1300 pounds from last year.



[www.tricitycorvetteclub.com](http://www.tricitycorvetteclub.com)

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## BIG BASS FISHING TOURNAMENTS ARE NOT JUST FOR ADULT PROFESSIONALS!

By Richard Glenn

**F**our hundred and ninety registered High School teams from all over Southeast Texas came together on the Fall chilled waters of Sam Rayburn this past December to open up the 2015-2016 Ford SETX High Scholl Fishing Championship series presented by Skeeter boats. Now we are in the middle of the tournament contests, the water is still chilly but the teams are heating up.

Setting attendance records has been nothing new for the SETX group since their start in 2013 and the season opener for 2015-2016 proved no different. "We think this might have been the single largest stringer tournament ever, HS or otherwise" said SETX President Clint Fountain of Kirbyville. "Our staff welcomed the challenge and with the tremendous amount of volunteer help, we pulled it off."



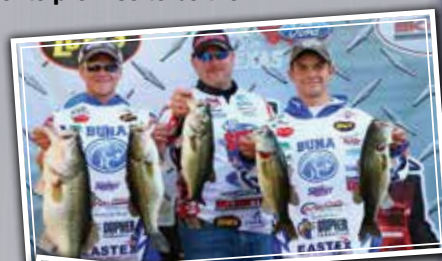
When asked about the tremendous growth of the organization over the past few years, SETX Vice President Tom Selman of PNG replied simply, "We have provided a very unique opportunity for young kids to be successful in something other than the usual school activities that kids have been offered in the past, and they have obviously responded". There are not a lot of schools that can offer that, and we are proud to provide that opportunity in these young people's lives" O'Dell concluded.

The Southeast Texas Fishing Association mission is to promote the sport of high school fishing, enable youth to become better students, anglers, and people while exposing them to all the opportunities that competitive bass fishing offers, and provide scholarships for continuing education.

With impressive numbers of teams and attendance, this year's HS Fishing Tournaments promise to be the best ever, proving that you don't have to be a professional adult angler to experience all the excitement of big bass fishing tournaments.

**The remaining 2016 SETX HS Fishing Association Tournament Schedule**  
**Sunday Mar. 6, 2016**  
**Umphrey Family Pavilion**  
**Saturday Apr. 16, 2016**  
**Umphrey Family Pavilion**  
**Sunday May 15, 2016**  
**Umphrey Family Pavilion**

**Championship Weekend**  
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**June 18 and 19, 2016**  
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## CODY TEEL...COWBOY FIRST, BULL RIDER SECOND

By Leigh Ann Schroeder

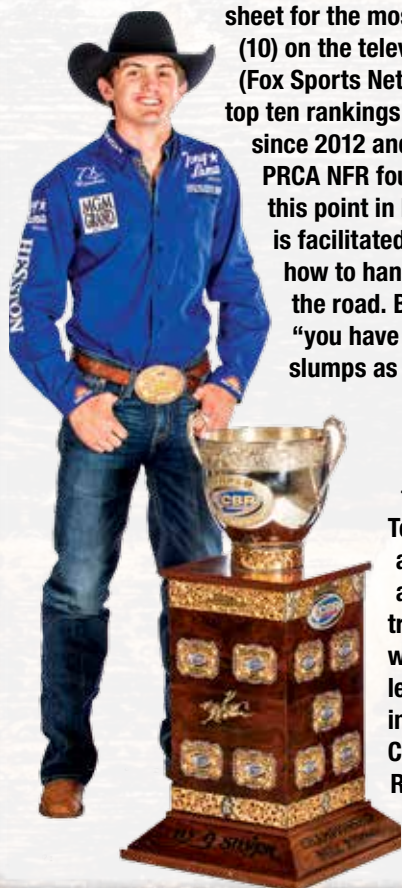
The undisputed number one bull rider in Championship Bull Riding for 2015, the 2015 Wrangler National Finals Rodeo (NFR) Average Champion, and the 2012 PRCA World Champion is none other than 23 year old Cody Teel, of Kountze, Texas. Teel's consistency during the 2015 season earned him the NFR Average Championship and the CBR World Champion title worth \$100,000. Last year's success has mirrored the consistency of his entire career.

He won the Texas High School Bull Riding Championship twice, proceeded directly to the College National Finals Rodeo Championship in 2011, and then marched into the PRCA's NFR and earned the 2012 PRCA World title followed by the NFR Average Champion title in 2013. But it does not stop there!

In Las Vegas, this past December, he rode a record 8 of 10 bulls he attempted at the PRCA's NFR, the Super Bowl of bull riding, while gathering \$213,147.44 and making history books for money earned in the bull riding at the NFR.

The evolution of this Southeast Texas bull rider is a story of true grit, grind, and growth. Cody is atop of the stat sheet for the most single title event wins (10) on the televised Road to Cheyenne tour (Fox Sports Network). He has been in the top ten rankings of the CBR World Standings since 2012 and he has qualified for the PRCA NFR four consecutive years. At this point in his career his consistency is facilitated by the fact that he knows how to handle the ups and downs of the road. Bull Riding folklore claims "you have to know how to get thru the slumps as well as ride the high tides."

Wanting to follow in the footsteps of some of the other great Southeast Texas bull riders, both Cody and his father Robbie, also a bull rider, respected the tradition of the local cowboys who went before them and learned from many of them including Stormy Gloor, Roy Carter, Howdy Cloud, Gary Richards, and Lane Foltyn, just to name a few.



"He's a cowboy first and a bull rider second," said Robbie Teel from the porch swing in Kountze, Texas. His father, a PRCA bull rider of the 1980's is currently a well-respected judge in the bucking bull industry, and thinks it is easy to pin point his son's success to that attribute.

"Being a cowboy means never giving up, being respectful of your elders and always respect the people that are trying help you and that includes the fans that bought tickets to see you ride. We were brought up that a cowboy has a code."

With that in mind Teel is active in charity work, never too busy to shake hands, sign autographs, send a fan a special birthday message, and at Cheyenne Frontier Days, teach a news anchor how to ride a mechanical bull, immediately after bucking off a live one.

The CBR World Championship gold buckle sits in his trophy room alongside the PRCA gold buckle and serves as a reminder as he continues to compete weekend after weekend to attempt a third World title, but in life, this young bull rider has already won. Follow Cody's journey on Facebook, Twitter, and Instagram. CBRBULL.COM and PRORODEO.COM



# COACH JIM GILLIGAN...

## 6 DECADES OF SERVICE TO LAMAR UNIVERSITY

*By Mike Simpson*

**L**amar baseball Coach Jim Gilligan is retiring after the 2016 season, he has coached the baseball team for 38 seasons. Jim's association with Lamar began as a player in 1967 and has lasted six decades!

In high school Jim was a multisport athlete in Bayside Queens, New York. Baseball was his passion but injuries hampered his pitching in the cold of the Northeast. Initially, Jim was recruited to play basketball at Wharton Jr. College. While at Wharton, he discovered that the heat in the South helped his elbow and lower back and his pitching career was rejuvenated. Ultimately he was offered a scholarship to Lamar State College of Technology. Jim also met his wife and greatest supporter, LaVerne, while attending Wharton Jr. College.

After a successful pitching career at Lamar, Jim was signed by the Detroit Tigers however a severe lower back injury ended his professional career. In the summer of 1970, he returned to Lamar as a graduate student and assistant baseball coach under Bill Vincent. A move to Houston found Jim as 'the token Straight Guy' at hard rock radio station, KLOL. While at KLRY, he discovered that sales was about selling yourself, about presenting ideas and building relationships, all concepts he took with him in coaching!



In 1972, Jim was offered his first head coaching job at Western

New Mexico but after only one year, Lamar contacted Jim about returning to Lamar as Head Coach. From 1973-1986, under his leadership, Lamar won seven league championships, including three straight conference championships from 1975-1977. Jim earned his 500th victory in 1986 and was the youngest coach to achieve that accomplishment!

In 1986 Jim was offered the pitching coach position with the Salt Lake Trappers of the Pioneer League and the Manager position in 1987. The

'87 team won 29 consecutive games, which broke a 68-year professional baseball record and the Pioneer League Championship. The National Baseball Hall of Fame in Cooperstown, N.Y. created a permanent display which included Coach Gilligan's No. 29 jersey and other team memorabilia, at this time Jim also met, Al Vincent, who was the manager of the Beaumont Exporters. Al Vincent was considered the "greatest living baseball mind,"





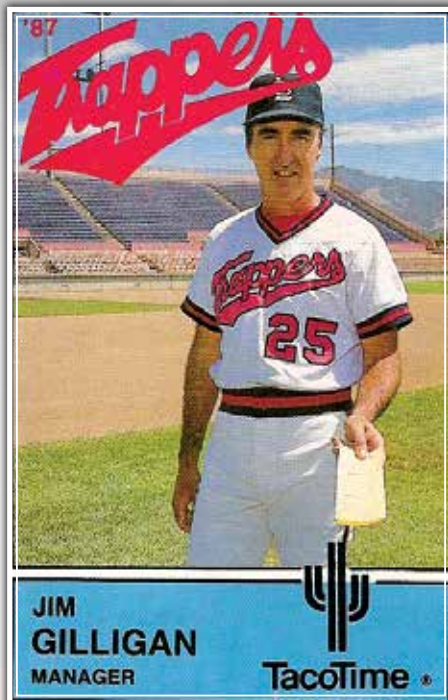
by Tommy Lasorda, legendary Manager of the Los Angeles Dodgers and by Billy Martin, Manager of the New York Yankees.

Al Vincent became Jim's mentor and the biggest influence. "Al Vincent is in my heart, every time I step onto the field," says Gilligan. (Lamar named the baseball field Vincent-Beck, after Al Vincent and Bryan Beck, a long time Lamar University Regent.) When Jim returned to Lamar in 1992, he inherited a program that had gone 120-152 in his absence, including an 18-34 in the 1991 season. Jim's first season back, the Cards improved to 32-21 and won a Sun Belt Championship the following year. Since returning to Lamar as head coach, Jim Gilligan's teams have won 11 Conference championships, 13 NCAA regional appearances and 5 conference titles.

He has been named Sun Belt Coach of the Year and Southland Coach of the Year six times. Coach Gilligan ranks fifth among the NCAA's active coaches in career victories with 1,307.

One of the greatest accomplishments was Coach Gilligan's induction into the Texas Baseball Hall of Fame in 2004. He entered the Hall with Houston Astro greats Jeff Bagwell and Craig Biggio, and Texas Ranger Kenny Rogers. He has also been inducted into the Southland Conference Hall of Honor.

Coach Gilligan has coached 133 all-conference selections, 4 All-Americans, 79 major league draftees, and 11 major leaguers. Under Coach Gilligan's tutelage Lamar has more Major League baseball scouts than any other college program. Joe McCann (1976-79) is only one of two players to be named All-Southland Conference for his four seasons, plus Mike Laudig (1976-78) is one of thirteen to be named All Conference three times. Gilligan has also coached one Southland Conference Player of the Year, 4 Hitters of the Year and 9 Pitchers of the Year. Another amazing stat is that Coach Gilligan has coached twenty-nine 30 or more win seasons, eight 40 win or more seasons and one 50 win season.



When the Southland Conference celebrated its 50th anniversary, it released five all-decade teams. Jim was listed on four of those teams. For the 1960s, Jim was listed on the team as a pitcher and on the 70's, 80's and 2000's, he was listed as coach.

In 2007, Lamar baseball fans and Cardinal Club members started the Jim Gilligan Scholarship for baseball, which assists members of the baseball team while attending Lamar. In 2010, the Beaumont City Council voted unanimously to rename the road in front of Vincent-Beck Stadium to Jim Gilligan Way. The City Council cited Coach Gilligan's excellence on and off the field.

An interesting anecdote that Jim loves telling is that LSU and Lamar used to play home & home games. Legendary LSU Coach, Skip Bertram, told him, "Jim, made more money playing in Baton Rouge than losing in Beaumont." As a side bar, new LSU coach Paul Mainieri has agreed to schedule Lamar in 2016 as tribute to Jim.

Lamar Athletic Director, Jason Henderson says, "We are extremely grateful for all that Jim has done for Lamar University, the athletic department and especially the baseball program. Jim's passion for Lamar University and baseball is unmatched."

Jim says he's not retiring, "I just won't be the head baseball coach. Baseball is the greatest fraternity in the World." Jim says the great relationships and friendships he has developed while at Lamar are enduring and life-long!

An example is the relationship he developed with David Bernsen. David played for Jim and has been his #1 supporter and greatest friend. Jim is not involved in the selection of his successor in any capacity. He is supportive of anyone that supports Lamar and the baseball program. Coach Jim Gilligan will be missed but his legacy will live forever in the hearts of Cardinal baseball fans!



## 7 IMPORTANT HOME RENOVATION TIPS YOU MIGHT'VE MISSED

By Andrea Davis

**N**ew year, new you, right? Sure! If you're like most people, the New Year is chock-full of health-and wellness-related resolutions, but why stop there? Your home could use some improvements this year, too. If a major home improvement is on your list of resolutions, it pays to have your plans established before you get started. So, to avoid your renovations becoming irritations, here are some budgeting and organizational guidelines to help you get where you're going.

### 1. Prioritize by necessity.

It's important to tackle any serious home maintenance problems before an aesthetic remodel begins.

### 2. Weigh the costs of hiring a pro.

Depending on the scope of your project, hiring a professional is a good idea. A professional will work according to deadlines, save you money on materials and avoid major mistakes that will drastically change the timeline (and cost) of your renovation.

### 3. Time the project realistically.

Before you book a contractor, make sure you understand your project's timeline. Lofty expectations for a completion date

will make your remodel difficult for everyone involved.

### 4. Check on permits.

Codes vary from city-to-city, so investigating local ordinances is extremely important for your renovation timeline.

### 5. Keep a "slush fund" handy.

Setbacks are a part of any renovation. If your house is particularly old, your timeline should allow some leeway. Also, it's important to setup a secondary account to cover any unforeseen problems.

### 6. Avoid reusing materials.

Allowing your contractor to purchase new materials is always preferable to any other alternatives.

### 7. Be prepared to move out.

If your renovation is extensive, moving out during the remodel is strongly recommended.



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## JUNKYARD FINDS THAT WILL TRANSFORM YOUR YARD

By D.E. Meek

**K**eeping and maintaining a beautiful backyard is an important part of home ownership. However, Viva Southeast Texas Magazine knows that landscaping and restyling your outdoor space can quickly get expensive. If you don't have the money for luxury-grade backyard transformations, consider junkyard or garage sell finds as the answer. A little work and paint can help make your backyard dreams come true.

### Pergola Shade

If you're lucky enough to have a pergola in your backyard, create your own stylish and functional shade with canvas material for the canopies and held with wire and grommets. When you're drawing the shades on your outdoor lounge space, it won't be that hard to imagine you're in a sunny Italian villa.

### Ice Chest

No backyard party is complete without ice cold refreshments. Serve yours in an old dresser table with an ice chest, as a built-in cooler. Basic carpentry skills are helpful for this particular job, so if you need to brush up on your hammering and drilling, then get studying.



### Lounging Chairs

If you have some old d rocking chairs or Adirondack chairs lying around the house, why not breathe new life into them. You can also find a good bargain at a thrift store or garage sale. Reuse the frame and attach lumber slats. After that, use outdoor spray paint in a metal color to create an ultramodern hybrid chair.

### Patio Bar Table

For people who love outdoor entertaining, a bar table is essential. Take a standard, table height bookcase and add a lumber top and some decorative trim. Paint or stain to your

taste. It's that simple! Just make sure to keep the bar fully stocked or even the most attractive patio furniture won't be able to help you.

### Backyard Oasis

When your backyard leaves much to be desired in the way of entertaining space, just make your own! Try using RUNNEN floor decking or concrete pavers. Your local Home-improvement store has several choices to choose from. Now just add your make-over patio finds and entertain!

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## DECORATING YOUR HOME COWBOY STYLE!

By D.E. Meek

**Y**ou live in Southeast Texas or Southwest Louisiana and you love the look of Western décor. It's only natural you would want to bring a little of that wide-open feeling into your living spaces. Whether you're adding character to your new home or getting an existing home ready to sell, it's easy to invite the West inside. You don't have to spend a lot of money or be a professional designer to do it. Below are a few inexpensive ways you can achieve that Cowboy style! Start with curb appeal, envisioning a Western landscape with river rock, stone, or drift wood. Now add a few pieces inside your home.

**1. Work the palette.** One of the easiest ways to bring a Western feeling into your home is through color. The Western palette echoes the colors of nature, like sand, rocks, wood tones, sunsets, earthy browns, cactus greens, sunset reds and oranges, icy grey waters, and big sky blues.

So with the simple use of paint, you can set the stage for other Western touches throughout your home.

**2. Think small.** You don't need a lot of space or a huge budget to pull off a Cowboy Western look. Replace your kitchen cabinet hardware with wrought iron pulls; add Navajo-inspired pillows and baskets; hang photos and artifacts of the Old West on your walls. These types of small changes will take your home in a Western direction. And of course, the look wouldn't be finished until you hang a metal Texas star. Sometimes little touches can have a bigger impact than an overall transformation.

**3. Think naturally.** One of the unifying themes of Cowboy Western decor is nature. Early settlers used what was available to make what they needed such as rustic wood, stone, hides, antlers and native grasses. Wood furniture and stone or brick fireplaces give you the natural look. Animal hides and deer antlers can also be used in your décor. So keep an eye out for materials that are natural to your area and use them to breathe the Cowboy spirit into your own home.



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# WHY EXERCISE IS THE MAGIC BULLET FOR BOOSTING METABOLISM

By Dr. Ann Kulze

**M**etabolism is the process by which your body uses fuel provided by foods you eat to produce energy at the cellular level. Of all the things you could do to insure a healthy, robust metabolism, nothing is more effective than regular physical activity. The reason is simple. Exercise can enhance metabolism through four separate ways.

Exercise, especially resistance exercise, like weight lifting, yoga, and Pilates, increases lean body mass (muscle). The amount of muscle tissue you have in your body is the primary determinant of your basal metabolic rate or BMR. BMR accounts for about 65% of the total calories your body burns daily. Muscle tissue is highly active and burns fat very effectively. For perspective, one pound of muscle burns fourteen calories a day, while one pound of fat burns just three calories.



The more you exercise, the more muscle tissue you can maintain or even build. The value of resistance exercise to enhance metabolism becomes even more important as we age. Unfortunately, loss of muscle tissue is a predictable

part of the aging process, but taxing those muscles, especially resistance exercise, can mitigate this loss.

The act of exercising leads to a significant, transient increase in metabolic rate. This is called "afterburn." Aerobic exercise, especially vigorous activity, provides the most "afterburn." High intensity interval (HIT) exercise, which entails very brief (15 seconds to 1 minute) of very intense (85-100% max heart rate) aerobic activity alternating with three to four minutes of very light activity is a very time-efficient way to exploit "afterburn."



Exercise increases the numbers of and the activity of our cell's fuel and fat-burning machinery known as mitochondria. The more mitochondria you have and the better they operate, the more fat you can burn and the more energy you will have. Although all forms of exercise can increase mitochondria, HIT is particularly potent.

Exercise, especially aerobic activity, improves the activity and action of the all-powerful, mother hormone of metabolism, insulin. The better your insulin works, the more efficient is your metabolism, therefore better will be your overall health.



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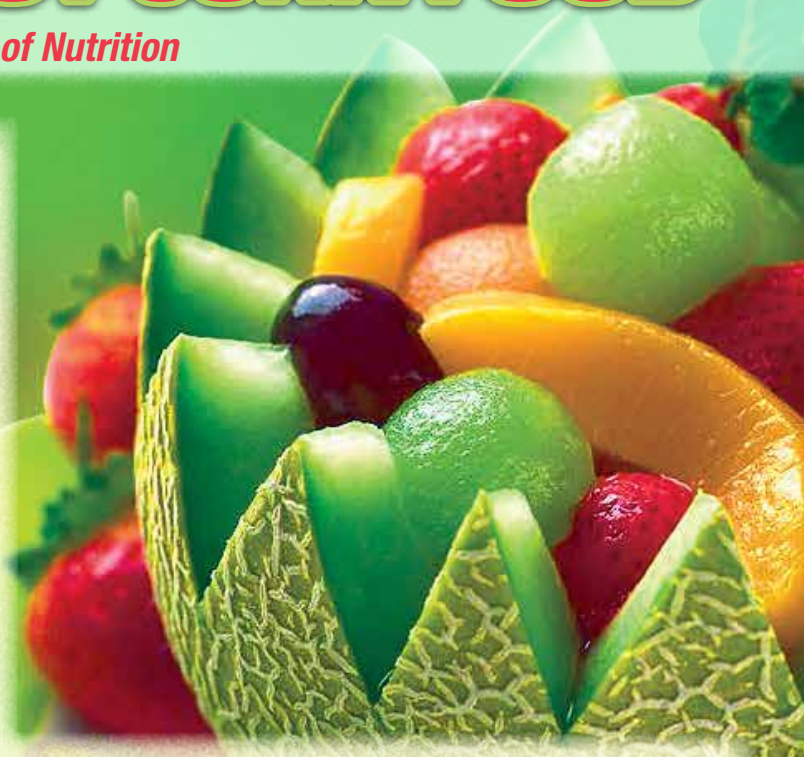
## REAL FOOD, NOT JUNK FOOD

By Council of Nutrition

**W**e consume a lot of calories at home. Unfortunately, home has become the place for fast food and snack food convenience. While not ideal, home is where we grab the candy bar or bag of chips and sit in front of the television. Home is where we sit down to eat after stopping at the drive-thru. But it doesn't have to be. The steps below will give you specific actions that you can take to turn your home into a healthy environment for your entire family.

### Make Real Food Easy

Healthy foods should be the easy snacking options around the house. We grab for chips or cookies because chips and cookies are there. If fruit is sitting in a bowl on the counter, we would grab for that instead. Real foods should also be the easy meal options around the house. This takes planning. We often stop at the drive-thru for a quick dinner instead of going to the grocery store to pick up food to prepare. Make your trips to the grocery store last for the week. Plan out the meals you will eat every night so that the quick fast food stop is not even a temptation.



### Create Healthy Traditions

Show respect to any traditional meals prepared for your family, and show respect to your family by making those meals good for their health. Infuse your traditional dishes with fresh produce and spices and consider growing all the veggies and herbs you need in a family garden. Some of our favorite meals often include meat. By replacing fatty meats with lean meat and grilling instead of frying you can quickly cut down the calories of your family's favorites.



### In Your Own Backyard

Introduce your family to the idea of farm-to-table foods, or better yet, family-garden-to-family-table foods. Your family will have a stronger connection to the healthy foods they eat when they feel a sense of ownership over the fruits and vegetables they've helped plant, watched grow, and prepared for their meals. Growing your own fruits and vegetables will keep your family attuned to what's fresh and what's out of season. The vibrant colors and flavors of your seasonal produce can encourage you to try new recipes and healthy recreations of old recipes.



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2. Marshall and Danielle Smith, Zynetta Morrow, Britt Godwin, Collin Slaughter, and David & Debbie Slaughter
3. Heart to Heart Band, David Slaughter, Colin Slaughter, Britt Godwin and Danielle Smith

## Beaumont Chamber of Commerce Awards Event

4. Harold Whitfield, Dessie Richard, Tiffane Nguyen, Tommy Patrizi, Rhonda Robichau, Patti Standley, Robin Fore, and Laura Kressman
5. Tom Broussard, Laura Kressman and Dale Champagne
6. Tom Broussard, Steve Grantham (volunteer of the year) and Regina Lindsey



**Jim Gilligan's 4th Annual Lamar University Baseball Players Association Golf Tournament Held at The Clubs of Kingwood. With Major League Baseball Players & Celebrities.**

7. Tracy Byrd and Jim Gilligan
8. Coach Jim Gilligan poses with several former MLB players and friends



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9. Beaumont Leadership presents check
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## CHUCKWAGON BEANS

### Ingredients:

1 lb. hamburger or ground turkey	pinto beans
1/2 c. cubed smoked bacon	1 can (15oz.) drained kidney beans
1 tbsp. minced onion	3 tbsp. ketchup
1 clove garlic minced	2 tbsp. mustard
1 fine chopped deveined jalapeno pepper	1/4 c. Maple syrup or dark Karo syrup
1 can (15 oz.) pork & beans undrained	3 tbsp. brown sugar
1 can (15 oz.) drained	Hungry Jack biscuits
	1 c. shredded cheddar cheese

### Instructions: Yields: 10 Helpings

Pre-heat oven to 375 degrees.

1. In big pot. Brown and drain ground meat, set aside.
2. In same pot saute' bacon. Add onion, garlic and jalapeno. Cook for about 3 minutes and then add next 7 ingredients. Bring to a boil, stirring constantly. Pour in a baking casserole dish.
3. Top casserole first with biscuits then with cheese.
4. Bake 30 minutes.



## COUNTRY HAM STEAKS WITH REDEYE GRAVY

### Ingredients:

1 tsp butter  
2- 4 oz. country ham steaks  
1 tbsp. brown sugar  
1/4 c. brewed coffee (strong, or leftover from the day before)

### Instructions: Yields: 2 Servings

1. Heat a large cast-iron skillet or heavy saucepan over medium-high heat and melt the butter. Add the country ham steaks and sprinkle half of the brown sugar over each steak. Cook for about 1 minute. Turn the steaks and cook until the brown sugar begins to caramelize, about 1 minute more. Remove from the pan and keep warm.
2. Deglaze the pan with the coffee, making sure to scrape up any brown bits, and simmer until reduced by about half. Plate the steaks and top with the redevye gravy.





## SPOTTED PUP

### Ingredients:

2 cups water	Cinnamon to taste
1 cup rice	1 tablespoon vanilla
Handful of raisins	1 tablespoon rum
¼ cup molasses or sugar	



### Instructions: Yields: 8 Helpings

1. Put everything in the pot after water begins to boil; stir frequently until water is absorbed by the rice.
2. Cover and lower the temperature to simmer. White rice usually takes 20 minutes.
3. Good by itself or add a topping such as pecan or cashew nuts, fruit such as peaches will make a good topping.

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**Brazos Cattle Company**  
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**Jerry Nelson's Hill Country Wood Fired Grill**  
3871 Stagg Dr • 409.212.9650

**Logan's Roadhouse**  
4185 N Dowlen Rd • 409.347.2977

**Longhorn Steakhouse**  
5950 Eastex Fwy • 409.892.1212

**Outback Steak House**  
2060 I-10 S • 409.842.6699

**Saltgrass Steak House**  
325 I-10 N • 409.813.8138

**The West**  
6445 Calder Ave • 409.866.4733

**White Horse Bar & Grill**  
7150 Eastex Fwy • 409.347.0764

### BARBECUE

**Boontown BBQ**  
6385 Calder Ave. • 409.554.8432

**Broussard's Links Plus Ribs**  
2930 S 11th St • 409.842.1221

**Patillo's Bar-B-Q**  
610 N 11th St

**Tony's Barbecue and Steakhouse**  
3375 Calder Ave • 409.838.2162  
5860 Eastex Frwy • 409.892.3100

### CAFETERIAS

**Luby's Cafeteria**  
2695 I-10 E • 409.838.5566

### CONTINENTAL

**The Fig Pig**  
797 North 5th St • 409.347.7353

**The Grill by Arfeen, Smith & Payne**  
6680 Calder Ave • 409.866.0039

**Suga's Deep South Cuisine & Jazz Bar**  
461 Bowie St • 409.813.1808

### PORT ARTHUR

**Applebee's Neighborhood Bar & Grill**  
3330 Hwy 365 • 409.729.1021

**Beau Reve**  
4400 Atlantic Rd • 409.962.2422

**Buffalo Wild Wings**  
8845 Memorial Blvd  
409.724.0046

**Bruce's Seafood Deli**  
6801 9th Ave • 409.727.3184

**La Cantina Mexican Grill**  
7960 Memorial Blvd • 409.727.0404

**Casa Olé Restaurant & Cantina**  
3100 Hwy 365 • 409.727.5377  
4801 N Twin City Hwy • 409.963.0185

**Cheddar's Casual Café**  
8005 Memorial Blvd • 409.729.5800

**Chili's**  
8665 Memorial Blvd • 409.727.3675

**Dylan's Restaurant and Grill**  
8601 9th Ave • 409.722.1600

**H2O Seafood & Grill**  
7675 Memorial • 409-237-5305

**IHOP**  
8685 Memorial Blvd • 409.721.6310

**Jason's Deli**  
170 Central Mall • 409.727.6420

**Judice's French Market**  
3005 7th St • 409.982.3522

**King Buffet**  
7675 Memorial Blvd • 409.721.6868

**La Hacienda Mexican Restaurant**  
7700 9th Ave

**Luby's Cafeteria**  
4840 Hwy 73 • 409.962.0261  
8680 Memorial Blvd • 409.724.0043

**McAlister's Deli**  
8393 Memorial Blvd • 409.729.3354

**Sake Sushi Bar**  
8691 9th Ave • 409.722.7253

**Scholtzsky's Deli**  
8745 Memorial Blvd • 409.721.9997

**Sertino's**  
7675 Memorial Blvd • 409.724.7012

**Tequilla's Mexican Restaurant**  
4231 Gulfway Dr • 409.983.7545

**Texas Roadhouse**  
8575 Memorial Blvd • 409.722.2246

**Tokyo Japanese Steakhouse & Sushi Bar**  
3300 Central Mall Dr • 409.729.0641

**Tony's BBQ**  
2749 Memorial Blvd • 409.984.5444

**Tropical Grill**  
4300 Hwy 365 • 409.724.1002

**Tuscany Italian Restaurant**  
3600 Hwy 365 • 409.724.1881

**Waffle House**  
2940 Jimmy Johnson Blvd • 409.724.2141  
4505 Twin City Hwy • 409.962.7522

### GROVES

**Big Daddy's Grill**  
3848 Main Ave • 409.548.4856

**China Inn**  
4848 Twin City Hwy • 409.962.2431

**Colichia's Italian Village**  
5601 E Parkway St • 409.962.7711

**The Courtyard Café & Gift Mall**  
4321 Lincoln Ave • 409.962.2850

**Famous Buffet**  
5080 Twin City Hwy • 409.962.1888

**Sneaky Pete's**  
3900 Pure Atlantic Rd • 409.963.1241



**Larry's French Market & Cajun Restaurant**  
3701 Pure Atlantic Rd • 409.962.3381

**Tony's BBQ & Steaks**  
4700 Twin City Hwy • 409.962.7427

## NEDERLAND

**Bobby's Homestyle Cooking**  
2750 Nederland Ave • 409.722.0561

**Butcher's Korner**  
1155 Boston Ave • 409.722.4831

**Carmela's Mexican Restaurant**  
1203 S Hwy 69 • 409.729.0760

**Champagne's Specialty Cakes**  
812 S Twin City Hwy • 409.729.2288

**Davis Donuts and Deli**  
1706 Hwy 365 • 409.729.5100

**Eaton Meats**  
2505 Nederland Ave • 409.722.3200

**Golden Croissant**  
2904 Hwy 365 • 409.727.5399

**Grand Buffet**  
2250 Hwy 365 • 409.722.6668

**John's Grill**  
112 N 11th St • 409.727.1393

**La Suprema Mexican Restaurant**  
3105 Hwy 365 • 409.722.2880

**Mazzio's Pizza**  
3028 Hwy 365 • 409.724.0500

**Novrozsky's Hamburgers, Etc.**  
3016 Hwy 365 • 409.724.7553

**Rao's Bakery & Deli**  
3504 Hwy 365 • 409.729.7267

**Sartin's Seafood**  
3520 Nederland Ave • 409.721.9420

**The Schooner Restaurant**  
1507 Hwy 69 • 409.722.2323

**Taco Rey Mexican Restaurant**  
1505 Nederland Ave • 409.721.5100

**The Tamale King**  
2495 N Twin City Hwy • 409.724.6666

## PORT NECHES

**Billy Joe's Bar-B-Q**  
2029 Magnolia Ave • 409.727.1482

**Carla's Cupboard**  
2117 Magnolia Ave

**Celeste's Tamales**  
3102 Saba Ln • 409.722.1172

**Joe's Pizza and Pasta**  
2839 Nall • 409.727.3961

**La Fiesta Mexican Restaurant**  
2337 Nederland Ave • 409.729.2500

**The Neches Café**  
2401 Port Neches Ave • 409.729.3849

**Neches River Wheelhouse**  
720 Lee Ave • 409-853-1249

**Sea Ranch Cafe**  
1305 Magnolia • 409.722.6057

## ORANGE

**Barking Dog Coffee Lounge**  
109 5th St • Orange • 409.330.4065

**Casa Ole**  
1717 N 16th St • Orange • 409.886.0642

**Denny's Inside Flying J Truck Stop**  
7112 I-10 W • Orange • 409.883.4720

**Gary's Coffee Shop**  
2650 I-10 • Orange • 409.886.9019

**Guadalajara**  
137 MacArthur Dr • Orange • 409.883.4214

**J. B.'s BBQ**  
5750 Hwy 90 • Orange • 409.886.9823

**Lucy's Café & Bakery**  
2488 MLK Dr • Orange • 409.883.332

**Old Orange Café**  
914 Division • Orange • 409.883.2233

**Robert's Restaurant & Steakhouse**  
3720 N Park Ave • Orange • 409.883.0979

**Romanos 8:31 Italian Restaurant**  
1207 N 16th St • Orange • 409.883.9142

**Senor Toro's**  
2308 Lutchter Dr • Orange • 409.883.2443

**The Jumping Bean**  
7174 N Hwy 87 • Orange • 409.883.5858

## LOUISIANA

**Lake Charles La Truffe Sauvage**  
815 West Bayou Pines Dr • 337.439.8364  
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**Hollier's Cajun Kitchen**  
1709 Ruth • Sulphur, LA • 337.527.0061

**restaurant calla**  
1400 Market Street in Lake Charles, Louisiana

**Seven Clans Buffet at Coshatta Casino Resort**  
777 Coshatta Dr  
Kinder, LA • 800.584.7263

**Steamboat Bill's**  
1004 Lakeshore Dr • Lake Charles, LA  
337.494.1070 • [www.steamboatbills.com](http://www.steamboatbills.com)

## OTHER AREA RESTAURANTS

**Al-T's Seafood & Steakhouse**  
244 Hwy 124 Spur 5 • Winnie, TX  
409.296.9818

**Captain Ron's Seafood**  
310 S Pine St • Kountze, TX • 409.246.3700

**Cinnamon Patch**  
590 Wilson • Vidor, TX • 409.762.8545

**County Line Diner**  
805 N LHS Dr • Kountze, TX • 409-751-5151

**Hamburger Depot**  
141 N LHS Drive Suite 211,  
Lumberton • 409.755.4411

**Hush Puppy Seafood Restaurant**  
1202 N Main St • Vidor, TX • 409.769.7403

**James Brown's Gumbo House and Grill**  
975 N Main St • Vidor, TX • 409.769.1206

**Mama Jack's**  
215 N Pine St • Kountze, TX • 409.246.3450

**Mi Pueblo**  
980 Hwy 327 E • Silsbee, TX  
409.385.5288

**Munchies Ole'**  
1198 N 5th St • Silsbee, TX • 409.385.5003

**Napoli's Italian Restaurant**  
835 S Main St • Lumberton, TX  
409.227.4611

**Novrozsky's Hamburgers**  
441 S Main St, Lumberton • 409.755.1224  
1170 TX-327, Silsbee • 409.386.6300

**Peggy's On The Bayou**  
2682 E Round Bunch  
Bridge City, TX • 409.886.1115

**Pickett House Restaurant**  
Hwy 190 W • Woodville, TX • 409.283.3371

**Pine Tree Lodge**  
3296 Pinetree Rd off LaBelle Rd between  
Hwy 73 & 365 • LaBelle, TX • 409.796.1600

**Sure Catch Seafood**  
605 W Round Bunch Rd  
Bridge City, TX • 409.313.6140

**Tequila's Mexican Restaurant**  
1085 Texas Ave • Bridge City, TX  
409.738.3510

**The Cottage**  
5125 Old Evadale • Silsbee, TX  
409.385.9057

**West Texas Style BBQ**  
3078 US Hwy 96 • Silsbee, TX  
409.385.0957

## JERRY NELSON'S HILL COUNTRY AND BACKYARD MUSIC HALL

**J**erry Nelson's Hill Country is the place to go for great dining and entertainment. The Backyard Music Hall features music performances from the best local entertainers to some of the biggest names in country and rock.

The Wood Fire Grill specializes in Country cuisine rooted in some of the region's most prevalent culinary influences, including Southern cooking, Mexican and Tex-Mex cuisine, barbecue, Cajun food, and farm-to-table techniques. Yet, it has its own distinctive qualities, merging comfort food sensibilities, bold flavors, and attentiveness to quality and consistency.

Go early and enjoy a drink from the well stocked bar. Looking for something different try the burnt ends, smoked quail knots or fried asparagus from the appetizer list. From the extensive entrée menu, try the grilled capricola ham and gouda cheese sandwich, the cold smoked grilled salmon, or how about the crab cake stuffed portabella mushroom ribeye. Of course all the steaks are US certified Angus Beef.

The Wood Fire grill is open from 11 am -4 for lunch with 20 items under \$15 Monday – Saturday and closed Sundays

For a complete menu, hours and entertainment listings, go to [www.jnhillcountry.com](http://www.jnhillcountry.com)





# Wine Culture Goes Casual

By Viva Southeast Texas Magazine



**W**hether it's relaxing at home, dining out at a restaurant or celebrating with friends and family, Southeast Texans are enjoying wine at a wider variety of occasions than ever before. In fact, 85 percent of frequent wine drinkers now believe that wine is equally appropriate for casual and formal settings alike.

Today's attitudes and behaviors toward wine drinking were recently captured in the second Gallo Consumer Wine Trends Survey, commissioned by E. & J. Gallo Winery. The survey of 1,000 frequent wine drinkers found that 82 percent enjoy between one and five glasses per week, which they enjoy at a wide range of occasions. This is a good sign for the wine industry as well as the local wineries of Southeast Texas.

A more casual approach to wine suggests that shoppers are more likely to try new wines across a range of prices. In fact, more than one-third of survey respondents classified themselves as a "wine adventurer," while only 3 percent of those surveyed self-identified as "wine snobs."



More wine tasting events means more opportunities to try new wines. The top factors that inspire a frequent wine drinker to try something new are recommendations from friends, family members and coworkers. All the Southeast Texas wineries offer wine tasting events and more restaurants are offering a larger selection on wine. More and more liquor stores and grocery stores are carrying local wines for all occasions as social trends change to more casual meetings and get togethers with family and friends.

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[www.facebook.com/dvinewinery](http://www.facebook.com/dvinewinery)





## Wingate Ranch Party with Family & Friends

1. Tamra Pool, Bailey Wingate, City Councilman Mike Getz and his wife Tax Assessor Collector Allison Getz
2. Judge and Mrs. John Stevens with Ray Beck
3. Skeeter Jones and Jared Foreman Band
4. Jim Broussard, Hope Colston, and Fletcher Pipkin

## Having Fun with Friends & Clients

5. Carrabba's 5-Course Dinner Gang with Roxanne Hellberg, Kimberly Guidry, Zynetta Morrow, Amy Chance, & Britt Godwin
6. At L'Aubgere with Mike Simpson and James & Trudy Johnson
7. Gathering with Coach Ray Woodard and friends including Sherrene Cook and Wilber Pate
8. Fun night at MacKenzie's Pub with Britt Godwin of BB & Co. Band, Zynetta Morrow and Yvonne and Joe Balderas
9. Julius Gonzalez and Lisa Gonzalez Fiorenza at MCM Elegante
10. Cumulus Radio with Gary Lee Love at The West with Cowboy Harley

## Celebrating Valentine's at YMBL Ladies Night

11. Kimberly Guidry, Cassie Fiorenza Simpson, Huey Buxton, Laura Kressman, and Jacki Burleson
12. Anne & Clint Lewis with Wayne & Susan Margolis
13. JoRita Lyle & Steve Lyle with Chris Colletti
14. Laura and Joey Kressman



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## FRANK MARTIN GILLIGAN

### "FROM THE BURROWS OF NEW YORK TO TEXAS SINGER-SONGWRITER!"

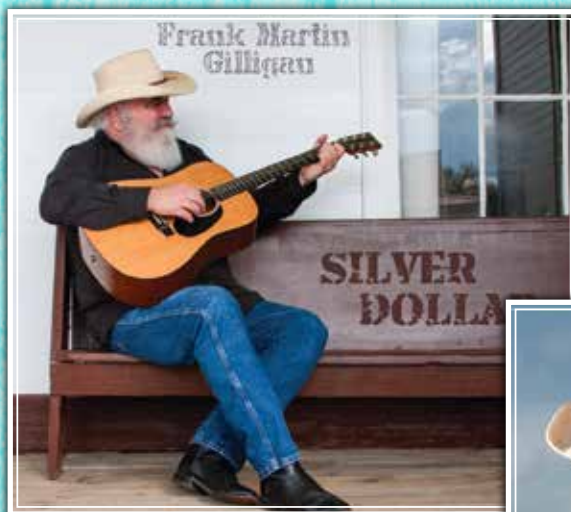
By Mike Simpson

**F**rank Gilligan came to Beaumont to join his brother, Lamar baseball coach Jim Gilligan, as equipment manager. A friendship was formed with Rick Henderson, a sports reporter for the University Press, Frank and Rick started singing around town and eventually formed a band and called themselves, Mason Dixon. The band was comprised of Frank, Rick and Jerry Dengler. Mason Dixon played the Texas night club scene and eventually toured the US and Canada.

In 1987 Mason Dixon became the first band to have a Top 40 Country Billboard single on an Independent label with the release of 3935 West End Avenue. Shortly, thereafter, Mason Dixon was signed to a recording contract with Capitol Nashville and released their most successful single, Exception to the Rule. Henderson left the group in 1989, to be replaced by Terry "Caz" Casburn (vocals, bass). A second album for Capitol, Reach for It, was completed but never released.

Some highlights of Frank's career as lead singer with Mason Dixon include:

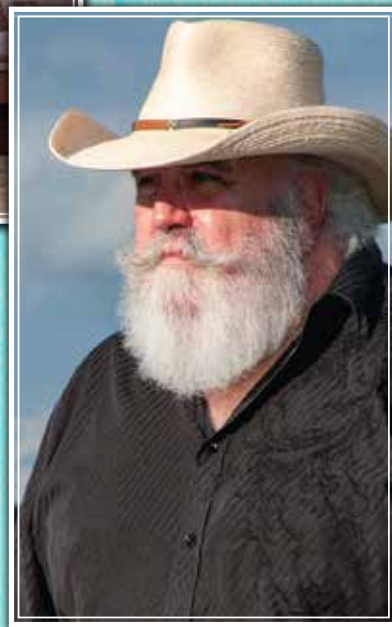
- Nine straight number 1 hits on the Independent Country Music Charts
- Selected for the 1985 "New Faces Show" in Nashville
- Wrote and recorded a "Don't Mess With Texas" radio spot 1986
- Voted CASHBOX Magazine "Independent Vocal Group of the Year in 1987"
- # 5 CMT hit video with the group's signature song "When Karen Comes Around"
- Filmed a 1987 Christmas special with Charlie Daniels on the stage of The Grand Ole Opry



One of the first musical acts to be sponsored by JUSTIN BOOTS Mason Dixon stopped touring in 1993, and Frank returned to Houston and put music aside for some time. After a bout with cancer in 2009, Frank realized that he wasn't finished making music.

As a single singer-songwriter Frank has made quite a name for himself. He has won the 2013 Songwriter Serenade Competition, 2014 Kerrville New Folk Songwriter Winner and first overall in the 2015 Dallas Wildflower Arts & Musicfest.

His newest CD, Silver Dollar, is comprised of all original songs written and performed by Frank. It can be purchased at his website: <http://www.frankmartingilligan.com/store>.





## EATING IN LOUISIANA'S OUTBACK —

By Lake Charles/Southwest Louisiana  
Convention & Visitors Bureau

## Boudin

Philadelphia might have the cheese-steak sandwich. New York may boast of its pizza, and Texas has barbecue -- but Southwest Louisiana has Boudin, and eating it guarantees that a visitor will leave with a tingling palate, full stomach and an official certificate of their becoming a true Louisianan.

Boudin is a sausage made with meat and rice and is generally considered the signature food of Southwest Louisiana. It's a culinary gift from the French Cajuns who settled in Louisiana after being sent out of Nova Scotia in the 1700s by the British. The sausage and its many recipes originated in the prairie regions of the Bayou State and traveled to Calcasieu Parish.



Years ago, Cajun families would get together to slaughter a hog, an event known as a boucherie. The families left nothing to waste so boudin was made with the leftover parts of the animal. Today, boudin is made with ground pork, liver, rice, parsley, onions, salt, black pepper, red pepper, and other seasonings that vary from cook to cook. The sausage can be steamed or smoked, much to the delight of many residents.

The best way to find your favorite boudin is to sample it. In Southwest Louisiana that means travelling the Southwest Louisiana Boudin Trail along U.S. Interstate 10 and visiting any mom and pop food establishment, specialty meat shop, or grocery store that has boudin fresh or packaged. To find all of the 29 stops on the Southwest Louisiana Boudin Trail, log on to [www.visitlakecharles.org/boudintrail](http://www.visitlakecharles.org/boudintrail).

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# Calendar of Events

## May 1<sup>st</sup> 2016

**North Turkey Creek Trail Hike**  
Starting 1:30PM, Free admission.  
Big Thicket National Preserve  
6102 FM 420 • Kountze, TX  
(409) 951-6700

## May 5<sup>th</sup> 2016

**McFaddin-Ward Spring Picnic**  
5:00PM - 7:00PM, Free admission.  
McFaddin-Ward House  
1906 Calder Avenue • Beaumont, TX  
(409) 832-1906

## May 5<sup>th</sup> - 8<sup>th</sup> 2016

**Gulf States Camera Club  
Council Annual Convention**  
MCM Eleganté Hotel & Conference Center  
2355 Interstate 10 S • Beaumont, TX  
(409) 782-4312

## May 6<sup>th</sup> 2016

**Mike Ryan and Kimberly Dunn**  
9:00 PM Doors, 7:00 PM \$12 - \$24.50  
Jerry Nelson's Hill Country  
3871 Stagg Drive Beaumont, TX  
(409) 838-9966

## May 6<sup>th</sup> - 8<sup>th</sup> 2016

**Texas Crab Festival**  
Fri. 4pm-Midnight Sat. 10am-Midnight  
Admission \$11.54un. 10am-6pm Free  
Admission  
Gregory Park  
Hwy 87 Crystal Beach, TX

## May 7<sup>th</sup> 2016

**Rent The Musical**  
7:30PM, Matinee 2:00PM.  
Beaumont Community Players  
4155 Laurel Ave • Beaumont, TX  
(409) 833-4664

## May 7<sup>th</sup> 2016

**Maypole Festival**  
12:00 PM - 6:30 PM  
Maypole wrapping happens at 5:00PM.  
Adults, \$3, Kids (12U) & Costumed  
Adults, Free.  
Beaumont Botanical Gardens  
6088 Babe Zaharias Dr • Beaumont, TX  
(409) 842-3135

## May 7<sup>th</sup> 2016

**Boys Haven Crawfish Food  
and Music Festival**  
10:00 AM to 7:00 PM  
Tickets \$10 each  
Parkdale Mall  
6155 Eastex Frwy • Beaumont, TX  
(409) 866-2400

## May 7<sup>th</sup> 2016

**St. Michael  
Mediterranean Festival**  
11:00 AM - 8:00 PM \$10  
St. Michael Orthodox Christian Church  
690 N. 15th Street • Beaumont, TX  
(409) 767-2685

## May 7<sup>th</sup> - Dec 12<sup>th</sup> 2016

**Farmers Market**  
8:00 AM - 11:00 AM  
Beaumont Athletic Complex  
950 Langham Road • Beaumont, TX

## May 9<sup>th</sup>-June 10<sup>th</sup> 2016

**Courage Under Fire: 135 Years of  
the Beaumont Fire Department**  
8:00 AM to 4:30 PM Free admission. Fire  
Museum of Texas  
400 Walnut • Beaumont, TX  
(409) 880-3927

## May 12<sup>th</sup> 2016

**Eli Young Band**  
9:00 PM Doors, 7:00 PM \$25  
Jerry Nelson's Hill Country  
3871 Stagg Drive • Beaumont, TX  
(409) 838-9966

## May 12<sup>th</sup> 2016

**David Lackey Lecture:  
Antiques, Porcelain & Glass**  
6:30 PM Free admission.  
McFaddin-Ward House  
1906 Calder Avenue • Beaumont, TX  
(409) 832-1906

## May 13<sup>th</sup> 2016

**Classic Movie Night: "Selena"**  
7:30 PM Doors open at 6:00 PM. \$5  
Jefferson Theatre  
345 Fannin Street • Beaumont, TX  
(409) 838-3435

## May 13<sup>th</sup>-15<sup>th</sup> 2016

**SETX Soap Box Derby**  
Fri. 5pm Practice Runs  
Sat. 8:30am Opening Ceremony  
Sun. 9am till finished  
Maury Meyers Bridge • Beaumont, TX

## May 14<sup>th</sup> 2016

**Beaumont CVB  
Destination Training**  
8 am-2:30 pm  
Register online at  
www.beaumontcvb.com  
Award-Winning program designed to  
educate and inspire a renewed sense of  
pride in our community.

## May 20<sup>th</sup> 2016

**Shinyribs**  
9:00 PM Doors, 7:00 PM \$20-\$32.50  
Jerry Nelson's Hill Country  
3871 Stagg Drive • Beaumont, TX  
(409) 838-9966

## May 21<sup>st</sup> 2016

**Free Family Arts Day:  
Migrate to AMSET**  
10:00 AM - 2:00 PM Free admission.  
Art Museum of Southeast Texas  
500 Main St • Beaumont, TX  
(409) 832-3432

## May 21<sup>st</sup> 2016

**National Kids to Parks Day**  
Free admission.  
Big Thicket National Preserve  
6102 FM 420 • Kountze, TX  
(409) 951-6700

For More Events Go To  
[www.vivasoutheasttexas.com](http://www.vivasoutheasttexas.com)





## Beaumont CVB 26th Annual Hall of Fame Awards

1. Ross Russell, Stephanie Molina, Eureka Young, Ashley White, & Dean Conwell
2. Pam Pate and Jim Baxter
3. Cindy Torrans, Courtney Burch-Arkeen, Mike Simpson with Sandy & Michael Eaves
4. Dean Conwell
5. Virtue Alexander of MCM Elegante' Hotel is awarded the 26th Annual Hall of Fame Service Award
6. Rebecca Woodland and D. Ryan Smith

## Fun at MacKenzie's Pub

7. The Rick and Rick Show Band
8. Britt Godwin and Chuck MacKenzie

## 2016 South Texas State Fair & Rodeo

9. Steve Lyles & Andy Foote, the President and Chairman of the Fair & Rodeo
10. Don Gay with Paisley & James Ware



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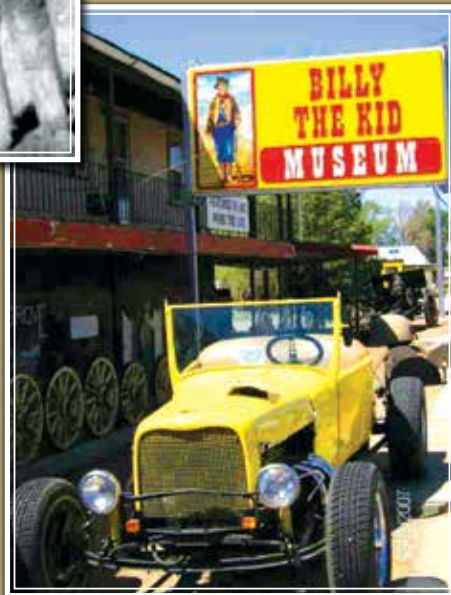




# COWBOYS, RUSTLERS AND BILLY THE KID

**W**illiam Bonney (aka, Billy the Kid) escaped from the Lincoln County Jail on June 17, 1879. My Mother's grandfather (aka, Grandpa) was playing marbles in the street that day as Billy the Kid road right past him. "He tipped his hat and smiled right at me, but his eyes were those of a stone cold killer and right there and then, I decided I didn't want to be an outlaw", Grandpa would often tell me. He loved to talk about the "old west" and the years he was a young cowboy, and I loved hearing his stories. He had an easy way of making the past come to life.

He grew up in the Hondo valley of the New Mexico territory and was a real cowboy working on the nearby John Chisum ranch. Grandpa was 23 years old when he and two of his best friends were night riding on one of Chisum's cattle-drives heading to Santa Fe. As they walked their horses beside the sleeping herd, singing to the cattle, ten men wearing bandanas over their faces appeared, firing their guns toward them. Rustlers were trying to take the herd. Grandpa said that contrary to what most people believed, cowboys didn't tend a herd of cattle wearing holsters with guns (too easy to have an accident). In fact, most cowboys were not "pistoleros" but relied on their rifles when they needed them. Outlaws, gunslingers and killers were the ones that used the famous colts. Grandpa and his friends could only



shout for help from the cowboys who were in camp. During the ordeal, one of his friends was shot and died in Grandpa's arms. When the other cowboys from camp showed up, they all took chase after the rustlers. It was still dark, making it difficult to see the prairie dog hole Grandpa's horse stepped in, breaking it's leg and rolling back on top of my Grandpa.

Grandpa's leg was crushed and the cowboys were so far from the nearest doctor. They found some old tree limbs and bound his leg up. He had to ride in the chuckwagon that way till they reached Santa Fe. By then, his leg was crooked and pretty well set. The doctor told Grandpa, he would have to re-break the leg in order to set it correctly. Grandpa said no and spent the rest of his years as a cowboy being a chuckwagon cook or a lineman for the ranch.

After Chisum's death, Grandpa worked for several ranchers in the Hondo area till he opened his own meat market in Roswell, New Mexico. He died in 1968. He was a real live cowboy from his Stetson to his boots and in many ways, my hero.

You can make a trip to Fort Summer, New Mexico and visit the Billy the Kid Museum to learn more interesting facts about this famous outlaw, John Chisum and cowboys like my great grandfather.



# JASPER LIONS BENEFIT RODEO 70 YEARS YOUNG!

By Joy Wooley

In 1947 the Jasper Rodeo arena was built and founded by the Jasper Rodeo and Cattle Company. Area Lions club's including the Kirbyville Lions Club, held their FFA shows along with the first rodeo in the new arena, benefiting the local High School FFA students. Over the course of years, the rodeo has grown. It now includes a rodeo Queen, a parade and live entertainment

Since the beginning it has attracted some of the best cowboys and is known as the longest consecutive PRCA event in the state of Texas. Some of the biggest names in entertainment have performed in the past, such as Eddie Arnold, Hank Williams Jr., Willie Nelson, Trace Adkins, Black Shelton and local boy, Tracy Byrd, before thousands of fans.

2016 marks the 70th year of the Jasper Lions Benefit Rodeo. The event runs May 11th through May 24th with Johnny Lee as the main headliner in the live entertainment. His song, "Looking for Love" from the movie *Urban Cowboy*, launched his

career to super stardom. There will be top PRCA rodeo cowboys and cowgirls every night, offering thrills and spills, along with the antics of rodeo clowns and special performances by John Payne, the One Arm Bandit.

This is the best in family fun, so come out and celebrate the 70th birthday of the Jasper Lions Benefit Rodeo. For more information and tickets, contact [www.jaspelionsrodeo.com](http://www.jaspelionsrodeo.com)



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## WORLD GYM OWNER, JODY NOLAN: “I SURVIVED POINT DUME (DOOM)!”

By Kathie Platt

**O**n March 19, 1989, youthful bravado and a quest to attain the summit in a free climb induced Jody Nolan and two best friends (on Spring Break in Malibu) to take on the sandstone cliffs at Point Dume. Rising a couple hundred feet above the beach, the peak beckoned. While his two buddies navigated the cliffs ahead of him, Jody brought up the rear during the hour-long ascent.

One loose rock, however, turned an exhilarating, triumphant climb into tragedy as 19-year-old Jody lost his handhold and bounced dangerously down the rock face to a battered unconsciousness, sustaining multiple life-threatening injuries, including obvious head trauma, massive chest trauma, fractured ribs, and a collapsed lung. While the doctor doubted Jody would survive, much less walk again, after eight hours in surgery—and nearly six weeks in a coma—Jody reawakened to the world around him and the long road ahead of him.



I could get back to the gym, I was there everyday in my wheelchair to rehabilitate. Within two to three

years I was back to fighting shape, better than I had been before my accident.”

The biggest challenge for Jody was a change in direction for his life. He had originally planned to join the Marine Corps Reserve after graduating from Lamar University as a Criminal Justice Major. After his accident, the Corps would no longer accept him. So Jody devoted himself to a new cause—developing a topnotch workout facility in Southeast Texas. In 1995 he opened World Gym Fitness Centers, followed in 2004 by World Gym Express.

Jody also caught the acting bug. Still in rehab in Galveston, he tracked down Chuck Norris who was filming Sidekicks (1992) in Houston and was hired as the stunt “stand in” to Eric Norris (Chuck’s son). Jody also played himself in several scenes during the Rescue 911: Point Dume episode (1992), narrated by William Shatner. He performed stunt work and extra work in Point Man (1994) with Jack Scalia; in Gambler Five (1994) with Kenny Rogers; and as one of the Texicans in The Alamo (2004), starring Dennis Quaid and Billy Bob Thornton. He produced and performed in Con Games (2001) with Eric Roberts; and One More Round (2015) with Kevin Sorbo, both in LA; and Noble Things (2008), shot on location in Southeast Texas. Recently Jody played a bad guy in the fight scenes in The Martial Arts Kid (2015).

Today Jody is at peace with his change of course in life: building one of the most successful workout gym franchises in Southeast Texas, mixing it up with the actor’s life as a stunt man, stunt coordinator, and film producer. He considers his near tragic fall a wakeup call. “All that attention helped pull me back. When I consider all the people who helped me, I know I can never thank them enough—or repay them,” Jody reflects, always looking to the next project ahead.

“I had trauma to every system in my body,” Jody recalls. “I think I survived because before the fall I was in great shape. I knew how to train, so as soon as



**World Gym Fitness**  
Center 229 Dowlen Rd., #5  
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**World Gym Express**  
4045 Dowlen Rd.  
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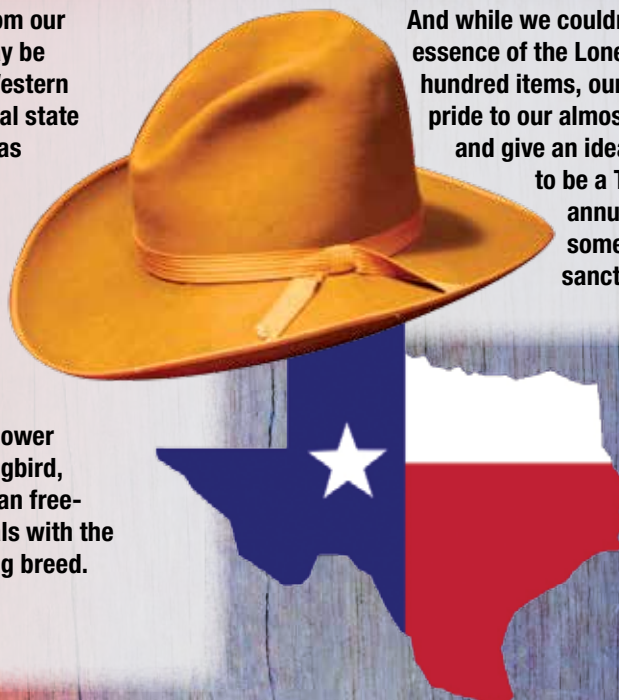
# Viva Special Report

## WHAT IT MEANS TO BE A TEXAN, OFFICIALLY

By Senator John Cornyn

**A**s Texans, we have a style of our own, from our hospitality to our headwear. But you may be surprised to hear the iconic symbol of Western culture, the cowboy hat, only became an official state symbol this past year courtesy of the 84th Texas Legislature. This makes Texas the first state to designate an officially sanctioned hat.

The cowboy hat is just one of dozens of items ranging from food to flower to fossil that are Texan enough to be deemed official state symbols. According to the Texas State Library and Archives, 76 items, things, or activities have now earned official status. The official flower is the bluebonnet. Our state bird is the mockingbird, and the longhorn, the armadillo and the Mexican free-tailed bat are among our official state mammals with the American quarter horse and the Blue Lacey dog breed.



And while we couldn't possibly capture the essence of the Lone Star State in even one hundred items, our 76 official symbols bring pride to our almost 27 million residents and give an idea of what it really means to be a Texan to our millions of annual visitors. Now that's something to hang our state-sanctioned cowboy hat on.



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### The Beaumont Camera Club

**T**he Beaumont Camera Club consists of a group of people of varied ages, interests, and backgrounds, who love photography and the desire to share their knowledge of the art and science of photography.

They meet the first and third Monday each month at the Beaumont Garden Center. Activities include monthly competitions, programs, workshops, slide presentations, and field trips. Occasionally they take a weekend photo trip or attend seminars and conventions. Mostly we are a group of people enjoying being with others who share an interest in photography.

This year they will host the 2016 Gulf States Camera Club Council Convention to be held May 5th thru May 7th. For more information, call Betty Nichols at 409.988.5530. Call today and don't miss the fun!



## WINGATE RANCH...A MODERN RANCH WITH A HISTORY!

By Joy Wooley

**T**he Wingate ranch, located off Griffith Road, near Highway 365, was established in 1831. The original Mexican land grants are still part of the ranch today, as are the David Burrell League, the JJ French League and the William Carr League. The David Burrell League was a grant from the Republic of Texas and today includes the Wingate Ranch headquarters. The Wingate family history is connected to the JJ Burrell League, as JJ Burrells' daughter, Elsie Electra, married Bailey Wingate. The Wingate legacy in Texas history is historic as Bailey's father, William, fought at the Battle of San Jacinto and William's brother fought and was killed at the Siege of Goliad. To continue the Wingate family history and their connection to the ranch, one of Bailey and Elsie's sons was Rube, and Rube was father to Jim. Jim and his two sons, William and Bailey, own and operate this working ranch today.

Jim remembers many of his father Rube's stories and tales of the history of the Wingate Ranch and their family's connection to it. One of his favorite stories was about William Carr and his pirate friend, Jean Lafitte. The pirate was known to travel up Taylor's Bayou with loads of contraband. The residents of the area were grateful for the opportunity to purchase luxuries otherwise unavailable to them.

Today the ranch is approximately 7000 acres and raises Beefmaster cattle, as well as registered quarter horses. SR Instant Choice is their cutting horse stud; his offspring have earned over 5 million dollars. Another prized cutting horse is Chica San Badger, a champion National Cutting Horse Association mare. Both SR Instant Choice and Chica San Badger are King Ranch bred. King Ranch is known to produce some of the finest Quarter horses in the world.

Other Wingate family operations include oil and gas production. The bottom photo is of a well that blew out on the ranch, circa 1955. Jim Wingate was ten years old at the time and witnessed it firsthand while working cattle on horseback! "Since then, my Dad has been pretty aggressive in picking up contiguous properties to the ranch which included mineral rights" says Bailey.

Another Wingate venture is land and subdivision development. The area around Highway 365 and LaBelle Road will eventually encompass more than 1000 acres of quality, residential housing and lots. They have recently opened the fourth of five



units of the Ridgecrest Subdivision and are selling 1-5 acre tracts.

An interesting sidebar are the cattle brands that are still used today:

DL- established in 1840 by JJ Burrell, now used by Jim Wingate

NF- is the brand William Wingate uses that was started in 1840 by Nancy French, mother of JJ and George Burrell

J5- formerly the brand of JJ French, currently used by Bailey Wingate

H5- is the brand belonging to Tanya Wingate, it originally belonged to Nancy Tevis. The Tevis family had a pull-across ferry that crossed the Neches River across from the Beaumont Court House in the 1840's. The Wingate's are direct descendants of the Tevis family. The Wingate Family represents the ideals, traditions and spirit of Texas!





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## Britt Godwin's Remember When Orchestra Playing at MacKenzie's Pub

1. The Britt Godwin's Remember When Orchestra
2. David Slaughter, Carolyn Slaughter and Britt Godwin

## Promptu Ribbon Cutting

3. Brad Hamilton, Misty Karr, Jason Markham and Lance Mendiola
4. Promptu Staff, Dr. Kimberlie Gonzales, Taylor Gates, Kimberly Carter, Nyaah Guillory, Jodi Clarke and Lisa Dawson
5. Dean Terrabonne and Greg Rodgers
6. Jason Markam and Paul Trevino
7. Priscilla Ocha, Greg Rodgers, and Baylor Wortham

## Dana Johnson Williams of Remax Real Estate, Celebrating 16 Years at the Annual Client Appreciation Bash Held at Suga's

8. Heather Schlimgen with Stephanie Lanoue
9. Dana Johnson Williams and Charlie Foxworth

## Celebrating Jacki Burleson's Birthday with Friends at Carrabba's Wine-Wednesday

10. Pam Gage, Sharissa Lahaye, Kimberly Guidry, birthday girl Jacki Burleson, Sherry Smith, and Cassie Fiorenza Simpson

## Leadership Beaumont Groups Presentation at the Downtown Event Center

11. Nick Peters, Audine Rathbun, Nathan Badeaux, Roxanne Hellberg, Sharae Reed, Rebecca Prince and Cassie Fiorenza Simpson
12. Brian Garcia, with Allison Getz and Bridgette Johnson
13. Sharae Bassett Reed and Bridgette Johnson entertain on stage



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## Greater Beaumont Chamber of Commerce Birthday Celebration

1. Sharita Gardner, Jessica Hill, Cheryl Kizer, Dale Champagne, cutting the cake Regina Lindsey, Shenna McMahan, Tina Marshall, Sade Chick, Amy Babineaux and Frances Clark
2. Cassie Fiorenza Simpson and Mike Simpson with Regina Lindsey
3. Scott Miller and Kym Mello
4. Eddie Arnold, Bob Hamer and Baylor Wortham



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## Taste of the Triangle

5. Greg Kerr, Jody Nolan and Jasmine Styles
6. Avi and Allan Tate
7. Scott and Emily Brackin with Terri and Lee Potter
8. Gary Lee Love and Al Caldwell

## Alaskan Nights Dinner at the Elks Lodge featuring Tracy Byrd

9. Tracy Byrd holding Mattie Edwards
10. Tracy Byrd pays tribute to our Armed Forces



9



10

## Carrabba's Wednesdays Wine Gathering

11. Shawn Bruno, Kim Guidry and Dean Conwell
12. Amy and Scott Miller with Terri & Lee Potter



11



12

## Fun at MacKenzie's Pub

13. Brett and Susan Benoit
14. Trish & Kevin Bohm, Mike Simpson, Kim Guidry, and Roxanne & Eric Hellberg



13



14



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