VOLUME 3 ISSUE 4 VOLUME 3 ISSUE 4 Connective Poeulo to Poeulo Magazine

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CELEBRATE







SNEAK PEEK AT THE NEW GOLDEN NUGGET CASINO

Viva History:

The First Natives of

Places of Interest

Alabama-Coushattta Indian Reservation in Woodville & Coushatta Casino Resort in Kinder, LA

Viva Spotlight:

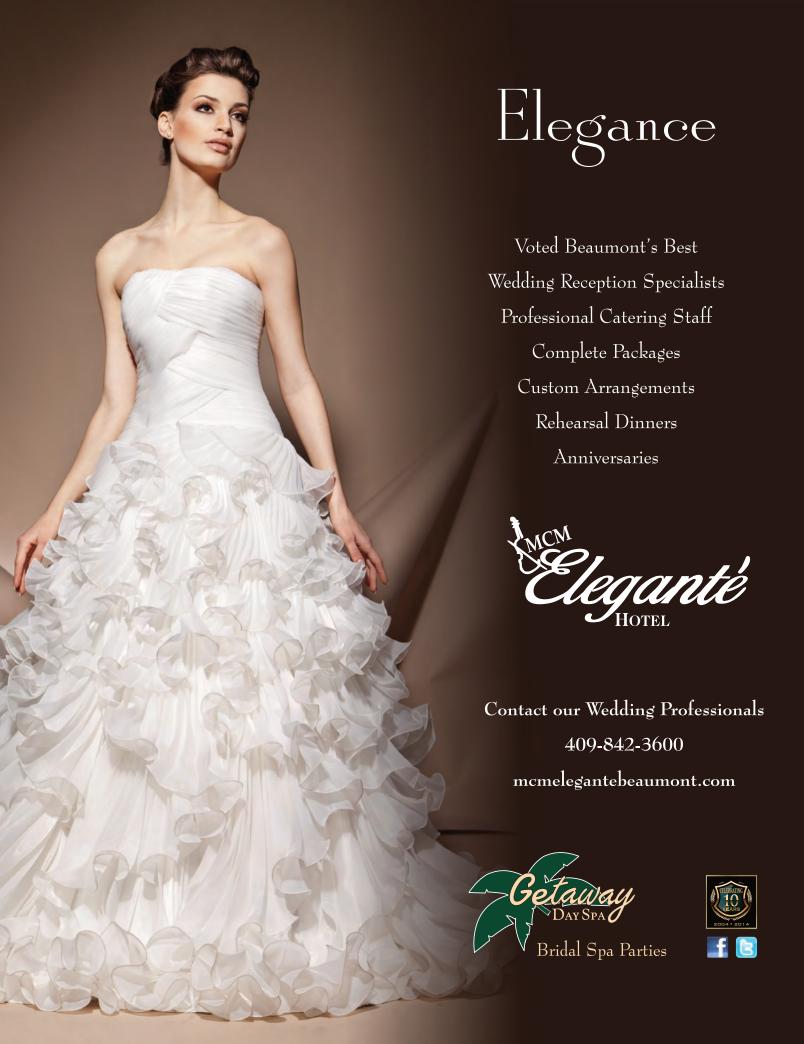
Bob Phillips, Texas Country Reporter

> Fashion & Beauty: The Fit of Fashion

Tall Tales & Short Trips:

A Chinese
Christmas at Dam B

Outdoors & Sports: Sure Shot Duck Calls



elcome to the *Viva Southeast Texas* Magazine "Winter Issue," where we celebrate the end of 2014 and the beginning of 2015. Winter means that it is time to get warm and cozy as well as closer to our loved ones. In this issue, you will find easy tips on how to do that, whether decorating your homes, getting ready for a party, or cooking up something in a slow cooker for a family meal.

Explore the places and roads with Bob Phillips, the Texas Country Reporter, in Viva Southeast Texas Magazine's Spotlight story. And while you are exploring, meet the first people of Southeast Texas along with a visit to the oldest Indian reservation in Texas. After that, travel to Kinder, Louisiana and send a fun filled week-end at the Coushatta Casino Resort.

Winter also means Super Bowl, Lamar basketball, duck hunting season, and now professional soccer at the Ford Entertainment Center. Don't forget Valentine's Day and Mardi Gras Southeast Texas style! This is also the season for crawfish, and an old fashion crawfish boil is the best way to get family and friends all together. Viva Southeast Texas Magazine promised a "Sneak Peek" on the new Golden Nugget Casino. Read page 47 and get the scoop!

There are plenty of reasons to celebrate this season, and the entire staff at Viva Southeast Texas Magazine wants to wish you a "Happy New Year" for 2015. So stay warm, stay healthy and celebrate!







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We support our community, as we have served on boards for the Lamar Cardinal Club, Diocese of Beaumont Catholic Schools, Crime Stoppers, Little Dribblers and Little League. We also support Meals On Wheels, the Julie Rogers "Gift Of Life" program, various local charities and organizations.

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"The fact that since 1986 Mike Fuljenz has won so many major awards in so many diverse categories, including the top NLG award 'The Clemy,' underscores how important his peers in the rare coin and precious metals markets view Mike's excellent analysis and reporting."

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Market-wise consumers, business competition, increasing demand from government all point to the need for greater efficiencies in the way businesses market themselves. The individuals, companies and organizations featured in "Pwa Southeast Crear have made a valued contribution to this publication. However, no representation is made about the quality of services to be performed or the expertise of the individuals, companies or organizations performing such services.





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Viva Salutes

DR. JACK GILL: *ENTREPRENEUR, EDUCATOR, PHILANTHROPIST*

r. Jack Gill was born in the Southeast Texas town of Lufkin. He was the fourth of six children. His parents were poor and under-educated but provided a loving and caring household. Jack was an insecure child and lacked self-confidence due to his older siblings who were smarter and better athletically. As a sophomore in high school, his chemistry teacher became his mentor. Jack became the best chemistry student in school, even while working in a local grocery store. When Jack approached his parents about college, they informed him that he would have to make it on his own. After graduating fifth in his class, he moved to Beaumont to attend Lamar. He worked forty hours a week and took a full load of classes in chemistry and engineering. He graduated in four years with honors in both fields! While in college, Jack read "Think and Grow Rich" by Napoleon Hill, a book that set the tone for his life! The book outlined eight characteristics necessary for a rich life: ambition, awareness, curiosity, enthusiasm, patience, perception, perseverance and positiveness. Dr. Gill was able to attend graduate school at Indiana University through fellowships and teaching assistantships, where he completed his doctorate in organic and biochemistry.

Upon graduation, Dr. Gill went to work for Monsanto as a scientist and engineer. With his background in science and engineering, he was instrumental in the early development of chromatography and wrote and published papers significant in his field. After numerous research, design and inventions in chromatography, Dr. Gill was hired as Vice President of Research and Development at Wilkins until the company was bought by Varian Associates. "These were the fledgling days of Silicon Valley," says Dr. Gill. "It became a mega event; the world's greatest business experiment. It was an incredible experience and I was lucky to be there from the beginning." Dr. Gill left to start his own company, Autolab, which made the world's first microprocessor-based computers for use in laboratories. He merged his company with Spectra Physics, Inc. (which later became the world's largest maker of lasers) where he served as President and Co-COO. As the company grew and became more corporate, Dr. Gill grew restless, at age forty, he left and founded Vanguard Venture Partners, which grew to a multi-billion dollar VC firm. He retired from Vanguard in 2000 and was recruited to the Harvard Medical School faculty to teach Entrepreneurship to Medical students. Dr Gill then joined the MIT faculty to teach **EECS (Electrical Engineering Computer Science) courses.** Presently, Dr. Gill is on faculty of Harvard Medical School, MIT, Rice and Indiana University teaching courses in science, medicine, and entrepreneurship. Dr. Gill has won numerous awards, including the Horatio Alger Award for Distinguished Americans. He has been recognized by governors, academia,





and he serves on numerous boards, including serving as a trustee for Indiana University, a member of the board of the MD Anderson Cancer Center, Project Hope and the National Academies.

Jack has been married to his wife, Linda, for over forty years. They have four children who have eleven college degrees among them. Linda and Jack have always stressed the importance of education, a willingness to work harder, smarter, and longer than those around you! Dr. Gill preaches that "Education is a great enabler." Dr. Gill and Linda founded the Gill Foundation of Texas to focus on educational philanthropy and have donated over \$30 million. The Gills' have endowed the Jack Gill Chair of Technology **Entrepreneurship at Lamar, the Gill Center for Bimolecular** Sciences at Indiana University and established and endowed the Gill Heart Institute at the University of Kentucky, Linda's alma mater.. Dr Gill co-founded The Grand Order of Successful Entrepreneurs (GOOSE) Society of Texas, which funds high-tech start-ups. He also founded both Velocity at IU and Ignite at Rice. These programs take 40-50 graduate students to visit the real world of entrepreneurialship and actual start-up businesses in Silicon Valley. According to Dr. Gill, these programs are "fueling tomorrow's entrepreneurs." These three-day programs are an immersion experience, where students visit companies like Google, Tesla Motors, Cisco or Hewlett Packard. They meet and have "fireside chats" with actual successful entrepreneurs. Dr.Gill has now added ten Lamar students to this program!

Dr Gill has been instrumental in the formation of the Center for Innovation, Commercialization and Entrepreneurship at Lamar. Dr. Gill and Linda are committed to giving back... "We are dedicated to providing support, time and money to the institutions that prepare young men and women for their careers. We are committed to giving back to the systems that gave us so many opportunities." Join us as we salute Dr. Jack Gill, a son of Southeast Texas!

THE FIRST PEOPLE OF SOUTHEAST TEXAS AND SOUTHWEST LOUISIANA...INDIANS!

he first known people to settle in Southeast Texas were two tribes of Native Americans, the Atakapa people and the Karankawa. The Atakapa people, an indigenous Indian tribe of the Southeastern Woodlands and the Gulf of Mexico called themselves the Ishak, pronounced "ee-SHAK", which translates as the People. Their name was Choctaw in origin, it means "man eater", and was the name learned by the Europeans from the Choctaw. The Atakapa lived in river valleys, along lake shores, and coasts from Galveston Bay, Texas, to Vermilion Bay, Louisiana.

The Atapaka ate shellfish and fish. The women gathered bird eggs, the American lotus (Nelumbo lutea) for its roots

and seeds, as well as other wild plants. The men hunted deer, bear, and bison, which provided meat, fat, and hides. The women cultivated varieties of maize. They processed the meats, bones and skins to prepare food for storage, as well as to make clothing, tent covers, tools, sewing materials, arrow cases, bridles and rigging for horses, and other necessary items for their survival. The men made their tools for hunting and fishing: bows and arrows, fish spears with bone-tipped points, and flint-tipped spears. They used poisons to catch fish, caught flounders by torchlight,

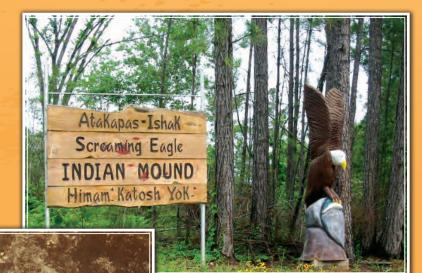
and speared alligators in the eye. The people put alligator oil on exposed skin to repel mosquitoes. The Bidai (warriors) snared game and trapped animals in cane pens. By 1719, the

Atakapa had obtained horses and were hunting bison from horseback. They used dugout canoes to navigate the bayous and close to shore, but did not venture

far into the ocean. In the summer, families moved to the coast. In winters, they moved inland and lived in villages of houses made of pole and thatch. The homes of chiefs and medicine men stood on earthwork mounds made by previous cultures.

After 1762, when Louisiana was transferred to Spain, little was written about the Atakapa. Infectious disease epidemics of the late 18th century caused many fatalities

among them. Survivors joined the Caddos,



Northeast of Southeast Texas, and other surrounding tribes. Today there are still some culturally distinct Atakapa people who have survived into the 20th century. This group met in Southern Louisiana in 2006 to elect a council.

The second group of Native Americans that settled in Southeast Texas

was the Karankawas. The Karankawas inhabited the Gulf coast from Galveston down to Corpus Christi, and mainly coastal prairie grassland, cut by streams and occasional forests. The Europeans described the Karankawas as tall (six foot) well-built and, muscular. The men were stark naked, with lower lip and nipples pierced and covered in alligator grease to repel against mosquitos. They were happy and generous, with amazing physical prowess... They bathed everyday summer or winter and they were great hunters using cedar bows and arrows. They hunted deer and bear with bow and arrows.

From the gulf waters, using dugout canoes, they took oysters, clams, scallops, mollusks, turtles, fish, porpoises, alligators and underwater plants. Deer were hunted, occasional buffalo, bear, peccary, smaller mammals, and ducks. Berries, nuts, seeds and other plants were gathered. No foods were continuously plentiful; when the harvest was good they gorged at repletion. Unique in their gluttony, they eat

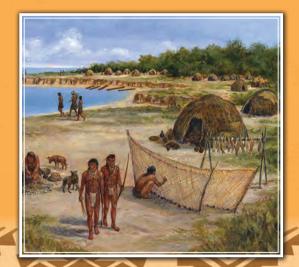


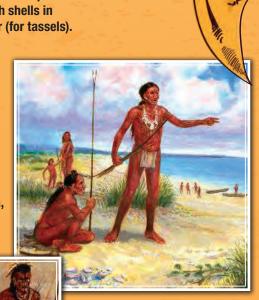
locusts, lice, even human flesh. In spring they would subsist exclusively on oysters with the exception for a month they ate blackberries. Fires for cooking were built in willow pole shelters. They traded with the inland tribes conch shells in exchange for skins, red ocher, flint, and deer hair (for tassels).

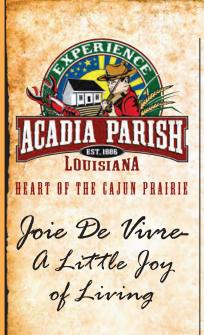
The now extinct Karankawas became the accepted designation for several groups or bands of coastal people who shared a common language and culture. Those bands, identified in early historic times, included the Capoques (Coaques, Cocos), Kohanis, Kopanes (Copanes), and Karankawa proper (Carancaquacas). They inhabited the Gulf Coast of Texas from Galveston Bay southwestward to Corpus Christi Bay. All spoke a little-known language called Karankawa, and only about one hundred words of that language have been preserved. Most believe

the name Karankawa means "dog lovers" or "dog raisers." That translation seemed the most logical, since the Karankawas reportedly kept dogs that were described as a fox-like or coyote-like breed. The Karankawas were poorly equipped, nomadic people who migrated seasonally between the barrier islands and the mainland. Their movements were dictated primarily by the availability of food and secondarily by climate.

The Karankawas and Atakapa played an important role in the early history of Southeast Texas. Many of their early trails became the roads we travel on today.







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Southeast Texans Love Indians!

By Joy Wooley

ocated between Woodville and Livingston. Texas is the Alabama-Coushatta Tribe of Texas reservation. the oldest Indian reservation in Texas. The **Alabama-Coushatta Tribe** is one of six federally recognized tribes of Alabama and Koasati Native-American Indians. The tribe is governed by a democratically elected seven-member council, as well by a principal chief and second chief who serve for life.

Every June the tribe hosts an annual powwow, which includes dancing and dressing in their native clothes. The tribe numbers about 500 people who have opened their reservation along Lake Tombigbee to the public. A paved road completely encircles the yearly restocked lake, which provides a variety of fish for the amateur angler.

The lake area offers ideal spots for picnics, camping and swimming. There are a total of 131 campsites available to accommodate those who wish to rough it out in the primitive section, as well as full hook-up sites for RVs and campers. The reservation also has cabins for rent. There are modern restrooms and a general store as well. At the store, you can purchase a pine needle basket, an art form that the Alabama-Coushatta Tribe is known for.

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The Coushatta Tribe of Louisiana is also one of the six federally recognized

tribes, comprised of Alabama and Koasati Native-American Indians, and much of their history, culture and art is similar to the Alabama-Coushatta Tribe in Southeast Texas. Efforts implemented by the Coushatta Tribe, including major utilities improvements and educational opportunities, have helped to greatly enhance the lives of resort employees and their families.

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Fire Museum Of Texas 400 Walnut St • Beaumont • 409.880.3927 firemuseumoftexas.org

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409.898.0348 • jjfrench.com

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Buu Mon Buddhist Temple 2701 Procter St • Port Arthur

Charpentier Historic District 1205 N Lakeshore Dr • Lake Charles, LA 337.436.9588

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6342 Phelan • 409.866.3144 409.860.4617

AGK's Jewelry Box 3050 Dowlen Rd. Ste. K (Fountain Plaza) Beaumont • 409-225-5277

Ashton House

6250 Phelan Blvd • 409.860.7233

Bando's Gift Shop

215 N 11th St • 409.212.8445

Bella Bella

5925 Phelan • 409.860.1924

Cantu Fine Jewelry 5905 Phelan • 409.866.5859

Cavender's Boot City

6185 Eastex Frwy • 409.347.1770

3195 Dowlen Rd • 409.860.9763

Ellis Pottery 3737 Calder Ave • 409.839.8473

Gaudie & Co.

6025 Phelan • 409.860.4433

Jackie's

6755 Phelan • 409.861.5762

James Avery 3050 Dowlen Rd • 409.860.4827

The Joy Shop

4391 Calder Ave • 409.899.2293

Kitchen Koncepts

4338 Dowlen Rd • 409.899.8668

Flagship Mail Room 148 S Dowlen Rd • 409.866.4643

La Tee Da Boutique

4004 Dowlen Rd • 409.835.0202

Luxe Boutique 4036 Dowlen Rd • 409.239.5561

McManus Company

Monica's Mark Inc

5955 Phelan Blvd . Beaumont

409.860.4030

Nickolina's 1257 West Lucas • 409.896.2543

4132 Dowlen Rd • 409.898.1340 409.898.0919

Pappagallo

3350 Dowlen Rd • 409.866.1917

Parkdale Mall

6155 Eastex Frwy • 409.898.2222 parkdalemalltx.com

Posh Baby

5955 Phelan • 409.860.3331

3939 Dowlen Rd • 409.892.9663

The Purple Door

6474 Phelan • Beaumont 409.832.9200

Purse Strings

6385 Calder Ave • 409.866.9742

Sam's Western Store 5090 College St • 409.842.2625

Tuesday Morning 6410 Phelan • 409.866.4885

Ya Ya Club Clothing Co 414 Dowlen Rd • 409.861.3341

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Lincoln Avenue Shops

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4300 Lincoln Ave • 409.963.0626

The Courtyard Cafe & Gift Mall 4321 Lincoln Ave • 409.962.2850

Created Designs

4343 Lincoln Ave • 409.962.5925

MacArthur Drive • Groves • 409.886.2442

Hannah Bay's

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Herbal Insanity

4343 Lincoln Ave • 409.962.3400

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The Painted Porch 4311 Lincoln Ave • 409.960.7998

Resale Boutique 4233 Lincoln Ave • 409.962.1030

Snooper's Paradise

5509 Lincoln Ave • 409.962.8427

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Gypsy Rose Boutique/Salon 305 East Ave J • Silsbee • 409.385.2600

105 Hwy 96 S, Silsbee • 409-385-0793

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Serenity & Co. Boutique/Salon 214 N Main • Lumberton • 409-224-5924

Two Chix Boutique 74 N LHS Drive • Lumberton

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Belly Button - A Kids World 2115 Nederland Ave • 409.727.6918

Burkett's Emporium 1517 S Hwy 69 • 409.722.5111

The Candle Cottage 1234 Boston Ave • 409.721.5018

The Classy Peacock 1100 A Boston Ave • 409.729.3567

Dana's Custom Jewelry 135 Boston Ave • 409.722.0661

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2808 Nederland Ave • 409.724.1208

Gaudie & Co. 1143 Boston Ave • 409.729.2700

Gaudie Couture 1140 Boston Ave • 409.729.2790

Holland House Antique & Gift Mall 1205 Boston Ave • 409.721.9900

The Kids Kloset 1144 Boston Ave • 409.729.2289

Let's Party

1027 Nederland Ave • 409.727.6047

Molly's Home Decor & Fine Gifts 3316 Hwy 365 • 409.853.4542

Nederland Jewelers

3308 Hwy 365 • 409.724.2045

Occasions 1229 Boston Ave • 409.729.8555

The Old Mercantile Antique & Co-Op 1166 Boston Ave • 409.724.1886

The Patio

1223 Boston Ave • 409.729.3407

The Rustic Door 1344 Boston Ave • 409.722.6255

Sew Much More

1336 Boston Ave 409.853.4387

Simply Chic 2907 Nederland Ave 409.722.2442

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Mathews Jewelers

126 Strickland Drive • Orange 409.886.7233

5572 FM 408 • Orange• 409.697.1218

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Flagship Mailroom & Emporium 4700 Hwy 365 • 409.724.0474

Mardi Gras of Southeast Texas Store 3830 Hwy 365 • 409.721.8717

Naomi's Fashions 3433 Twin City Hwy • 409.963.3839

Tiffany's Fashion & Gifts

1600 9th Ave • 409.985.8886 **Two & Co. Boutique** 8720 Central Mall Dr • 409.721.5040

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Port Neches Super Saturdays Held every third weekend of the month

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Dressin' Up 1115 Port Neches Ave • 409.729.7806

Joy's Lagniappe 1303 Port Neches Ave • 409.365.2651

Naanee's Baubles & Bling

Old Towne Flea Market

1303 Port Neches Ave • 409.722.2265

1216 Port Neches Ave • 409.721.9690 **The Yellow Rose**

13

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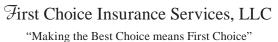
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Be Aware of the Risks of Not Investing!

By Kevin Bohm

ou've no doubt heard about the risks associated with investing. This investment carries this type of risk, while that investment carries another type of risk. And it is certainly true that all investments do involve some form of risk. But

what about not investing? Isn't

there some risk associated
with that, too?
In fact by staying
on the investment
sidelines, or at
least by avoiding
long-term,
growth-oriented
investments,
you may incur
several risks. Here are
some to consider.

You might not keep up with inflation. If you put all your

money under the proverbial "mattress" or, more realistically, keep it all in "cash" instruments and very short-term investments, you might think you are "playing it safe." After all, you might reason, your principal is protected – so even if you don't really make any money, you're not losing it either. But that's not strictly true, because if your money is in investment vehicles that don't even keep up with inflation, you can lose ground. In fact, even at a relatively mild three-percent annual inflation rate, your purchasing power will decline by about half in just twenty five years.

You might out live your money. For a sixty-five-year-old year old couple, there's a fifty-percent chance that one spouse will live past age ninety, according to the Society of Actuaries. This statistic

suggests that you may need your investments to help provide enough income to sustain you for two, or even three, decades in retirement.

You might not be able to maintain your financial independence. Even if you don't totally run out of money, you could end up scrimping by or, even worse, you could become somewhat dependent on your grown children for financial assistance.



For most people, this prospect is unacceptable. Consequently, you'll want to make appropriate financial decisions to help maintain your financial independence.

You might not be able to retire on your terms. You would

probably like to decide when you retire and how you'll retire – that is, what sort of lifestyle you'll pursue during retirement. But both these choices may be taken out of your hands if you haven't invested enough to retire on your own terms.





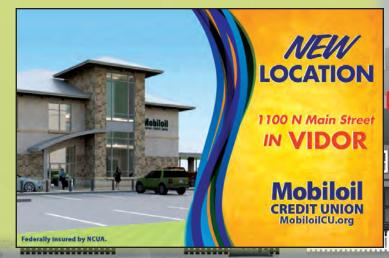
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Your might not be able to leave the type of legacy you desire. Like most people, you would probably like to be able to leave something behind to vour family and to those charitable organizations you support. You can help create this type of legacy through the appropriate legal vehicles such as, a will, a living trust and so on - but you'll still need to fund these mechanisms somehow. That means you'll need to draw on all your financial assets, including your investments.

Work with your financial advisor to determine the mixture of growth and income investments you need during your working years and as you move toward retirement to help you meet your retirement goals. However you

decide to do it, get into the habit of investing, and never lose - because the risks of not investing are just too great.









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Calder Baptist 1005 N 11th St • 409.892.4251

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Blessed Sacrament 780 Porter St • 409.833.6089

767 Avenue A • 409.835.7788

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Student Center 1010 E Virginia • 409.835.3972

Our Lady of the Assumption 4445 Avenue A • 409.835.5343

Our Lady of Lourdes 1600 N. Main St • Vidor 409.769.2865

Our Mother of Mercy 3390 Sarah St • 409.842.5533

St Anne

2715 Calder • 409.832.9963

St Anthony Cathedral Basilica 700 Jefferson St • 409.833.6433

St Joseph's Church 1115 Orange St • 409.835.5662

St. Jude Thaddeus Catholic Church 6825 Gladys Ave • 409.866.5088

St Mary's Church 9894 Gilbert Rd • 409.794.2548

St. Martin de Porres 7467 Boyt Road • Cheek 409.794.2548

St Pius X Catholic Church 5075 Bigner Rd • 409.892.3316

Golden Triangle Church On The Rock 6955 Hwy 69 S • 409-722-1962

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Temple Of Praise Christian Church 723 Coley St • 409.833.0496

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Westgate Church of Christ 6390 Westgate Dr • 409.866.1451

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4090 Delaware St • 409.892.4227

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St James United Methodist Church 2485 Blanchette St • 409.833.4867 **Trinity United Methodist Church**

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Dowlen Road Church of Christ 3060 Dowlen Rd • 409.866.1996

Goodwill Missionary Christian 190 N 10th St • 409.832.0418

My Father's House 4397 Calder • 409.892.3456

New Hope Deliverance

International Ministries 890 Grant St • 409.832.5010

Newsong Covenant Church 3175 S Major Drive (temporary Worship Site) • 409.866.7972

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8060 Eastex Fwy • 409.896.5055

Northwest Church of Christ 7750 Highway 105 • 409.898.4034 **Praise Church**

8325 Walker Rd • 409.898.0020 The Vein Of God Internation

Covenant Ministries 3190 Washington Blvd • 409.466.9100

To God Be The Glory Ministries Beaumont Civic Center Main St • 409.838.3435

Trinity Church

10 Interstate 10 N • 409.838.2545

Triumph Church

10255 Eastex Frwy • 409.924.9930

Vision Alive Christian

4230 Highland Ave • 409.835.2556

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890 Grant St • 409.832.5010 New Life Tabernacle 6655 Hwy 105 • 409.899.1190

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Groves

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2049 Taft Ave • 409.962.8365

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Journey Community Church 1534 O'Malley • 409.755.1388

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First Baptist Church 1911 Nederland Ave • 409.722.0263

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Wesley United Methodist Church 3515 Helena Ave • 409.722.7065

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Orange/Bridge City

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First Baptist Church- West Orange 608 Dayton St • 409.886.4167

Hartburg Baptist Church 2316 County Rd 4181 • 409.746.2841 Little Cypress Baptist Church 3274 Little Cypress Dr • 409.883.8905

Macarthur Heights Baptist Church 3502 Nightingale St • 409.883.4834 Mt Calvary Baptist Church 612 N 3rd St • 409.670.9220

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North Orange Baptist Church 4775 16th St • 409.883.5678

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Triangle Baptist Church Fm-408 • 409.735.2661

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St Helen Catholic Church

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St Mary's Catholic Church 912 W Cherry Ave • 409.883.2883

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CHURCHES OF CHRIST

Ninth & Elm Church of Christ 501 9th St • 409.883.4805

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St John's United Methodist 2906 Western Ave • 409.886.1291 St Paul United Methodist Bridge City 1155 W Round Bunch Rd • 409.735.5546

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First United Pentecostal Church 3406 Edgar Brown Dr • 409.883.3813

Starlight Church of God 2800 Bob Hall Rd • 409.886.4366

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5000 Gulfway Dr • 409.982.6493

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Ridgewood Baptist Church 6920 Memorial Blvd • 409.722.6153

Rock Island Baptist Church 549 W 11th St • 409.985.2531

Trinity Baptist Church 4301 32nd St • 409.293.3111

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Our Lady of Guadalupe 3648 S Sgt Lucien Adams Dr 409.962.6777

Queen of Vietnam

801 9th Ave • 409.983.7676

Sacred Heart - St Mary 920 Booker Washington Ave • 409.985.5104

St James Catholic Church

3617 Gulfway Dr • 409.985.8865

St Joseph Catholic Church 4602 Procter St • 409.982.6409

St Catherine of Siena 3706 Woodrow Drive • 409.962.5715

St James 3503 Gulfway Dr • 409.985.8865

St John

620 53rd St • 409.985.8010

St Joseph

4600 Procter St • 409.982.6409

St Therese, Little Flower of Jesus 6412 Garnet Avenue • 409.736.1536

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Park Central Church of Christ 3901 Jimmy Johnson Blvd • 409.727.6255

LUTHERAN

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Trinity Lutheran Church 2400 5th St • 409.983.1130

METHODIST-UNITED

Aldersgate Trinity Church 3600 Memorial Blvd • 409.985.8861

First United Methodist Church 3131 S Park Dr • 409.985.5581

United Methodist Temple 4101 Highway 73 • 409.962.5762

PENTECOSTAL

First Pentecostal Church 2700 25th St • 409.985.9345

PRESBYTERIAN

Presbyterian Church-Covenant 1645 Jefferson Dr • 409.983.1673

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BAPTIST

First Baptist Church

350 Highway 96 S • 409.385.2819 **Pinecrest Baptist Church**

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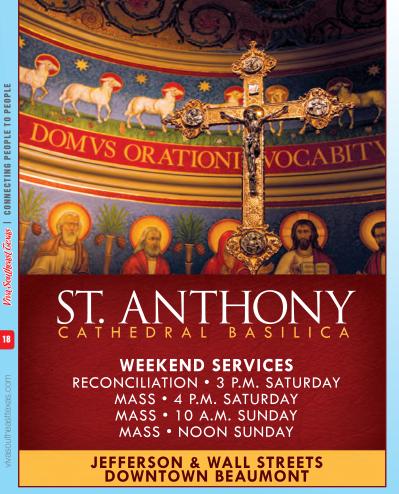
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- √ A new Dynamic Seal designed to help Accredited Businesses with their SEO (Search Engine Optimization) to reach more consumers.
- √ Mini-Websites for our Accredited Businesses to further assist in helping consumers find them.
- ✓ Improved invoices making it easier for businesses to continue their accreditation.
- √ Free, quarterly seminars for our Accredited Businesses to show them how to leverage their
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- Continuing to educate the public, in addition to our businesses, with the goal of helping the next generation in becoming ethical consumers and business leaders.
- Making it easier for consumers and businesses to help prevent and fight scams and fraud through our BBB Scam Stopper.

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John Paschall President/CEO

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Beaumont Civic Center
Featuring Four-Time
Olympian & Business
Author Ruben Gonzalez

LUNCH &

Feb 26th
11:30am-1pm
MCM Elegante
Featuring Guest Speaker
Joe Tortorice

SHRED IT & FORGET IT

April 18th 10am-1pm Port Arthur, TX

September 19th 10am-1pm Beaumont, TX

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Viva Fashion & Beauty

The Fit of Fashion

et's face it – unless you are airbrushed in a magazine, nobody has the "perfect figure." However, if you can identify your body shape, and learn what styles work best for you, you will always achieve your best look. Dressing for your body shape is all about enhancing your assets and downplaying what you consider to be your imperfections. Wearing clothes that fit you properly is the absolute biggest key to dressing well. Plus, it will make shopping so much easier!

Pear Shape

A pear body shape generally means you have a welldefined waist, and your bust and shoulders are proportionally narrower than your hip-line.

Wear... anything that visually adds more weight to your shoulder and bust area and brings attention to your upper body. This makes your figure look more proportional as well as de-emphasizing your hips and thighs.

 V-neck blouses with wide-leg pants (or an a-line skirt) to create an hourglass shape.

 Straight-leg trousers in any dark hue (not just black), as they slim your bottom half

 Tops in bright colors and prints to accentuate your upper body

 Jackets that are fitted through the bust and waist but gently flare over hips to balance top and bottom

 Mid-rise boot-cut or straight-leg jeans

Avoid...

- Any blouse, sweater or jacket that stops across the widest part of your hips
- Skinny jeans
- Pants that have loud prints/patterns

Hourglass Figure

Hourglass figures typically boast a well-defined waist and an upper and lower body that are in nearly perfect proportion (aka marilyn monroe).

Wear...

 Cinch dresses, sweater dresses (soft knits that hug your curves without binding) and sweaters that are fitted at the waist emphasize your midsection. A classic trench with a belt will do the same (and a belt with just about anything is especially flattering for this body style).

 Cardigans with a wrap front or jackets that graze the hips to elongate your figure

Avoid...

 Low-rise jeans (select jeans with a fitted waist that won't gape at the lower back)

 Oversized sweaters (they hide your figure) and chunky knits (they make you look bigger than you are)

Boyish Shape

Your hips are narrow, your bust is small and you have a non-existent waist – but you can wear many different styles that look great!

Wear...

- Low-slung pants (including skinny jeans) and a medium/wide belt to create the illusion of wider hips
- Fitted jackets/tops shaped at the waist to give the impression of a curved-in waist
- Calf boots to bring shape to thin legs
- Empire dresses, as they automatically make the chest area appear fuller (high necked tops also give the same illusion)
- Maxi dresses

Avoid...

- Strapless (you must have something to hold it up or else it won't look good – and these styles also have a tendency to flatten what you do have)
- Loose clothes (they aren't flattering and they won't make you look curvier)



Apple Shape

Apple shapes appear top heavy (wide shoulders, wide rib cage). You are likely to have a full chest and upper back with little or no waist definition – and you probably have fabulous legs!

Viva Fashion & Beauty

Wear...

- Patterned tops (they create the illusion of a slimmer torso
- V-neck and other low-ish necklines, as they are especially flattering because they make your torso appear thinner
- Mid-rise jeans to keep your backside covered and guard against the dreaded muffin top
- Pants that widen from either your knee or thighs to balance bottom section with your larger top section (flare, wide leg)
- Structured garments which create a vertical line from shoulders to hem, cleverly disguising the waist
- Clothes that skim over your midsection but gathers right below your bust (empire waists, long tops, tunic shirts)

Avoid...

- · Avoid waistline details such as beads and bows
- Pleats on the front of your pants (look for styles that add volume to the sides of your hips and around your thighs instead)
- Short/mini skirts, as they will only highlight your midsection and make you look blocky (try a-line, asymmetrical, structured pencil or trumpet skirts)









Choosing styles that enhance your assets will help you feel more confident in your appearance. When we look our best, we feel our best. Remember, however, that everyone is imperfect, so embrace who you are and your unique self, as true beauty comes from within and is by far, the most important...

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Porty Type for Mobeup & Hoir By Diana Cerqueira

this time of year? Instead, try one of these getgorgeous-quick plans from makeup artist Carmindy, the co-creator of Sally Hansen Natural Beauty. After all, you don't want to be late to the party. (The appetizers are the best part!)

Dress up your eyes:

Enhance your eyes with a swipe of liquid liner. Extend it about 1/4 inch past the outer corner of your eye with a slight upward tick, which gives eyes a lifted look.



The new deep-orange, plum, and fuchsia shades are a more modern way to rock the bold lip look. Prep your lips with balm (to sheer out the color), then apply the lipstick with your finger for a softer effect.



Put some shimmer in the right spots for a sophisticated effect that lets you sparkle without looking like a disco ball. The secret: Just do your regular everyday

makeup. Apply an aluminizing lotion, cream or powder with a subtle sheen in three areas: the tops of your cheekbones, just under your brows, and on the inner corners of your eyes. You have worked all day and now you have only minutes to get ready for a party. So how do you make your hair special? Below are tips that can help you look like you just walked out of the salon.

Long hair up-do:

The very latest fad with long hair is to do fancy up-dos. However, you don't have time, so pull your hair into a ponytail all to one side of your head. Hold it in place with an elastic band and pull some long strands of hair to wrap around the elastic band. Place a fancy hair comb in your hair near the ponytail. Spritz your hair to give it a fresh look and now you are ready to go.



Brush hair and spritz with hair lluminizer or hair glitter. Using a curling iron, curl a few strands of hair near the face.

Short hair:

Brush your hair completely back. Spray hair with instant freeze or with a strong holding hair gel. Now place a sparkly hairband to help to keep hair in place.

Smile and sparkle from head to toe and enjoy your party!







22

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Outdoors & Sports

LAMAR MEN'S BASKETBALL FOR 2014-2015

By Lamar Press



he Lamar Cardinals released their 2014-15 schedules which includes a road game against Indiana.

"This is a very challenging schedule we will be facing,"

head coach Tic Price said. "I really like this non-conference schedule that we've put together, because every team brings a different style of play. That is really going to challenge us so by the time we get to conference play we will have seen them and have some experience in how to handle certain situations."

The men will play their first game against SMU, Nov. 14, in Dallas.



2014-2015 SCHEDULE

Date	Opponent / Event	Location	Time
11/14/14	at SMU	Dallas, TX	8:30 pm
11/16/14	vs. LSU-Alexandria	Beaumont, TX	TBA
11/19/14	at Texas State	San Marcos, TX	7:00 pm
11/22/14	at Indiana	Bloomington, IN	TBA
11/25/14	at Arkansas State	Jonesboro, AR	TBA
11/28/14	at Texas Southern	Houston, TX	TBA
12/02/14	at Iowa State	Ames, IA	TBA
12/13/14	at Texas-Pan American	Edinburg, TX	7:00 pm
12/15/14	vs. Champion Baptist	Beaumont, TX	7:00 pm
12/19/14	vs. Milligan College	Beaumont, TX	7:00 pm
12/22/14	vs. Rice	Beaumont, TX	7:00 pm
12/30/14	vs. Huston-Tillotson	Beaumont, TX	7:00 pm
01/03/15	vs. Nicholls *	Beaumont, TX	6:00 pm
01/05/15	at New Orleans *	New Orleans, LA	7:00 pm
01/10/15	vs. Central Arkansas *	Beaumont, TX	6:00 pm
01/12/15	at TX A&M-Corpus Christi *	Corpus Christi, TX	7:00 pm
01/17/15	at Northwestern State *	Natchitoches, LA	3:00 pm
01/19/15	vs. Southeastern Louisiana*	Beaumont, TX	7:00 pm
01/24/15	at Houston Baptist *	Houston, TX	7:30 pm
01/26/15	vs. Stephen F. Austin *	Beaumont, TX	7:00 pm
01/31/15	vs. Abilene Christian *	Beaumont, TX	6:00 pm
02/02/15	at Sam Houston State *	Huntsville, TX	6:30 pm
02/07/15	at Incarnate Word *	San Antonio, TX	4:00 pm

Date	Opponent / Event	Location	Time
02/09/15	at Abilene Christian *	Garland, TX	ТВА
02/16/15	vs. Houston Baptist *	Beaumont, TX	7:00 pm
02/21/15	vs. McNeese State *	Beaumont, TX	6:00 pm
02/23/15	at Stephen F. Austin *	Nacogdoches, TX	TBA
02/28/15	vs. Incarnate Word *	Beaumont, TX	6:00 pm
03/02/15	at McNeese State *	Lake Charles, LA	7:00 pm
03/05/15	vs. Sam Houston State *	Beaumont, TX	7:30 pm

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DATE

VS TEAM

Nov. 8

vs Hidalgo La Fiera

Escape (Journey Tribute)

Nov 22 vs Saltillo Rancho Seco

Modoc (Southern Rock Tribute)



Dec. 6 vs Brownsville Barracudas No Remorse (Metallica Tribute)



Dec 13 vs Tulsa Revolution

Back In Black (AC/DC Tribute)



Dec 27 vs Dallas Sidekicks

Benastar (Pat Benatar Tribute)



Dec 28 vs Saltillo Rancho Seco

Vargas / De La Garza (Santana Tribute)



Rock and Roll Over (Kiss Tribute)



Jan 17 vs Brownsville Barracudas Light & Shade (Led Zeppelin Tribute)

Jan 31 vs Monterrey Flash



Feb 7

vs Dallas Sidekicks

Van Hagar (Van Halen/Hagar Tribute)





MILLOUPS & STOPES

James "Cowboy" Fernandez: Founder of Sure Shot Duck Calls, Groves, Texas!

By Mike Simpson

ames Fernandez's parents came to the U.S. from Spain, in 1930. James was born in Texas and was given the nickname, Cowboy, in honor of their adopted state. After serving in the Korean War, Cowboy returned home to Port Arthur where he married, Iva Mae Coody. He went to work for **Gulf States Utilities, attended Lamar University, and worked** nights with legendary duck call maker, George Yentzen,

building and perfecting the double reed duck calls. After Yentzen died, Cowboy started Sure Shot Game Calls, Inc. in 1964.

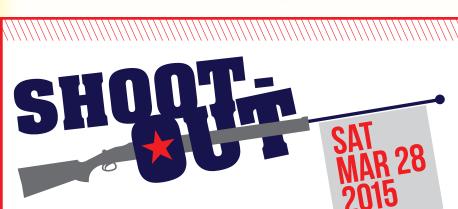
Initially, Sure Shot calls were made by hand, one at a time in Cowboy's garage on a handmade lathe. In the first year. he made 35 duck calls and sold all of them for \$7.50 each. In the second year, he made and sold 55 duck calls; and then 550 in the third year of business.

Cowboy was always working to improve his calls. He has used

only the finest black walnut wood, because he wanted a perfect duck sound, which lead to the invention and patent for the world's first triple reed duck call. Subsequently, Cowboy developed and invented additional calls including: Goose, Turkey, Squirrel, Predator and 25 other calls.



Cowboy Fernandez has won many duck calling Championships including: three **Gulf Coast Regional Championships**, six Texas Open Championships, three International Championships, the 1959 World Duck Calling Championship, and the **World Champion of Champions. Because** of his outstanding contribution to the art, Cowbov was inducted into the Legends of the Outdoors Hall of Fame in 2014.





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For more information, please contact the Lamar Institute of Technology Foundation

(409) 839-2983 or visit our website at www.lit.edu.



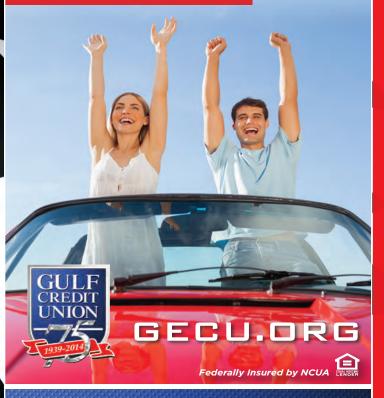




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Outdoors & Sports =

A New Stingray (or an Old One), They Both Say "I Love You"!

Whether It's a Christmas Present or a Valentine!

By Joy Wooley



he Chevrolet Corvette Stingray is an American sports car originally manufactured by the Chevrolet division of the American automotive conglomerate, General Motors (GM,) in 1953. Since then, the car has been produced through seven generation styles and is just as popular today as when it first rolled off the assembly line.

The first model of a convertible was bought in 1959 after its creator Bill Mitchell had sponsored a car known as "MItchell Sting Ray," originally designed as a factory racing car. This vehicle had the largest impact on the styling of this generation. The name was changed to Stingray in 1976.

In 2014, GM brought back a newly-designed Stingray by popular demand. The new colors to choose from are Torch Red, Velocity Yellow, Black, Arctic White, Blade Silver Metallic, Cyber Grey Metallic, Crystal Red Tint Coat, Night Race Glue, Lime Rock Green, and Laguna Blue Tint Coat. Torch Red is still the all-time favorite color.





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WINTERIZING YOUR HOME AND YARD!

By D.E. Meek

ven homes with adequate insulation material and water pipe heat tape can be further fortified for winter months. Regardless if winter is

already well under way, it still isn't too late to winterize your home. The following steps can save you time and money, and help you avoid inconvenient cold-weather emergencies.



Check insulation:

Be sure your attic, basement, and exterior walls are properly insulated and up to code. Depending upon insulation product used, replace or add to batt insulation (also known as blanket insulation) or other insulation

material. If you have blown-in insulation, a building contractor can determine whether or not more is required.

Check for cold air entry ports: Give your house the onceover, look for areas where cold air can seep in or inside heat escape adding to fuel costs. Check external wall electrical outlets, switch-plates, and gaps around windows and doors. Foam insulation made for outlet and switch placement is inexpensive, a breeze to install, and effective. Door weather

stripping and window weather stripping made from metal, vinyl, sponge, felt, or foam can also help considerably. Caulk draft areas where weather stripping is not appropriate.

Check heat/air unit: This may not fit under the winterize your home category, but replacing the filter every four to six weeks will help your unit run more efficiently and cut down

on heating costs. If you suspect your unit isn't running at top performance, have a heating repair contractor inspect it. A programmable digital thermostat

is another fuel bill cost cutter. This is not difficult to install and is more temperature precise than older types of thermostats. This can be programmed to automatically lower temperature at night when everyone is asleep as well as during times when the house is uninhabited.



Of course, prior to the winter months make sure your gutters and downspouts are free from debris. Outside hoses should be

disconnected and stored away, and outdoor faucets insulated.

Now is the time to cover flowerbeds with straw and to put out winter fertilizer for your lawn. Cut all damaged or broken limbs from your trees. A little work can result in big savings.



Should I Sell My Home Now or Wait Until the Spring?

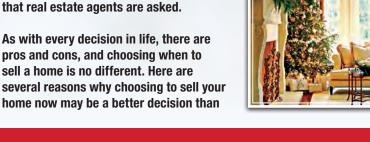
By Kyle Hiscock

here are many questions homeowners ask themselves during the selling process. "How much will my home sell for?" "How much should I list my home for?" "Who should I select as a real estate agent to sell my home?" "What if the real estate agent overprices my home?" Last but not least, "Is this a good time to be selling a home?" is also a very common question

pros and cons, and choosing when to sell a home is no different. Here are several reasons why choosing to sell your home now may be a better decision than

waiting until the spring: less competition, serious buyers are out there, the best agents are always up to the challenge, staging for the holiday season, mortgage rates are low and transactions are guicker!

By considering all of the reasons above, you will be able to determine whether now is a good time to sell or if you should wait until the spring.





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Viva Spoilight

THE JOURNEY IS THE DESTINATION:

BOB PHILLIPS, TEXAS COUNTRY REPORTER

By Kathie Platt



orty-two years ago Bob
Phillips, cub reporter for
the Dallas CBS affiliate
KDFW-TV, proposed doing
good news stories about
everyday Texans and, on the
first Saturday of October
1972, the first episode of
4 Country Reporter went
on the air. In 1986, Phillips
left the affiliate and started
producing his own show, retitled Texas Country Reporter.

He has been producing TCR ever since, traversing the Lone Star State, gathering the news, and unearthing the unique and remarkable qualities and accomplishments of every day Texans.

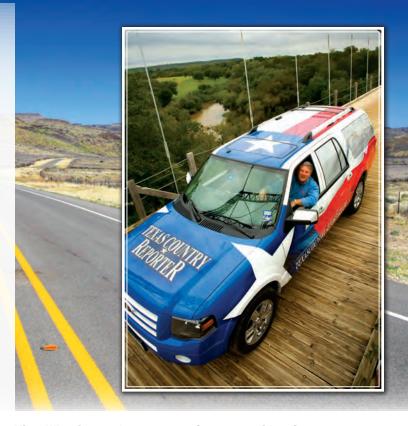
Today TCR is syndicated in every market in Texas and nationwide on the cable channel RFD-TV as viewers everywhere are drawn to the stories from the back roads about ordinary people doing extraordinary things with their lives. During a recent interview with Phillips, he revealed the nuts and bolts, as well as the heart and soul, of his innovative and enduring journalistic choice to tell the good news about Texans.

Viva: What are some of your favorite stories from the past forty years?

Bob: My most often asked question, though there's not an easy answer. When you spend most of your life traveling the back roads of Texas, things happen. Flat tires, dead batteries, sliding off an icy road into the bar ditch (on more than one occasion). And the favorite story is most often the one we just finished shooting, though my absolute favorites tend to be the ones where someone is so filled with passion for whatever it is they do that they can hardly contain it. People like Milton Watts (the Piney Woods Poet) and Dr. Vardiman from Beaumont who spent a good part of his adult life building a boat. The real heart-felt stories. I also love the ones where people can be humorous. Although nothing beats passion!

Viva: Has a story ever eluded you?

Bob: Generally when we go after a story, people say yes. Because we make people into heroes. Well, they're already heroes, but we tell people about it. We don't do anything negative, so there's no downside to being on our show. TCR is like comfort food. People want to know that there's something they can depend on being real. And that's what we do: just tell good stories about real people.



Viva: What is your best source of new story ideas?

Bob: We probably get well over a hundred new story ideas submitted every day on our website. Keep in mind that we don't use all of those. But easily seventy percent of new story ideas come from our viewers. And you'd be surprised how many people send stories to Kelli, not me!

Viva: How do you manage a long-distance relationship with your wife (Kelli Phillips, news anchor, KFDM Ch 6)?

Bob: It's like being married to a traveling salesman. She's there all week and I'm on the road or here in my office in Dallas. But we have three days together every weekend. We don't have "normal people" lives, but we work it out.

Viva: How much time do you spend on the road each year and in production?

Bob: I spend half the year on the road--160 to 180 days out of the year—and the rest of it is spent in the back office writing, editing, and producing. We do twenty-six new shows a year, so it takes a full year to produce a new season.

Viva: Are there any areas of Texas you haven't covered, or places you would like to return to?

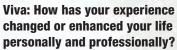
Bob: After all these years there's not a town on the map I haven't been in! Not that we've done a story on every

Viva Spotlight

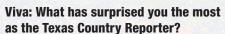
Texas town. But I've been everywhere at least once. I constantly have déjà vu wondering, when was I here last? It may have been twenty years ago.

Viva: What lessons have you learned during your fortytwo years of traveling the Texas back roads?

Bob: The people we meet on the back roads tend to confirm all the old sayings you've heard all your life: money can't buy happiness, find something you love then do it for a living and you'll never work a day in your life, things like that. We take those things to heart each and every time we meet someone that gave up a six-figure job in the city to carve thingamajigs in their garage. That's just too cool.



Bob: I never planned to do this for this long. It just happened...and I'm so fortunate it did. Every time I thought about doing something else, I asked myself what job was better than mine, and I always answered "None." So here I am.



Bob: The thing that has surprised me the most is how people will find our little show about Texas, no matter where they live, and WATCH it. Really WATCH it, and take it to heart. There are some fans of this show that know our story list better than we do because it's important to them. I marvel at that constantly.

Viva: Are there any other highlights, or even disappointments, you would like to share?

Bob: "Life is full of ups and downs and anything you do that's worthwhile is, too" (Leon Phillips, circa 1960). A secret revealed here: watch our show and see how your emotions go up and down, just like life, in most of the stories.

Viva: What is your vision for TCR for the future?

Bob: We passed our 40th anniversary a couple years ago and we are the longest running, independently produced and syndicated show in the nation. I think a lot of people started thinking I would "hang it up" soon, even going so far as to ask if they could have my job when I retire! Retire? What's that? We haven't made 50 years yet...but we plan to.

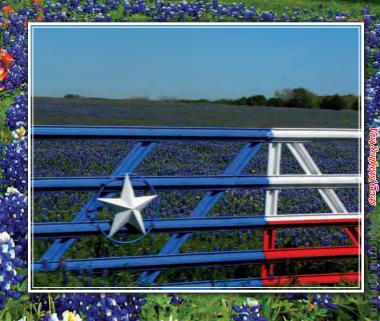
While Phillips admits that the stories he tells as he meanders the highways and byways of Texas are "just stories about people you've probably never heard of before and possibly will never hear of again," they are the stories people love to hear, reminders of what is best about Texas and the spirit of adventure and kindness that still thrives in people's lives in this largest (and, some would boast, greatest) state in the contiguous US.

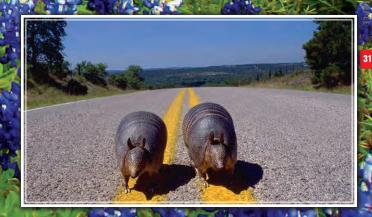
Cheers to the back roads, the Texas Country Reporter, and the next adventure around the bend.















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inter in Southeast Texas can mean dreary, cold, damp days. Even if it is cold outside, your home can have a warm and inviting atmosphere. Below are some tips on making your home cozy for winter.

1. Decorate with Warm Colors

Think fire-hued tones in gold, orange, terra cotta, and red to give an instantly cozy feel to a room or home. Not sure you want colors this intense? Even the softer tones of yellow, gold, brick, and rust will have a similar warming effect.

Go for warm tones in furniture, rugs, and accessories.

2. Add the Glow of Firelight Whether you light a fire in the fireplace or just set candles on the coffee table, this flickering light reflects intimacy and warmth. You and your guests will appreciate the

glow and ambiance a fire provides.

3. The Throw

Set cozy warm throws near chairs and sofas. These not only offer color or pattern, but they will be close at hand to snuggle around chilly knees and feet. Throws are also a wonderful addition to bedrooms.

4. Accessorize for Winter Put out big baskets of birch logs, pine cones, or cozy fleece pillows. Even these small touches will make a room feel seasonappropriate for winter.

8. The Scents of Winter

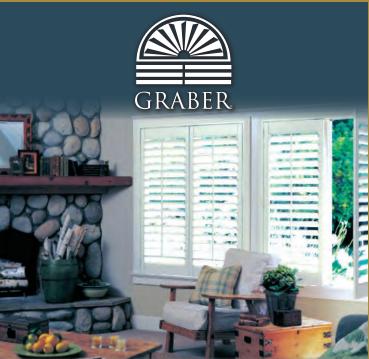
Fill your home with the warm scents of winter like apple. cinnamon, pine, or bayberry. Candles, food, and scented sprays are a few of the many

alternatives for adding

Now light a candle, grab a throw and sip on some hot tea.







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NOROVIRUSES OR THE STOMACH FLU

oroviruses are sometimes called food poisoning because they can be transmitted through food that's been contaminated with the virus. However, they aren't always the result of food contamination. Noroviruses are also sometimes called the stomach flu, although they aren't the influenza virus.

What Causes Infection with Noroviruses?

People become infected with noroviruses when they eat food or drink liquids that have been contaminated. Raw or undercooked oysters and raw fruits and vegetables have been implicated in some outbreaks. You can also get infected if you touch an object or surface that has been infected with the virus and then touch your nose, mouth, or eyes. Noroviruses are very hardy and highly contagious. They can survive temperature extremes in water and on surfaces. Once someone is infected, the virus can pass quickly from person to person through shared food or utensils, by shaking hands, or through other close contact. People who have a weakened immune system are particularly susceptible to catching noroviruses.

What Are the Symptoms of a Norovirus Infection? If you come down with a norovirus infection, you'll probably



SEAS AHEAD

go from being completely healthy to feeling absolutely miserable within a day or two after being exposed to the virus. Typical symptoms include nausea, vomiting (more often in children), watery diarrhea (more often in

adults), and stomach cramps.

Other norovirus symptoms include: Low-grade fever

Chills

Headache Muscle aches

Fatique

Most of these symptoms aren't serious, but diarrhea and vomiting can deplete your body of the fluid it needs and vou can become dehydrated. Children and the elderly are most susceptible to dehydration. as well as malnutrition from not getting enough nutrients. If you have symptoms of norovirus, diagnosis is usually made based solely on symptoms.





How to Prevent Norovirus Infection

Good hygiene is the key to preventing

an infection with norovirus, especially when you are in close surroundings with a lot of other people. Wash your hands often with soap and water for at least fifteen seconds, or use an alcohol-based hand sanitizer, especially after going to the bathroom or changing a baby's diaper, and before you prepare or eat food. Carefully dispose of any contaminated items (such as dirty diapers). Wash raw fruits and vegetables thoroughly. Cook oysters and other shellfish before eating them. Clean and disinfect surfaces with a mixture of detergent and chlorine bleach after someone is sick.

If you have norovirus, don't prepare food for at least two to three days after you feel better. Try not to eat food that has been prepared by someone else who is sick.

Co Your Health

NEW YEAR'S RESOLUTIONS YOU'LL STICK WITH

By Rallie McAllister, MD, MPH

Try these updates on common resolutions, with tips to make them work.

1. Change Your

Health Outlook Instead of seeing it as allor-nothing, look at health as a continuum. "Every decision that I make moves me closer to one end of the continuum (good health) or the other (poor health)," Dr. McAllister says. "For instance, drinking a soda would move me in the wrong direction, while drinking a glass of water would move me in the right direction. By making small, positive decisions. I move

2. Integrate Exercise For most people, exercise is an add-on, something they do if they

can find time.

closer and closer to good health."

It's much easier to make exercise a lifestyle if you find ways to incorporate activity into your daily routine. Try climbing the stairs instead of using the elevator. Jog to the mailbox or park your car in the back of the parking lot. You can also have a family outdoors day, raking the lawn, pulling weeds in the flower beds, or riding bikes through the neighborhood.

3. Head Back to the Kitchen

The beauty of resolving to do more of your own cooking is that you gain more control over the nutritional quality of your meals. Prepare your own food from fresh ingredients. You will save calories and money, and you will be healthier for it. Bonus: You can pack leftovers for lunch!



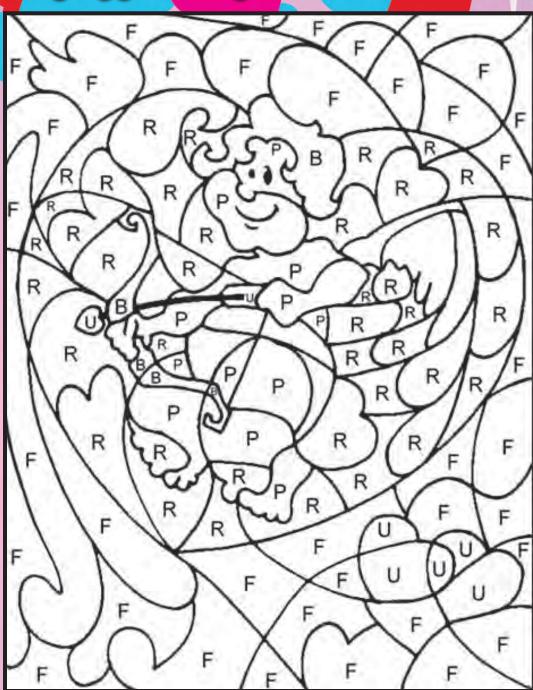
4. Unplug Daily
Thanks to
modern
electronics,
we're

switched on, tuned in

24/7, and more stressed than ever. A growing body of research finds that media overload can increase your risk for depression, social anxiety, job burnout, and even allergies. The solution is simple. Spend an hour, ten hours, or a full day without your cell phone, Blackberry, computer, or games. You will feel better and the world will not come to an end.

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(A Fact)
Over one billion
Valentine's Day
cards are sent
worldwide.

B= Brown

P= Pink

R= Red

Q: What kind of flowers do you never give on Valentine's Day?

| SJamo|Ji|ne) :V

U=Purple

F= Your Favorite Color

*Courtesy of www.Reading-With-Kids.com And Mystic Arts, LLC Q: What do farmers give their Valentine's? isossiy pue shop 'y

Cooking Up Viva Graditions

Roast Beast & Other Holiday Treats

By Glenda Nelson

he holidays are upon us and I can hear Boris
Karloff's narration of "Dr. Seuss' How the Grinch
Stole Christmas!" His voice sounds like warm
caramel to the ear, describing Mr. Grinch as, "cuddly as a
cactus and as charming as an eel," stealing candy canes
with surgical precision from adorable sleeping tots and
transforming into the roast beast carving holiday hero.

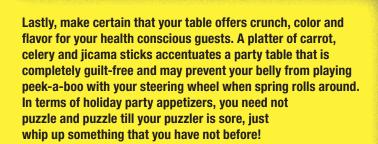
I still get goose bumps when Mr. Grinch's heart grows three sizes and you know it's true because we watched it happen courtesy of cartoon cardio-imaging. Remember how the sky lights up around Mr. Grinch's head and all the good folk down in Whoville hold hands and sing together?

This holiday season is your time to shine with the perfect party appetizers. Too often we overspend and overlook the opportunity to deliver the party food that everyone will be talking about tomorrow and re-creating to share again. Nothing says, "I made this just for you," like individual miniportions of your favorite recipe. It's personal. Mini Roast Beast Sandwiches made with a petite loaf of pumpernickel rye are a good start. Create variety by alternating the moisture barrier (condiment) between a jar of prepared horseradish cream sauce and a nutty brown mustard.



For a chic slant, fill rows of shot glasses or any small cup with a prepared chutney or relish and garnish with a long crispy fried plantain that doubles as a spoon. Again, you may alternate your filling for variety. Red

sundried tomato paste and green tomatillo relish provide the colors of the season.



I conclude that Mr. Grinch made miles of headway with the good people of Whoville and I'm prepared to argue that food had a lot to do with it. You see, that bright light that radiated around Mr. Grinch wasn't light at all. It was happiness, forgiveness, love and delicious anticipation of hope and the promise of good things to come. Dr. Seuss said it best: "Christmas doesn't come from a store. Christmas, perhaps, means a little bit more."

Eat well, be well, shine on and

Have a Very Merry Christmas!



CRAWFISH BOIL SOUTHEAST TEXAS STYLE

Ingredients:

1 tablespoon whole black peppercorns

1 tablespoon whole coriander seeds

2 tablespoons whole cloves

1 1/2 tablespoons whole allspice

5 gallons water

1 pound kosher salt

4 tablespoons cayenne pepper

2 tablespoons garlic powder

2 tablespoons paprika

1 tablespoon onion powder

1 tablespoon dried thyme

1 tablespoon dried oregano

1 tablespoon dry mustard

1 tablespoon dried dill weed

6 bay leaves, crumbled

1 lemon cut in half

10 pounds live crawfish

3 pounds small red potatoes, cut in 1/2, if larger than 2-inches in diameter

8 ears corn, halved

2 heads garlic, unpeeled, but separated

1 pound Andouille sausage, cut into 1-inch pieces

Instructions: Yields: 4-5 servings

- 1. Place the peppercorns, coriander, clove, and allspice into a spice grinder and grind for 10 to 15 seconds.
- 2. Fill a 40-quart pot with 5 gallons of water and add the freshly ground spices, salt, cayenne pepper, garlic powder, paprika, onion powder, thyme, oregano, dry mustard, dill weed, and bay leaves. Cover and bring to a boil over high heat, approximately 40 minutes.
- 3. Rinse the crawfish thoroughly in the bag in which they arrived to remove excess dirt and mud. Put the crawfish in a large container and fill with cool water. Stir to remove dirt from the crawfish. Transfer small batches of crawfish to a colander and rinse under cool running water. Pick out any debris or dead crawfish. Once all crawfish have been rinsed, discard dirty water, and return the crawfish to the container. Repeat this process 6 to 8 times, or until the water is clear.
- 4. Once the seasoned water comes to a boil, add lemon, potatoes, corn, garlic, and sausage. Cover and cook for 10 minutes.
- 5. Add the crawfish, cover, and cook for 3 minutes. Turn off the heat and allow the pot to sit, covered, for 10 minutes. Drain well and serve immediately.



RED BEANS & SAUSAGE COOKED IN THE SLOW COOKER

Ingredients:

3 cups water

1 cup dried red kidney beans

1 cup chopped onion

1 cup chopped green bell pepper

3/4 cup chopped celery

1 teaspoon dried thyme

1 teaspoon paprika

3/4 teaspoon ground red pepper

1/2 teaspoon freshly ground black pepper

1/2 (14-ounce) package smoked sausage thinly sliced)

1 1 bay leaf

5 garlic cloves, minced

1/2 teaspoon salt

3 cups hot cooked longgrain rice

1/4 cup chopped green onions

Instructions: Yields: 4 servings

- Combine first 12 ingredients in an electric slow cooker.
 Cover with lid; cook on high heat for 5 hours. Discard bay leaf; stir in salt. Serve over rice; sprinkle servings evenly with green onions.
- 2. 4 servings (serving size: 1 cup bean mixture, 3/4 cup rice, and 1 tablespoon green onions)









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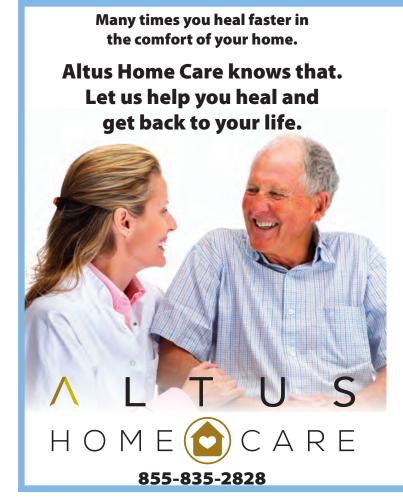
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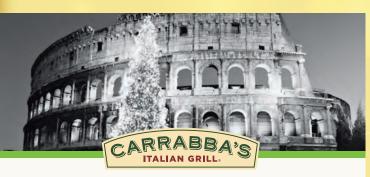
Finding the Perfect Wine for the Holidays!

By David Fertitta

he pressure of seasonal planning is here. Finding that perfect wine for the holidays can be a daunting task, as can selecting a simple wine to share with friends. Helping customers make the right wine choice is what a good wine purveyor can do.

In general, a good Pinot Noir goes best with most traditional turkey dinners. A few other good wines to consider are: Cherry Tart, an excellent wine in the \$20.00 range, and which is very "easy" to drink. Belle Gloss Meomi, in the \$20.00 range, is a very popular wine with consumers. Another is Mac Murray Ranch. There are many more Pinots you may want to try, which are from the Willamette River Valley in Oregon.

White wines are traditionally paired with poultry, often a Chardonnay. California "Chards" are excellent, especially those from the Russian River Valley. For those who prefer a lighter white wine, try a Reisling, Pinot Grigio, Fume



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Blanc, or Sauvignon Blanc for that special holiday feast. Christmas celebrations usually include beef, and that often calls for a Cabernet Sauvignon. Cabs are "heavier" reds which pair well with beef tenderloin, prime rib, lamb and most "fatty" meats. The Cabernet category is huge, and it can be challenging to find the right wine for your meal. You don't have to spend a lot of money to get a truly good Cabernet. Remember, your wine retailer can always help you find the perfect bottle for your budget.

Moving into New Year's Eve usually means champagne or sparkling wine. These wines work for Valentine's Day too. Two of the most sought-after champagnes are Dom Perignon and Cristal. If either of these champagnes is not in you price range, try a Veuve Clicquot or Perrier-Jouet, both around \$60.00 per bottle. California sparkling wines are excellent choices and are in the \$20.00 price range. The Italian sparkling wine group includes several great wines. Some other sparkling wines considered "hot" right now are Belaire Luc Rose and Brad Pitt and Angelina Jolie's Mirval Rose.

While all of this may seem complicated, your best bet is to trust the expertise of your favorite wine and spirits retailer

when choosing beverages for the holidays. The best advice, however, is to drink what you like and enjoy! **Happy Holidays!**





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Viva Special Report

Cutter Brewer, MasterChef Contestant

GOOD 'OLE SOUTHERN GUY WHIPS UP CHARM & THE RIGHT DISH

By Kathie Platt



eaumont's Cutter Brewer describes his experience as a Final Five Top Finalists on Fox's Season Five, MasterChef, as "surreal." This 33-year-old bachelor, hunterfisherman, and petroleum land man from Southeast Texas, grew up among a family of food lovers who hooked him at an early age on the delights of wild game

and distinctively southern dishes. Cutter honed his cooking skills during four years in the US Navy (including time in Japan, and operations Iraqi Freedom and Enduring Freedom). Self-described as a "All-American, Texas tough guy," Cutter made MasterChef history surviving the most times on the

bottom two-thirds of this grueling elimination game, narrowly missing his chance to join the Top 3 contestants September 8, 2014.

Although Cutter's cooking background is a blend of "Southern comfort, Tex Mex and Creole cuisine," this spicy barbeque-and-gumbo guy from the Gulf Coast proved his creative





military strategy, Southern charm, and inspired finesse. "I really connected with Gordon Ramsey. He was an inspiration to me and I learned so much from him," Cutter explains.

Even though in the end he didn't win the Title of MasterChef, (the cookbook deal or the \$250,000 prize),

Cutter is thankful for having had "this opportunity to live out some of my dreams." This fun-loving, southern guy finished fourth overall (out of an original 18,000 applicants) and had "an experience of a lifetime I will never forget."



By Joy Wooley

he King Cake takes its name from the biblical three Kings or Magi who followed a star to bring gifts to the newborn king, baby Jesus. In the Catholic liturgical tradition, the Solemnity of Epiphany - commemorated on January 6 - celebrates the visit of the Magi to the Christ Child. The season for King Cake extends until Mardi Gras, or "Fat Tuesday."

Some thirty years ago King Cake started out as a dry French bread type dough with sugar on top and a bean inside. Today King Cake is a sweet, sugary, and iced Danish type dough that is braided with cinnamon inside and shaped in a hollow circle. The cakes have a glazed topping and are sprinkled with colored sugar in the Mardi Gras colors green yellow and purple. Hundreds of thousands of King Cakes are eaten in New Orleans, Galveston, and right here in Southeast Texas during the Carnival season. The cake often has a small plastic baby inside (or sometimes placed underneath) said to represent Baby Jesus.

The person
who gets the piece of
cake with the trinket has various
privileges such as good health
and prosperity for the rest of
the year. He is also obligated to
purchase the next King Cake.

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Dec. 1st 2014 - Jan. 10th 2015

Flowering Pages: Illuminated Books of Hours

Tuesday - Saturday, 9:00 am - 5:00 pm. Last tour, 4:00 pm. Adults, \$6. Seniors (65+), Students (w/ID) & Youth (10-17), \$5. Children (4-9), \$2. Members, Free. Stark Museum of Art 712 Green Ave • Orange, TX 409-886-2787

Dec. 5th 2014 - Feb. 15th 2015

Birds in Art

Monday - Saturday, 9:00 am - 5:00 pm Sunday, 1:00 pm - 5:00 pm. Adults, \$4. Seniors (62+), \$3. College Students w/valid ID, \$3. Children (4-18), \$2. Museum of the Gulf Coast 700 Procter • Port Arthur, TX 409-982-7000

Dec. 6th 2014 - Dec. 19th 2015

Holiday Shop-O-Rama

Extravaganza

Opening Day: 12:00 Noon - 5:00 pm. Regular Gallery Hours: Tuesday -Saturday, 2:00 pm - 5:00 pm The Art Studio, Inc. 720 Franklin • Beaumont, TX 409-838-5393

Dec. 9th - Dec. 16th 2014

Pet Photos with Santa

Every Tuesday 5:00 pm - 9:00 pm Parkdale Mall 6155 Eastex Frwy . Beaumont, TX 406 409-898-2222

Dec. 11th - Dec. 27th 2014

Shangri La Christmas Strolls

See more 6:00 pm - 8:00 pm Shangri La Botanical Gardens & Nature Center 2111 W. Park Ave . Orange, TX 409-670-9113

Dec. 18th 2014

Christmas Light Bike Ride

6:00 pm - 8:00 pm Free admission New York Pizza & Pasta 4405 Calder Ave . Beaumont, TX 409-626-2263

Dec. 18th 2014

Josh Abbott Band &

Zane Williams

Doors, 7:00 pm \$20 **Backvard Music Hall** 3871 Stagg Dr • Beaumont, TX 409-203-3147

Dec. 19th - Dec. 21st 2014

Kountze Big Thicket Trade Days

Parking, \$2. **Kountze Trade Days Center** 960 No. Pine St • Kountze, TX 409-880-5667

Dec. 19th 2014

Asleep at the Wheel

Doors, 7:00 pm \$18 **Backyard Music Hall** 3871 Stagg Dr • Beaumont, TX 409-203-3147

Dec. 20th 2014

Trade Days on the Avenue

Recurring monthly on the 3rd Saturday 10:00 am - 5:00 pm Port Neches Ave • Port Neches, TX 409-722-4023

Dec. 26th 2014

Cody Johnson & Sam Williams Doors, 7:00 pm \$15 Backyard Music Hall 3871 Stagg Dr Beaumont, TX • 409-203-3147

Dec. 27th 2014

Oxford City FC of Texas

vs. Dallas Sidekicks

Festivities, 5:00 pm. Game, 7:05 pm Upper Level, \$10. Lower Level, \$15. Ford Arena 5115 Interstate 10 South • Beaumont, TX 409-951-5400

Dec. 31st 2014

Bag of Donuts

Doors, 7:00 pm \$20 Backvard Music Hall 3871 Stagg Dr • Beaumont, TX 409-203-3147



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EXXPRESS MART

CONVENIENCE STORES RAISE \$15,000 FOR CHILDREN'S MIRACLE NETWORK

By Jade Rayburn





Foundation- Southeast Texan supporting CHRISTUS St. Elizabeth. St. Mary and Jasper Memorial, part of 170 Children's Miracle Network Hospitals. The monthlong campaign raised \$15,000.

Exxpress Mart presented Children's Miracle Network with the gift of \$15,000 at the Exxpress Mart #24 located at 3025 HWY 96 Bypass, Silsbee, Texas, this past November 5, 2014. Like all Children's Miracle Network Hospitals fundraisers, the funds raised from Exxpress Mart's monthlong campaign will help fund



medical care and purchase special equipment that saves and improves the lives of thousands of kids treated at CHRISTUS St. Elizabeth. St. Mary and **Jasper Memorial** hospitals each year.

Children's Miracle Network Hospitals raise funds and awareness for 170 member hospitals that provide 32 million treatments each vear to kids across the U.S. and Canada. Donations stay local to help fund critical treatments and healthcare services, pediatric medical equipment and charitable care. Since 1983, Children's Miracle Network Hospitals have raised more than 5 billion dollars, most of it \$1 at a time through the charity's Miracle Balloon icon. Its various fundraising partners and programs support the nonprofit's mission to save and improve the lives of as many children as possible. Find out why children's hospitals need



community support, identify your member hospital, and learn how you can "Put Your **Money Where the Miracles** Are" at CMNHospitals.org and facebook.com/CMNHospitals.

endar of Events

Jan. 1st - 4th 2015

Celia Eberle: In the Garden of Ozymandias

Mon - Fri, 9am - 5pm, Sat 10am - 5pm Sun 12pm - 5pm, Free admission **Art Museum of Southeast Texas** 500 Main St . Beaumont, TX 409-832-3432

Jan. 1st - 4th 2015

Dornith Doherty: Oasis Exhibition

Mon - Fri, 9am - 5pm, Sat 10am - 5pm Sun 12pm - 5pm, Free admission **Art Museum of Southeast Texas** 500 Main St • Beaumont, TX 409-832-3432

Jan. 1st 2015

First Thursdays on Calder Ave 5pm - 9pm, Calder Ave • Beaumont, TX

Jan. 1st - Mar. 7th 2015 Reflecting the Times: Arts & Crafts, Art Nouveau and Art Deco

Tues - Sat 9am - 5pm. Last tour, 4 pm. Adults, \$6, Seniors (65+), Youth (10-17), & Students, \$5, Members, Free W.H. Stark House, Carriage House 610 Main St . Orange, TX 409-883-0871

Jan. 2nd 2015

Aaron Watson & Sam Grow

Doors, 7:00 pm \$15, Backyard Music Hall 3871 Stagg Dr • Beaumont, TX 409-203-3147

Jan. 4th 2015

Flashdance

Lutcher Theater for the Performing Arts 3:00 pm • 707 W. Main • Orange, TX 409-886-5535

Jan. 9th 2015

Classic Movie Night at the Jefferson: The Godfather

Doors open 6:00 pm. Showtime, 7:30 pm \$5 Jefferson Theatre 345 Fannin S • Beaumont, TX 409-838-3435

Jan. 9th 2015

Hip Hop Hooray

Doors open 7:00 pm , \$10 **Backyard Music Hall** 3871 Stagg Dr • Beaumont, TX 409-203-3147

Jan. 10th 2015

Oxford City FC of Texas vs. **Hidalgo La Fiera**

Festivities, 5:00 pm. Game, 7:05 pm. Upper Level, \$10, Lower Level, \$15 Ford Arena • 5115 Interstate 10 South Beaumont, TX • 409-951-5400

Jan. 15th 2015

Dinosaur Train: Buddy's Big Adventure

9:30 am and 11:30 am **Lutcher Theater for the Performing Arts** 707 W. Main • Orange, TX

Jan. 16th 2015

Kevin Fowler

Doors, 7:00 pm \$20 Backvard Music Hall 3871 Stagg Dr • Beaumont, TX 409-203-3147

Jan. 16th - Apr. 12th 2015

Caprice Pierucci: Dream State

Mon - Fri, 9am - 5pm, Sat 10am - 5pm Sun 12pm - 5pm, Free admission **Art Museum of Southeast Texas** 500 Main St . Beaumont, TX 409-832-3432

Jan. 17th 2015

MLK Day Parade

10:00 am - 1:00 pm Lamar Institute of Technology 855 E Lavaca • Beaumont, TX 409-338-0105

Jan. 17th 2015

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& Continuing Ed.

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Jan. 21st 2015

Harlem Globetrotters "Washington Generals'

Revenge" Tour

7:00 pm Starting at \$22 Ford Arena, 5115 Interstate 10 South Beaumont, TX • 800-745-3000

Jan. 23rd - Feb. 24th 2015

Hot Hearts 2015

8:30 am - 4:30 pm Early (by 12/31), \$30 Late (after 12/31), \$35. Ford Arena, 5115 Interstate 10 South Beaumont, TX • 409-951-5400

Jan. 23rd 2015 **The Musical Adventures**

of Flat Stanley

9:30 am and 11:30 am

Lutcher Theater for the Performing Arts 707 W. Main • Orange, TX 409-886-5535

Jan. 23rd 2015

Wayne Toups & Zydecajun

Doors, 7:00 pm \$15 **Backyard Music Hall** 3871 Stagg Dr • Beaumont, TX 409-203-3147

Jan. 24th 2015

Symphony of Southeast Texas:

Musical 'Tails' Remixed

7:30 pm \$17 - \$41, Julie Rogers Theatre 765 Pearl & Forsythe • Beaumont, TX 409-892-2257

Jan. 30th 2015

A Vintage Affair Wine Tasting

7:30 pm - 10:00 pm \$35 **Art Museum of Southeast Texas** 500 Main St • Beaumont, TX 409-832-3432

Jan. 30th - Feb. 14th 2015

True West

Evening Performances, 7:30 pm. Matinee, 2:00 pm **Betty Greenberg Center for the Performing Arts** 4155 Laurel Ave • Beaumont, TX 409-833-4664

Calendar of Events

Feb. 1st - Feb. 15th 2015

Birds in Art

Monday - Saturday, 9:00 am - 5:00 pm Sunday, 1:00 pm - 5:00 pm. Adults, \$4 Seniors (62+), \$3. College Students w/ valid ID, \$3, Children (4-18), \$2 Museum of the Gulf Coast 700 Procter • Port Arthur, TX 409-982-7000

Feb. 1st – Apr. 12th 2015

Monday Caprice Pierucci:

Dream State

Friday, 9:00 am - 5:00 pm Saturday, 10:00 am - 5:00 pm Sunday 12:00 pm - 5:00 pm Free admission. Suggested donation, \$2. Art Museum of Southeast Texas 500 Main St • Beaumont, TX 409-832-3432

Feb. 1st - Feb. 24th 2015

Hot Hearts 2015

8:30 am - 4:30 pm Early (by 12/31), \$30 Late (after 12/31), \$35 Ford Arena 5115 Interstate 10 South Beaumont, TX • 409-951-5400

Feb. 5th 2015

First Thursdays on Calder Ave

Recurring monthly on the 1st Thursdays 5:00 pm - 9:00 pm Calder Ave • Beaumont, TX

Feb. 5th 2015

LU Wind Ensemble Concert:

Texas Music Educators Assoc.

Pre-Performance
7:30 pm
Julie Rogers Theatre
765 Pearl St • Beaumont, TX
409-880-8144

Feb. 5th - Feb. 8th 2015

Texas Alliance of Black

School Educators

Holiday Inn Plaza 3950 Walden Rd • Beaumont, TX 409-617-5097

Feb. 6th 2015

Guys and Dolls

7:30 pm Lutcher Theater for the Performing Arts 707 W. Main • Orange, TX 409-886-5535

Feb. 7th 2015

Oxford City FC of Texas

vs. Dallas Sidekicks

Festivities, 5:00 pm. Game, 7:05 pm. Upper Level, \$10. Lower Level, \$15. Ford Arena 5115 Interstate 10 South • Beaumont, TX 409-951-5400

Feb. 9th - Feb. 14th 2015

Code Enforcement

Association of Texas

Annual Conference

MCM Elegante Hotel & Conference Center 2355 Interstate 10 S • Beaumont, TX 972-304-3522

Feb. 12th - Mar. 15th 2015

Mardi Gras of Southeast Texas

Thursday, 5-10 pm. Friday, 6 pm - 12 am Saturday, 12 pm - 12 am. Sunday, 12-8 pm \$5 - \$15 Downtown Port Arthur Procter St • Port Arthur, TX 409-721-8717

Feb. 13th 2015

Classic Movie Night

at the Jefferson: Casablanca & II Postino

Doors, 6:00 pm. Showtime, 7:30 pm, \$5 Jefferson Theatre 345 Fannin St • Beaumont, TX 409-838-3435

Feb. 14th 2015

Rioult Dance

7:30 pm Lutcher Theater for the Performing Arts 707 W. Main • Orange, TX 409-886-5535

Feb. 17th 2015

Taste of the Triangle

6:30 pm - 8:30 pm Admission: \$20/person Free parking. Beaumont Civic Center 701 Main St• Beaumont, TX 409-838-3435

Feb. 20th - Feb. 21st 2015

Boomtown Film and

Music Festival

All-Access Weekend Pass, \$15. Downtown Beaumont • Beaumont, TX 972-740-0829

Feb. 21st 2015

Hot Tropics in the Conservatory

\$2, Warren Loose Conservatory 6088 Babe Zaharias Dr • Beaumont, TX

Feb. 21st 2015

Trade Days on the Avenue

Recurring monthly on the 3rd Saturday 10:00 am - 5:00 pm Port Neches Ave • Port Neches, TX 409-722-4023

Feb. 21st 2015

Free Family Arts Day: Freedom!

10:00 am - 2:00 pm Free admission Art Museum of Southeast Texas 500 Main St • Beaumont, TX 409-832-3432

Feb. 23rd 2015

409-886-5535

Buddy: The Buddy Holly Story

7:30 pm Lutcher Theater for the Performing Arts 707 W. Main • Orange, TX

Feb. 26th - Mar. 1st 2015

The Glass Menagerie

Thursday - Saturday, 7:30 pm.
Sunday, 2:00 pm. General Admission, \$15
Seniors, Students & LU Faculty/Staff, \$10
LU Students, \$7
Lamar University Studio Theatre
4400 S M L King Jr Pkwy
Beaumont, TX • 409-880-2250

Feb. 27th - Mar. 14th 2015

Arsenic and Old Lace

Evening Performances, 7:30 pm Matinee, 2:00 pm Betty Greenberg Center for the Performing Arts 4155 Laurel Ave • Beaumont, TX 409-833-4664

Feb. 27th - Mar. 1st 2015

Kountze Big Thicket Trade Days

Parking, \$2 Kountze Trade Days Center 960 N. Pine St • Kountze, TX 409-880-5667

Feb. 27th 2015

Jack Hanna: Into the Wild Live

7:00 pm Lutcher Theater for the Performing Arts 707 W. Main • Orange, TX 409-886-5535

Feb. 28th 2015

AutoRama 2015

9:00 am - 3:00 pm Free spectator admission. Participants Pre-Register, \$25. Of Day, \$30. Wesley Church 3810 North Major Dr• Beaumont, TX 409-893-5274

Mar. 1st - Mar. 22nd 2015

Protégé High School Art

Competition and Exhibition

Monday - Friday, 9:00 am - 5:00 pm Saturday, 10:00 am - 5:00 pm Sunday, 12:00 noon - 5:00 pm Free admission. Suggested donation, \$2 Art Museum of Southeast Texas 500 Main St • Beaumont, TX 409-832-3432

Mar. 2nd - Mar. 28st 2015

Le Grand Bal Art Exhibition

Monday - Friday, 10:00 am - 5:00 pm Free admission & parking Dishman Art Museum 1030 E. Levaca • Beaumont, TX 409-880-8137

Mar. 5th 2015

20th Annual Go for the Gold Party and Reverse Drawing

6:30 pm \$100 Art Museum of Southeast Texas 500 Main St • Beaumont, TX 409-832-3432

Mar. 5th 2015

First Thursdays on Calder Ave Recurring monthly on the 1st Thursday 5:00 pm - 9:00 pm Calder Ave • Beaumont, TX

Mar. 5th 2015

LU Faculty Brass Quintet

7:30 pm Rothwell Recital Hall at Lamar University 4400 S M L King Jr Pkwy Beaumont, TX • 409-880-8144

Mar. 6th 2015

Anayat Medical Hospitality

House 2015 Gala

7:00 pm \$100 The Event Centre 700 Crockett St • Beaumont, TX 409-833-0649

Mar. 6th 2015

The Great Gatsby

7:30 pm Lutcher Theater for the Performing Arts 707 W. Main • Orange, TX 409-886-5535

Mar. 7th 2015

Five Star Prep Expo

9:00 am - 7:00 pm Ford Park Event Center 5115 Interstate 10 S • Beaumont, TX 800-720-6856 ext.1007

Mar. 7th 2015

The Gusher Marathon, Half Marathon and 5K Marathon &

Half-Marathon 7:30 am, 5K, 8:00 am

Call for price schedule Montagne Center at Lamar University 4400 MLK Pkwy • Beaumont, TX 409-781-2932

Mar. 9th 2015

Industrial Carillon Concert

7:30 pm Free admission Mobil Oil Federal Credit Union 1810 N Major Dr • Beaumont, TX 409-880-8144

Mar. 10th 2015

Dancing Pros: LIVE!

7:30 pm \$45 - \$65 Lutcher Theater for the Performing Arts 707 W. Main • Orange, TX 409-886-5535

Mar. 14th 2015

Big Thicket Bike Tour

8:00 am - 4:00 pm Big Thicket Baptist Church 6123 FM 420 • Kountze, TX 409-656-3372

Mar. 17th 2015

St. Patrick's Day Celebration 229 Dowlen #9 • Beaumont, TX

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GOLDEN NUGGET HOTEL & CASINO LAKE CHARLES

\$700 Million Luxury Resort & Casino Opens in the South

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PROPERTY SIZE: 290 acres, 1.3 million square feet

ROOMS: 740 luxury hotel rooms and suites

AMENITIES: 18,000 square-foot ballroom; 30,000 square feet of meeting space; world-class spa;

one-of-a-kind pool and lazy river; beach front with volleyball and fire pits; tennis courts

CASINO: 70 table games; stateof-the-art poker room; high-limit gaming area; and 1,600 of the world's newest slot machines

MARINA:Private beach front and marina accommodating vessels up to 206 feet

RESTAURANTS: From upscale concepts to casual dining,

the property features seven Landry's, Inc. signature restaurants, including: Vic & Anthony's Steakhouse, Grotto Italian Ristorante, Lillie's Asian Cuisine, Saltgrass Steak House, Claim Jumper Restaurant, Cadillac Mexican Kitchen & Tequila Bar and Landry's Seafood House.

RETAIL: From fashionable apparel and accessories for men and women to souvenirs and branded items, the resort and casino features eight boutiques and gift shops, including: Style & Trend, 1946, Riveted, Aqua, Luxe, Memento, Essentials Gift Shop and The Chocolate Box.

NIGHTLIFE: Five bar and lounge spaces provide guests with non-stop entertainment 24 hours a day, seven days a week from bar and lounge spaces such as Blue Martini, Bar 46, Ice Bar, Rush Lounge, and H20 Pool & Ultra Lounge.

GOLF COURSE: 18-hole championship golf course premiering April 2015



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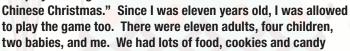
GOLDEN NUGGET

CASINOS: Tilman Fertitta, through various wholly-owned affiliates, currently operates five Golden Nugget Hotels and Casinos which are located in Las Vegas and Laughlin, Nevada; Atlantic City, New Jersey; Biloxi, Mississippi; and Lake Charles, Louisiana.

A Chingse Christmas at Dam B

hen I was growing up, the only Christmas parties I ever attended were at school or church. But in 1963, my

grandmother and her sister, my Aunt Bea, decided they would throw a family Christmas party up at my aunt and uncle's fish camp at Dam B. Big Jim, my uncle, would supply the meat and all the rest of the family members would bring a dish of food and dessert. As for the presents, Aunt Bea and Big Jim would have Christmas stockings with toys and candy for the children. The adults were to bring a gift under \$3 and play a new game called "A



to eat, along with great Christmas stockings filled with toys.

While the children played with their new toys, the adults and I

played the "Chinese Christmas" game. It was a blast! I had more fun that year celebrating Christmas with other members of my family, along with my parents and grandparents. Sharing food, playing games, looking at old photos, and listening to the adults talk about their growing up experiences is what made it all so special.

You can use the internet to look up the rules on how to play the "Chinese

Christmas" game and try it out at your next Christmas party, creating memories and making it special.





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TERRI SHIELDS
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ENTERTAINMENT



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DANA ARCHIBALD &
CARA KINCHEN SINGING "SWEET
CAROLINE" TO TERRI SHIELDS



TERRI SHIELDS AND LEE
POTTER CELEBRATING
TERRI'S SURPRISE
BIRTHDAY PARTY



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BETTER BUSINESS BUREAU PRESIDENT, JOHN PASCHALL AND STAFF



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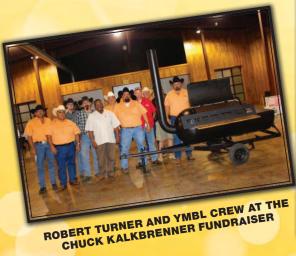


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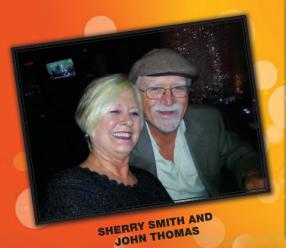
JO ANNETTE FERTITTA AND DONALD FERTITTA



BROWN BAG WINE TASTING PARTY WITH TRI-CON STAFF AND FRIENDS



BROWN BAG WINE TASTING





LIZ AND TILLMAN FERTITTA AT THE GOLDEN NUGGET OPENING



FRANK & CATHY ZUMMO AT THE GOLDEN NUGGET OPENING



ועמפטטנו וסמטנוסאמט. כטוו

Viva Snapshots



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OXFORD SOCCOR TEAM



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CRENSHAW "OLD BARN" ORCHARD & GARDENS: SHARING THE FRUIT OF THE LAND

By Kathie Platt

"Old Barn" Orchard is only three miles out into the country. But, on a breezy afternoon, with sunlight filtering through the open windows and doors of the aged cypress wood barn, its front porches adorned with autumn mums and orange pumpkins, it feels like an excursion back in time. Alternating fig and pear trees, and trellises of wild roses and muscadine, line the fences along the "Old Barn's" borders, while rows of organic blueberry and blackberry bushes, along with peach, plum, citrus, apple and olive trees, fill up the expansive fruit garden and grove anticipating the harvest.

Vegetable gardens in the acreage behind the "Old Barn" abound with organic broccoli, okra, and pumpkins in the fall, and a bumper crop of sweet potatoes in the spring.

cozy fenced yard on one corner of the back lot, while five beehives hum with frenetic honey-making activity on an opposite corner beneath overhanging tallow trees. Five asyet-uncultivated acres await expansion of the garden project and a future greenhouse springs forth in cinder-block fashion from the

fertile earth.
A red pump
house near
the vegetable
gardens
boasts a selfsustaining
irrigation
system,
while twooversized,

old-fashioned

wooden barrels, nostalgic imports from the northeast, offer wild roses an artful place to climb.

Inspired by "The Giving Fields" on Eleventh Street in Beaumont, Will and Joy Crenshaw first envisioned the "Old Barn" Orchard as a community garden and a gathering place for neighbors and friends to enjoy reconnecting with the fruits of



the earth and each other in the camaraderie of planting, weeding, harvesting, canning, preserve-making, and, especially, sharing with others in need. Since first building the barn in February 2013, many neighbors, including the local Anointed Tabernacle, the Martin Deporres Catholic Church, a Host Committee, and

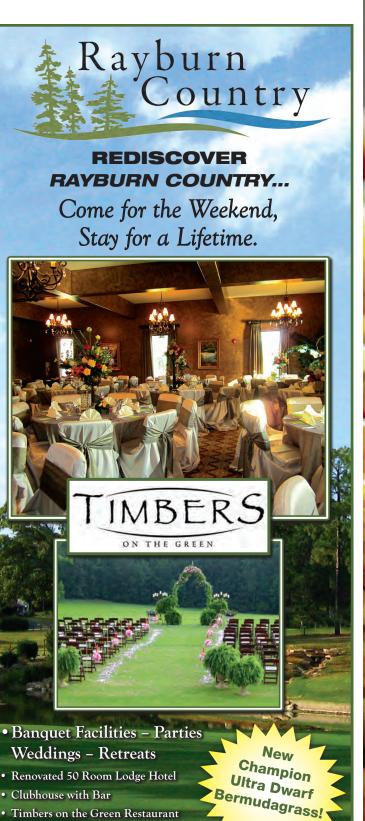
friends near and far, have joined in the joy and blessing of developing the Orchard and Gardens.



They planted their first crop last fall—blackberries, blueberries and muscadines—and celebrated their first harvest this past spring during a June 1 dedication service. "God gave us this vision of a neighborhood garden to bring the neighborhood together," says Joy. "We want everyone, especially our children, to learn how to garden organically and to share our bounty with others."

Retired pharmacist Roy Philp serves an essential role in the everyday operation of the gardens, lending his organic gardening and farming expertise, while Yolando and Alberto, originally from Napa Valley, conscientiously cut the roses, weed, water and nourish the gardens and orchards.

In keeping with the vision of community involvement, Joy envisions setting up a system for volunteers to participate, encouraging community service hours, Eagle Scouts projects, local school field trips, social service organizations, and Southeast Texas friends and neighbors near and far to join in. Above all, the Crenshaws are promoting, as its core purpose, a goal of sharing with the needy. "Because," says Joy, "there are so many people who are in need of our help and that's really what this is all about."



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Viva Special Report

BEBEAUX'S CAJUN FOODS....

QUICK TO HEAT, READY TO EAT **CAJUN DINNERS** By Lauren Bebeau

Bebeaux's Cajun Food announced the launch of its second flavor to add to their Cajun product line, which currently includes Chicken and Sausage Gumbo. The next flavor—Shrimp Creole was debuted at the company's 'Launch In to Fall Party' at Madison's on Dowlen, in Beaumont this past October. They introduced Bebeaux's new product line at the start of the Gumbo season.

"We at Bebeaux's want to bring a stovetop taste to the convenience of everyone at home or at work. Our recipes are true to the history of Acadia, Louisiana. The flavors of the spices will not disappoint you. And the Zummo's Andouille Sausage makes a perfect addition to the key ingredients in our dinners."

Bebeaux's Cajun Food may be new to Beaumont, but their distributor has a long history to the taste buds in Southeast Texas. Bebeaux's Cajun Food is distributed by Zummo Meat Company in Beaumont, Texas. Zummo's Andouille Sausage is in the majority of Bebeaux's products. Bebeaux's Cajun Food is sold in 35 stores across Southeast Texas in the frozen food section.

Bebeaux's Cajun Foods was created by natives of Beaumont, Texas—Fred Bebeau, Greg Prejean, and Lauren Bebeau.



Music Review — BAYOU COL PERY SUPERIEST

Bv Chelsea Brasted

enny Chesney and Blake Shelton will headline Bayou Country Superfest on May 23 and May 24, 2015. Taylor Swift will headline her own stand-alone concert as part of her "1989" world tour in Tiger Stadium the night before, on May 22, 2015, as part of the weekend's events, which will be ticketed separately. Brantley Gilbert, Miranda Lambert, Tyler Barr, Kip Moore, Colt Ford, David Nail, Kristian Bush and Cassee Pope round out the bill for the weekend.

As in previous years, the lineup features a number of artists who will make their return trips to Baton Rouge, including, most notably, Swift and Chesney, who headlined Bayou Country Superfests very first year in 2010. Lambert and Nail have also appeared at the event in years past, and Gilbert performed at the Baton Rouge River Center in 2012.

The 2015 edition will mark Bayou Country Superfest's sixth year in LSU's Tiger Stadium and the second time it will encompass a three day span. Three days during Memorial Day Weekend 2014, George Strait and Reba McIntire took the Superfest stage for the same Friday night spot Swift is scheduled to take over in 2015.

The holiday weekend is likely to be one of the largest on record for Bayou Country Superfest. The festival boasted its biggest attendance in its first year, 2010, when Swift co-headlined Kenny Chesney.

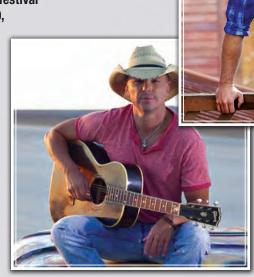
Here's a look at the day-by-day schedule for the whole weekend:

Friday, May 22, 2015: **Taylor Swift Vance Jov Shawn Mendes**

Saturday, May 23, 2015: **Kenny Chesney Brantley Gilbert Tyler Farr Colt Ford Kristian Bush**

Sunday, May 24, 2015: **Blake Shelton Miranda Lambert Kip Moore David Nail Cassadee Pope**





Ticket purchases can be made through www. bayoucountrysuperfest.com beginning Nov. 13, but fans can sign up today for a special pre-sale code, which will allow early ticket sales to begin Nov. 6. Tickets for Taylor Swift's performance on May 22 will be sold separately from the two-day tickets for May 23 and May 24.



Crockett Street 200 Block of Crockett Street • Beaumont

Dixie Dance Hall

240 Crockett St • Beaumont • 409.833.3090

D'Vine Wine Winery 6755 Phelan • Beaumont • 409.861.0400

Dylan's Restaurant and Grill

8601 9th Ave • Port Arthur • 409.722.1600

Fast Eddie's Pool Hall & Bar 6410 Phelan • Beaumont • 409.866.2212

Honky Tonk Texas 2389 Hwy 96N • Silsbee • 409.386.1995

Larry's French Market & Cajun Restaurant 3701 Hwy 366 • Groves • 409.962.3381

Logon Café 3805 Calder • Beaumont • 409.832.1529

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The Pacesetter Lounge 6358 Phelan • Beaumont • 409.866.2100

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Port Arthur Little Theatre

4701 Jimmy Johnson Blvd • Port Arthur 409.722.7732

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Southwestern Louisiana

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Lake Charles Country Club 3350 Country Club Rd • Lake Charles, LA 337.477.0047

Mallard Cove Golf

4300 Mallard Cove Dr • Lake Charles, LA 337.491.1204

The National Golf Club 1400 National Dr • Westlake,LA

337.433.2255

Kosati Pines at Coushatta 777 Coushatta Dr • Kinder, LA 800.584.7263

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& Visitors Bureau

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Ben J. Rogers Regional Visitors Center 5055 IH-10 S • 409.842.0500

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& Visitors Bureau
Tammy Kotzur, Executive Director
3401 Cultural Center Dr • Port Arthur 800.235.7822

Beaumont Convention & Visitor Bureau

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Port Neches Chamber Of Commerce

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Greater Port Arthur Chamber

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Ambulance, Fire, Police, Sheriff • 911

Beaumont City Hotline • 311

Southeast Texas Animal Emergency Clinic 3420 West Cardinal Dr • Beaumont

409.842.3239 Spurlock Rd. Veterinary Clinic 2400 Memorial Blvd • Port Arthur

409.727.0287 **TXDOT Emergency Roadside Assistance** 800.452.9292

FREQUENTLY REQUESTED INFORMATION

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409.983.8300

City of Port Arthur 444 Fourth St • Port Arthur • 409.983.8115

US Post Office 5815 Waden Rd • Beaumont • 409.981.8609

Port Arthur Sub-Courthouse 525 Lakeshore Dr • Port Arthur

Jefferson County Veteran's Services 1149 Pearl St • Beaumont • 409.835.8604

Humane Society of Southeast Texas 2050 Spindletop Rd • Beaumont 409.722.0605

Better Business Bureau 550 Fannin • Beaumont • 409.835.5348

Lamar University 4400 MLK Pkwy • Beaumont 409.880.7011

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Beaumont • 409.835.8411 Mid-County • 409.726.2500 Orange County • 409.883.2612 Vidor Substation • 409.769.6391

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Baptist Orange Hospital - Orange 608 Strickland Dr • 409.883.9361 24hr Emergency Service • 409.883.1248

Christus Hospital St Mary - Port Arthur 3600 Gates Blvd • 409.985.7431

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